

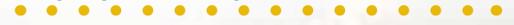
December 2015

DBC CONNECTION

and Winter Community Recreation Guide

DiamondBarCA.gov

Published Quarterly by the City of Diamond Bar



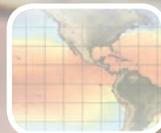
Inside this Issue...



Special Events
PAGE 1



Bridal Show
PAGE 3



El Nino Warning
PAGE 5



Adult & Family Excursions
PAGE 24

SPECIAL EVENTS

Info: 909.839.7070 or www.diamondbarca.gov/specialevents

Candy Cane CRAFT FAIR

Saturday, December 5, 9:00 am - 2:00 pm

Diamond Bar Center, 1600 Grand Avenue ♦ Free Admission – Free Parking

Dozens of handcraft artisans selling everything from art and accessories to home goods and jewelry, Santa's Workshop with free crafts and activities for children, and new this year, and a holiday-themed photo backdrop – bring your camera or use your phone to take a photo with family or friends for a fun keepsake.

WINTER Snow Fest

Saturday, January 16, 9:00 am - 3:00 pm

Pantera Park, 738 Pantera Drive ♦ Free Admission – Free Parking ♦ Cash Only Event

A family festival featuring four snow hills, a snow play area, a children's activity area, game and food booths, and of course, lots of fun! Sleds will be provided for the runs, but children should bring their own gloves and must wear closed-toe shoes. A waiver is required for snow sledding.

For only \$5, children may purchase a wristband offering unlimited sledding down the snow slopes. For \$1, children can play four games in the game area.

Non-profit community service organizations are participating by operating food game and craft booths. The music and drama departments from local schools and children's performing groups have been invited to provide on-stage entertainment.

Dogs and other pets, with the exception of registered assistance/guide dogs, are not permitted at the Winter Snow Fest or any other City special events.



inside

December **DB**CONNECTION
and Winter 2016 Community Recreation Guide

3-5 City News

6 Tiny Tots

10 Youths

16 Teens

19 Adults

23 Excursions

25 Seniors

29 Facilities & Map

30 Registration Form

STAYCONNECTED



FIND US



FOLLOW US



LIKE US



SCAN US



TRACK US



WATCH US



Bridal Show
Diamond Bar Center
February 21, 2016
11 am to 3 pm

*FREE Bride and Groom Admission
Guests \$5 and FREE Parking*

Brides Pre-register @ www.DiamondBarCenter.com
Info: 909.839.7065 or bridalshow@diamondbarca.gov

Free Tote Bag Offer! Complete a facility tour and receive a FREE mini canvas tote, even if you don't book with us! **Must mention code 004085.** Offer expires 6/30/16

Diamond Bar Center
1600 Grand Avenue, Diamond Bar, CA 91765
Exit Grand Avenue, travel south 1.5 miles.

**Vendor Booths Available -
Hurry space is limited!**

ON THE COVER

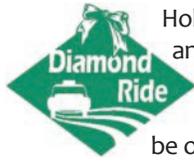
"Branching Blossoms" photo courtesy of Aish Rane
2014 "Through My Lens" Photo Contest Winner - Youth Nature

Shop Local

What's the difference between a gift bought in town and one bought in another city or online? On the face of it, there is no difference; same product for the same price. However, when you spend money at an establishment you are helping it keep its door open and you are contributing to the General Fund of the City where you made your purchase.

General Funds make up a great percentage of a City's overall operating budget, and are a key source of funding for services such as public safety, road improvements and parks and recreation. This holiday season, support Diamond Bar businesses and the services and amenities that enhance your quality of life by making a conscious effort to buy your gifts from local retailers. For a listing and map of Diamond Bar shopping centers, visit www.DiamondBarCa.gov/shoppingcenters.

Free Cab Rides To Shop Local



Holiday shopping in town? Leave your car at home, and catch a free cab ride to and from a Diamond Bar shopping center as part of the City's annual Holiday Diamond Ride program. Free cab rides will be offered until January 1, 2016, and can be booked by calling 800.578.6555. Holiday Diamond Ride is aimed at supporting local businesses and keeping tax dollars in town. Riders must be at least 18 years of age, or accompanied by an adult. Proof of Diamond Bar residency (license or utility bill) is required.

Fundraising Opportunity For Nonprofits

The City's popular Winter Snow Fest event will again provide local nonprofits a fun way to raise awareness of, and cash for, their causes. Nonprofits have until Friday, December 4 to apply to work the event as a food vendor, game booth operator or craft area monitor. In exchange for their work, nonprofits that staff the entertainment areas will receive a portion of proceeds from the wristband and game/craft cards sales; food vendors keep all their profits. Winter Snow Fest event takes place on Saturday, January 16, from 9:00 a.m. until 3:00 p.m. at Pantera Park. For additional details and a copy of the application, visit www.DiamondBarCa.gov/wsf or call 909.839.7067.



Annual Craft Fair

Diamond Bar Center will again have a large offering of unique and quality handcrafted items available for admiring or purchasing when the City holds its annual Candy Cane Craft Fair on Saturday, December 5.

From 9:00 a.m. to 2:00 p.m., adults can browse through one-of-a-kind household goods, accessories, jewelry, décor, and other hand-made crafts while children can try their hand at different art and craft projects. Also, new this year, will be a photo-taking area with a holiday-themed backdrop so that guests can take their own photos for a fun keepsake.

Diamond Bar Center is located at 1600 Grand Avenue. Parking and admission to the craft fair is free. For more information, call the City's Recreation Services Division at 909.839.7070.

Free Recycling Bins For School Clubs

Diamond Bar students looking for an easy way to raise money for a school sports group or activity club may want to consider establishing a beverage container recycling program.

After initial setup, all that is needed to make it a successful fundraising avenue is continual advertising of the program to ensure a steady stream of recyclables from fellow group members and schoolmates, and the help of an adult volunteer to exchange the items collected for cash at a local recycling center.

And, thanks to a beverage container grant from CalRecycle, for a limited time the City is providing qualifying student groups with free bins emblazoned with the recycling logo to help launch new programs or revive existing ones.

To qualify for the free start-up bins, interested students should visit City Hall at 21810 Copley Drive or go online to www.diamondbarca.gov/greendb to obtain an application. As part of the application, students will need to submit a recycling plan and indicate the number of bins desired and the preferred capacities – 7, 23 or 50-gallon.

For more information, contact the City's Environmental Services Division at 909.839.7015 or greendb@diamondbarca.gov.

Holiday Safety Tips

The busyness of the holidays can sometimes lead to carelessness which then creates the ideal conditions for burglars and thieves to profit from their crimes. Diamond Bar-Walnut Sheriff's Station urges residents to remain alert and take the following precautions to protect their homes and vehicles:

While At Home

- ◆ Always lock up even if you are only going to the garage or the backyard, or running a quick errand.
- ◆ Remember to always lock garages and garden sheds as they contain tools and items that can be used to pry open your doors or windows and gain access into your home.
- ◆ Don't advertise your newly-acquired valuables by putting out the packaging of electronics, such as televisions and stereos that you received for the holidays. An option is to cut the boxes into pieces that fit in the recycling bin and store the boxes that don't fit in the garage until the next collection date.

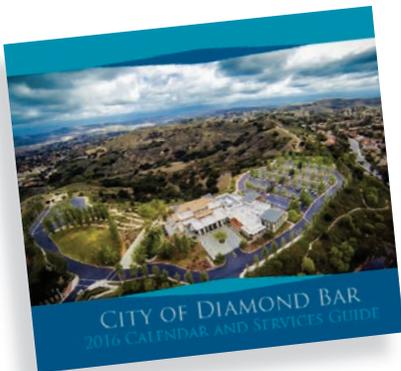
While Shopping or Traveling

- ◆ Lock your windows and doors and park in well-lit areas, away from obstructions that can serve as hiding places for thieves.
- ◆ If you need to put away purchases in your car and continue shopping, place your bags and packages in the trunk. Be observant of anyone watching, and if possible, change parking locations.
- ◆ If you are planning to be away for a few days, ask a trusted neighbor to keep an eye on your property and make it looked lived in by leaving a car parked in your driveway, putting your lights on timers, and having your mail collected. To sign up for the Sheriff's free Property Vacation Check program call 909.595.2264 or visit the Station in person at 21695 Valley Boulevard in Walnut.

As always, be a good neighbor and immediately call the Sheriff's Station at the number listed above if you notice anyone or anything suspicious in your neighborhood. If the situation is life-threatening or the crime is in progress, call 9-1-1. As part of the City's Report for Reward program, all reports of suspicious activity within city limits that lead to the solving or prevention of a home burglary or car theft are eligible for a financial reward of up to \$500. More information about the program is available on the City website www.diamondbarca.gov/RFR.



Free Calendars And Magnets



New editions of the City's popular street sweeping schedule magnet and Calendar & Services Guide will be available at the start of January 2016. To have one or both of these items mailed to your Diamond Bar home or business address when it becomes available, submit your request online by visiting www.DiamondBarCa.gov/reservemycopy.

If you do not have Internet access, you may call in your order to City Hall at 909.839.7000.

Requests will be accepted until on Monday, December 16. Starting Monday, January 11, 2016,

the calendar and sweeping schedule will be available for pick up at various community facilities, including City Hall (21810 Copley Drive), Diamond Bar Library (21800 Copley Drive), and Diamond Bar Center (1600 Grand Avenue).

Extra Trash Pickup

If the end-of-the-year holidays tend to generate trash that exceeds your refuse cart capacity, you will be pleased to learn that as part of its service contract, Waste Management will pick up, at no additional cost, up to three large bags, boxes, or barrels of refuse put out for collection for two weeks beginning December 26.

These extra trash pickups are limited to regular household trash that did not fit in the bin, not bulky items; service must be scheduled at least a day in advance of your regularly-scheduled collection day by calling Waste Management at 800.266.7551.

Please be advised that extra refuse put out without first scheduling a pickup is subject to an additional charge.

Holiday Tree Recycling

Once again, the City's contracted waste haulers will be offering free collection and recycling of real holiday trees. To take advantage of this service, simply remove the stand and all decorations, light and tinsel (snow flock is okay) and place the tree out for collection on any of your regularly scheduled service days between December 26 and January 9. For more information, call Waste Management at 800.266.7551 or Valley Vista at 800.442.6454.

Winter Street Sweeping

Here is a reminder that during the months of December and January, city streets are swept weekly instead of biweekly to tackle the increase of leaves and other wind-blown debris.

Increasing street sweeping frequency during the rainy season also helps reduce the potential for flooding to occur as a result of clogged storm drains.

Residents are asked to help ensure the effectiveness of the City's street sweeping program by remembering to keep their vehicles off of streets scheduled for sweeping during the designated hours posted on the no-parking signs.



El Niño: Severe Weather Warning

The potential for Southern California to experience severe rainfall events starting this month and through early spring 2016 is real and serious, according to meteorologist tracking the developing El Niño weather pattern.

While the possibility of rain is good news after four consecutive years of drought conditions, it also presents potentially hazardous conditions for people and property.

If you haven't already, please take time now to prepare your family and home for adverse winter weather by:

- ◆ Inspecting your emergency kits to make sure the flashlights, radios and other battery-operated items function and that there is sufficient back-up batteries to keep them working. In addition to these items, emergency kits should also contain drinking water (one gallon per person per day), First Aid supplies and medications, canned and packaged food, manual can opener, and items to protect you from the elements, such as blankets and sturdy shoes. Free emergency preparedness information, checklists and guidelines about how to be informed, develop a family emergency plan and build an emergency kit are available at www.Ready.gov.



- ◆ Making sure your rain gutter and private drainage systems are properly functioning and clean and clear of any debris so that they can effectively direct stormwater away from the foundation of your home. When making adjustments to your private property drainage systems or grading your yard or landscaping to slope away from your house, be sure the changes do not create flooding issues for neighboring properties.



- ◆ Stockpiling on sand and sandbags if you have areas around your home that are prone to flooding. Sand and sandbags can be obtained free of charge from Los Angeles County Fire Stations or purchased at home improvement stores. If obtaining them from a fire station, be advised that there is a limit of 25 bags per household and you are responsible for bringing your own shovels and filling your own bags. In Diamond Bar, Fire Station 119 (20480 Pathfinder Road - 909.598.4290), Fire Station 120 (1051 South Grand Avenue - 909.861.5995) and Fire Station 121(346 Armitos Place - 909.396.0164) have bags and sand available to residents. Call before visiting to ensure availability.



- ◆ Performing simple car maintenance such as replacing worn wiper blades, topping off your vehicle fluids including antifreeze coolant and windshield washer fluid, inflating your tires to the proper PSI, and upgrading your dim headlight bulbs.
- ◆ Storing or securing down anything that strong winds can pick up such as patio furniture, umbrellas, or garden tools and equipment.



When the rain comes ...

It is best to avoid driving in the rain, but if you have to go out, give yourself extra time to get your destination, drive carefully, and avoid driving through areas where the road is under water or flooded as even less than a foot of moving water can sweep away most cars. If you are caught outdoors during a heavy rain event, and flooding occurs, climb to high ground and stay there. If you see a downed power line or electrical wire, steer clear and immediately call 9-1-1. Electric current passes easily through water and can be deadly.

Power outages, downed trees, traffic accidents and flooding are all a possibility during adverse weather conditions. Following is a list of important phone numbers to use when reporting weather-related issues:

- ◆ Traffic accidents with no injuries – Diamond Bar/Walnut Sheriff's Station 909.595.2264 (for all life-threatening emergencies, dial 9-1-1)
- ◆ Downed parkway and median trees, flooding at a public park or community facility – City's Community Services Department 909.839.7060
- ◆ Downed tree or tree branch blocking street or sidewalk, traffic signal outage, debris in the roadways, potholes or other road hazards, flooded or blocked storm drains, debris flows, excessive water runoff - Public Works Department 909.839.7040
- ◆ Streetlight outages, power outages, trees growing into or near power lines - SCE 800.611.1911 www.sce.com. Downed power lines need to be immediately reported to 9-1-1 (inform the operator that it is an electrical emergency)

Tiny Tots

This stimulating program for preschoolers, ages 3 to 5, combines stories, songs, art projects and playtime in a manner that fosters academic and social development among participants. Special focus is placed on creating a positive atmosphere where children can build or strengthen a healthy self-esteem. Classes are ongoing, with new lessons taught each session. This winter's theme is "Building Friendships!"

Session Dates:

Monday, January 4, 2016 to Friday, March 25, 2016

12 Week Session

No Class: Monday, February 15, 2016

Class for 3-Year-Olds:

As their first introduction to a class setting, this is an opportunity for children to interact with their peers and practice being away from home for a block of time. Through fun and educational activities, participants are introduced to early learning such as colors, shapes, numbers and the alphabet, as well as art and music. Sharing and cooperative play is taught through group activities.

Days: Tuesday & Thursday • Time: 9 am to 12:30 pm

Fee: \$336

AC: 505101 51 Heritage Park

Class for 4 and 5-year-olds:

Helpful to older children as they prepare to transition into the academic chapter of their lives. In addition to motor skills and social development, this program places emphasis on letter recognition, beginning math concepts and kindergarten readiness. Learning is accomplished through music, exercise, stories, games, community awareness and art projects.

Days: Monday, Wednesday & Friday • Time: 9 am to 12:30 pm

Fee: \$490

AC: 505103 51 Heritage Park

Tiny Tots Holiday Mini-Session

During this three-week session, participants will enjoy partaking in a variety of holiday-themed activities that include art projects, stories, songs, and a Santa visit. Registration is ongoing until the program is full.

Session Dates:

Monday, November 30, 2015 to Friday, December 18, 2015

Age 3

Days: Tuesday & Thursday • Time: 9am to 12:30pm

Fee: \$84

AC: 405301 41 – Heritage park

Age 4-5

Days: Monday, Wednesday & Friday • Time: 9am to 12:30pm

Fee: \$126

AC: 405300 41 - Heritage Park

Registration Dates:

Diamond Bar residents new to Tiny Tots:

Monday, November 9, 2015

Open registration: Wednesday, November 11, 2015

Registration will be taken on a first-come, first-served basis. Space is limited, so register early!

3 Ways to Register:

IN PERSON

Diamond Bar Center, 1600 Grand Avenue

BY MAIL

City of Diamond Bar, Attn: Recreation-Tiny Tots

21810 Copley Drive, Diamond Bar, CA 91765

THROUGH FAX

909.612.4580, Attn: Recreation-Tiny Tots

Registration Information:

A signed waiver of liability and emergency information card must be signed at the time of registration. Children must meet the age requirement, be potty-trained and wear regular underwear (not pull-ups) by the first day of the session. A birth certificate may be required. Please read the parent handbook for other class requirements.

Payment Options:

Payments may be made in full or in two equal installments. If paying in two installments, the first payment is due at the time of registration and the second half is due no later than the fourth week of the session. It is not intended to represent payment of one-half of the program. Once your child is enrolled in Tiny Tots, regardless of the payment option chosen, you are responsible for the full payment. Payments not made by the scheduled due date could result in the loss of your child's place in the Tiny Tots class of your choice. Refunds are subject to a \$5 administrative fee.



TOTS SPORTS

Kidz Love Soccer Weather Hotline: 888.372.5803

Mommy/Daddy & Me Soccer

Introduce your toddler to the world's most popular sport! Participants develop their large motor and socialization skills while participating in fun, age-appropriate activities on the field. All players receive a KLS jersey.

Instructor: Kidz Love Soccer

Location: Pantera Park

Age 2-3½ **Fee** \$106/7 wks

AC 541100 51

2/10-3/23 W 6:00-6:30 pm

Tot/Pre Soccer

Little tykes will enjoy running and kicking just like the big kids! Through participation in fun soccer activities, children will learn the basics of the game and how to follow instructions while building their self-esteem. Shin guards are required after the first meeting. All players receive a KLS jersey.

Instructor: Kidz Love Soccer

Location: Pantera Park

Age 3½-5 **Fee** \$106/7 wks

AC 541101 51

2/10-3/23 W 5:15-5:50 pm

Mom & Me Multi-Sport

A fun introduction to soccer, basketball and tee-ball that also teaches sportsmanship, sharing and teamwork. Players each receive a shirt

Instructor: TriFytt Sports

Location: Maple Hill Park, Basketball Court

Fee \$99/8 wks

AC 541155 51

1/9-3/5* Sa 9:30-10 am

AC 541156 51

1/9-3/5* Sa 9-9:30 am

AC 541157 51

1/9-3/5* Sa 10-10:45 am

*No Class 2/13

Biddy Tee Ball League * Reorganized

Your child will have a great time playing tee ball and making new friends while learning the benefits of sportsmanship, sharing and teamwork. The Biddy Tee Ball League is designed to introduce kids to team sports in a fun and exciting environment. Everyone will receive a team shirt and medal. The 1st week will be practice and team assignments with the remaining weeks being games. **Instructor:** TriFytt Sports

Location: Summitridge Park

Fee \$99/8 wks

AC 542157 51

1/9-3/5* Sa 12-12:30 pm

AC 542158 51

1/9-3/5* Sa 11-11:45 am

*No Class 2/13

Pee Wee Tennis Academy

Ideal for young tennis enthusiasts wanting to learn the basics of forehand, backhand and volley. Participants must bring their own racquet. \$10 discount for every additional family member enrolled (must register in person). All make-ups must be made within the session.

Instructor: Tennis Anyone

Location: Ronald Reagan Park, Tennis Courts

Age 3-6 **Time:** 4:15-5 pm

Days: Tuesday (Beginner/Int) &

Thursday (Int/Advanced)

AC 541111 51 1 day \$65/4 wks

1/5-1/28

AC 541111 52 1 day \$65/4 wks

2/2-2/25

AC 541111 53 1 day \$65/4 wks

3/1-3/24

AC 541112 51 2 day \$85/4 wks

1/5-1/28

AC 541112 52 2 day \$85/4 wks

2/2-2/25

AC 541112 53 2 day \$85/4 wks

3/1-3/24

Tot and Me Ice Skating

Learn how to skate forward and backward, stop, turn and glide on one foot. Prior skating experience not required. Students should wear gloves, hat and warm clothing. Please arrive 20 minutes early for skate fitting. Class fee covers one parent and one child.

Instructor: Center Ice Coaches

Location: Center Ice Skating, 201 S. Plum Ontario 91762

Age 2-5 **Fee** \$82/5 wks

AC 542139 51

1/9-2/6 Sa 11-11:30 am

AC 542139 52

2/13-3/12 Sa 11-11:30 am



Participation in sports can help build self-esteem and confidence, can motivate children to excel academically and can help build social skills.

- Livestrong



TOTS SPORTS & ENRICHMENT

Ice Skating for Tots

Fundamentals of ice skating taught by certified U.S. Figure Skating Association instructors. Students should wear gloves, hat and warm clothing. Please arrive 20 minutes early for skate fitting. Fee covers skate rental and practice time during public skate sessions on lesson day.

Instructor: Center Ice Coaches

Location: Center Ice Skating, 201 S. Plum Ontario 91762

Age 3-5 **Fee** \$62/5wks

AC 542140 51		
1/9-2/6	Sa	11-11:30 am
AC 542140 52		
2/13-3/12	Sa	11-11:30 am

Tumbling Tots-Parent & Me

A structured warm up with an obstacle course helps to develop eye-hand coordination, motor skills, balance and flexibility. Comfortable clothing recommended. Parent participation required.

Instructor: Charter Oak Gymnastics

Location: DBC, Oak Room

Age 2-3 **Fee** \$52/5 wks

AC 541150 51		
1/5-2/2	Tu	2-2:40 pm
AC 541150 52		
2/9-3/8	Tu	2-2:40 pm

Kiddie Gymnastics

Participants will jump, hop, tumble, and use motor skills to develop balance, rhythm and coordination in a non-competitive format. Comfortable clothing recommended.

Instructor: Charter Oak Gymnastics

Location: DBC, Oak Room

Age 4-5 **Fee** \$52/5 wks

AC 541151 51		
1/5-2/2	Tu	2:45-3:25 pm
AC 541151 52		
2/9-3/8	Tu	2:45-3:25 pm

Magical Steps Music Together – Parent & Me

A family music program for parents and children from birth through age 5. Children participate at their own level – singing, moving, chanting, listening and exploring with musical instruments.

Instructor: Magical Steps Staff

Location: Magical Steps Academy
818 N. Diamond Bar Blvd, Diamond Bar 91765

Age 0-5 **Fee** \$177/10 wks

AC 541269 51		
1/5-3/8	Tu	9-9:45 am
AC 541269 52		
1/5-3/8	Tu	10-10:45 am
AC 541269 53		
1/6-3/9	W	9-9:45 am
AC 541269 54		
1/6-3/9	W	10-10:45 am

Baby Bop

Toddlers will enjoy themselves while they learn the fundamentals of music appreciation and peer interaction, and develop their fine and gross motor skills. Parent participation required. Comfortable clothing recommended.

Instructor: Sheri Liebe

Location: 1na Dance Studio
367 S. Diamond Bar Blvd, Diamond Bar, CA 91765

Age 16 mo.-2 yrs. **Fee** \$62/6 wks

AC 541310 51		
1/5-2/9	Tu	10:45-11:30 am

Pop Tots

A fun way for your tot to develop rhythmic movement through kid-friendly hip-hop and pop music. Comfortable clothing recommended.

Instructor: Sheri Liebe

Location: 1na Dance Studio
367 S. Diamond Bar Blvd, Diamond Bar, CA 91765

Age 3-6 **Fee** \$62/6 wks

AC 541312 51		
1/9-2/13	Sa	11-11:45 pm

Intro to Kids Hip Hop

Put on your favorite outfit and comfortable closed-toe shoes and come learn proper hip-hop and dance techniques to develop your own unique dance style.

Instructor: Lizette Pineda

Location: DBC, Sycamore Room

Age 4-6 **Fee** \$89/5 wks

AC 542317 51		
1/6-2/3	W	4-5 pm
AC 542317 52		
2/10-3/9	W	4-5 pm

Baby Ballerina and Me

With parent assistance, young dancers will improve their body awareness, coordination and flexibility.

Instructor: Tippi Toes Staff

Location: DBC, Pine Room (W), Sycamore Room (Sa)

Age 1½ -3 **Fee** \$52/5 wks

AC 541309 51		
1/6-2/3	W	9:30-10:05 am
AC 541309 52		
2/10-3/9	W	9:30-10:05 am
AC 541309 53		
1/2-1/30	Sa	10:15-10:50 am
AC 541309 54		
2/6-3/5	Sa	10:15-10:50 am



TOTS SPORTS & ENRICHMENT

Baby Ballet

Participants will learn ballet basics while developing motor and social skills and building muscular strength and coordination. Comfortable clothing recommended.

Instructor: Tippi Toes Staff

Location: DBC, Sycamore Room (Th/Sa)
Pine Room (W)

Age 3-5		Fee \$52/5 wks
AC 541311 51		
1/6-2/3	W	10:10-10:55 am
AC 541311 52		
2/10-3/9	W	10:10-10:55 am
AC 541311 53		
1/7-2/4	Th	5-5:45 pm
AC 541311 54		
2/11-3/10	Th	5-5:45 pm
AC 541311 55		
1/2-1/30	Sa	9:15-10 am
AC 541311 56		
2/6-3/5	Sa	9:15-10 am

Baby Ballet Level 2

This class is suited for children age 4 with previous dance experience and children age 5 or 6 who are new or continuing ballet students. Comfortable clothing recommended.

Instructor: Tippi Toes Staff

Location: DBC, Sycamore Room

Age 4-6		Fee \$52/5 wks
AC 541313 51		
1/7-2/4	Th	4:05-4:50 pm
AC 541313 52		
2/11-3/10	Th	4:05-4:50 pm
AC 541313 53		
1/2-1/30	Sa	8:15-9 am
AC 541313 54		
2/6-3/5	Sa	8:15-9 am

Ballet & Tap Combo

Through this fun combo class, young dancers to the basics of ballet and tap while improving their muscle coordination, self-confidence and overall fitness. Tap shoes are required and will be worn for the last 20 minutes of class.

Instructor: Tippi Toes Staff

Location: DBC, Sycamore Room

Age 3-5		Fee \$52/5 wks
AC 541315 51		
1/2-1/30	Sa	11-11:45 am
AC 541315 52		
2/6-3/5	Sa	11-11:45 pm

Pre-School Drawing – Young Rembrandts

Students learn to draw and develop skills that will prepare them for Kindergarten such as how to follow directions, focus and stay on task. Materials included. Curriculum meets the California State Standards for Visual Arts.

Instructor: Young Rembrandts Staff

Location: DBC, Maple Room

Age 3½-5		Fee \$47/4 wks
AC 541314 51		
2/1-2/29*	M	3-3:45 pm
No Class 2/15		

Motorized Building WITH REMOTE CONTROL using Lego®

Using new LEGO® wireless controls, students will learn about kinetic and potential energy, force, magnetism, compression, balance and wind power. The working principles of innovative and ingenious inventions in their daily lives will be explained through the construction of vehicles, machines and other dynamic items.

Instructor: Bricks 4 Kidz

Location: DBC, Maple Room

Age 5-12		Fee \$129/5 wks
AC 542316 51		
1/27-2/24	W	5:30-6:30 pm

Studies conclude high quality preschool programs improve school readiness and lead to better long-term academic achievement.

– First 5 California



YOUTH SPORTS

“Below the Rim” Youth Basketball League

Children ages 4 to 14 will learn the fundamentals of basketball in a fun and safe environment. Practices begin mid-December and will be conducted by volunteer coaches, generally one day per week, for one hour. Games will be played at South Pointe Middle School or Mt. Calvary Lutheran School. All games will be played on Saturdays between the hours of 8 am-7 pm from January 9 through March 12, 2016.

Registration Fee:

\$89/ Additional child in same family, \$84.

Registration will not be accepted without a signed waiver, signed parent’s code of ethics and verification of age for each child. Registration fee includes team shirt and participation trophy. No refunds will be issued after the first league game.

Registration will continue until divisions are full. Space is limited, so register early!

Parent’s Workshop:

A mandatory orientation workshop for new and returning parents will be held at the Diamond Bar Center on Tuesday, **December 2, 2015** at 6 pm.

Skills Day: Saturday, December 5 at South Pointe Middle School

8:00 am	6 year olds	11:00 am	9-10 year olds
9:00 am	7 year olds	12:30 pm	11-12 year olds
10:00 am	8 year olds	1:30 pm	13-14 year olds

All registered players must attend skills day. Only siblings in the same division may request to be on the same team. No exceptions.

Youth Indoor Soccer

Perfect for beginning or experienced players, this program offers children ages 4-9 an opportunity to play this fast-paced sport in an instructional and recreational atmosphere. Games are played in the Mt. Calvary Lutheran School gymnasium on Saturdays between 8am and 6pm, beginning on April 9, 2016. In addition, players will receive coached instruction for 30 minutes prior to each game. **Registration will begin on February 8, 2016 and is limited to 140 participants.** Only siblings in the same age division will be placed on the same team.

Volunteer coaches are essential to the success of this program. If you or someone you know is interested in coaching, please call 909.839.7070.

Registration Fee:

\$89 per participant, \$5 discount for each additional child from the same family. Fee includes eight games, a team jersey, and a participation trophy.

Skills Day: Saturday, March 19, 2016

Location: Mt. Calvary Lutheran School, 23300 Golden Springs Drive

Time:	8:30 am	4-5 year olds
	9:30 am	6-7 year olds
	10:30 am	8-9 year olds

FAQs

Can my children play together on the same team?

Siblings who live in the same household and play in the same age division will always be placed on the same team. Children are allowed to “play-up” one division (play in a division above their age group), however they are not allowed to play-down.

May I request that my child be placed with the same coach as last year? Or on the same team as a friend?

Requests are taken at registration, but are not guaranteed. During the player draft, coaches will be notified of all requests. Our goal is to have balanced teams, for that reason coaches are not required to honor these requests. Our department facilitates recreation-based sports activities where emphasis is placed on children having fun, meeting new people, and experiencing different coaching styles.

When is practice?

Basketball - Practices are held on weekdays, with start times usually from 5-8pm. Each team typically practices once per week, with practices lasting one hour. Practices are determined by the coaches, after the player draft. Schedules may vary depending on the coaches’ availability. Coaches will notify parents as to practice times and locations.

Soccer – Practices are held 30 minutes prior to the game time.

When are games?

Basketball games are held on Saturdays, between 8:30am-6pm.

Soccer games are held on Saturdays between 8am-4:30pm.

Game schedules are not made until registration is complete. Specific game times are dependent on the number of teams in each division. Parents are notified of game times by their child’s coach.

How can I register?

IN PERSON

Diamond Bar Center, 1600 Grand Avenue

BY MAIL

City of Diamond Bar, Attn: Youth Sports
21810 Copley Drive, Diamond Bar, CA 91765

THROUGH FAX

909.612.4580, Attn: Youth Sports

You must use a Youth Sports registration form (available for pickup at the Diamond Bar Center or for download on the City website). Registration must be accompanied by payment, a signed waiver, a signed parent’s code of ethics and age verification (for first-time participants only).



YOUTH SPORTS

Soccer 1: Techniques & Teamwork

Players learn the basics of dribbling, passing, receiving, shooting and defense, and take part in small-scale soccer matches. Shin guards required after the first meeting. Players receive a KLS jersey.

Instructor: Kidz Love Soccer

Location: Pantera Park

Age 5-6 **Fee** \$106/7 wks
AC 542103 51
 2/10-3/23 W 4:30-5:15 pm

**KIDZ LOVE SOCCER WEATHER
 HOTLINE: 888.372.5803**

Soccer 2: Skillz & Scrimmages

Kids will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will include scrimmages to develop teamwork and tactical play as well as individual skill development. All skill levels welcome. Shin guards are required. All kids receive a KLS jersey!

Instructor: Kidz Love Soccer

Location: Pantera Park

Age 7-10 **Fee** \$106/7 wks
AC 542104 51
 2/10-3/23 W 3:45-4:30 pm

Biddy Tee Ball League *Reorganized

Your Child will have a great time playing tee ball and making new friends while learning the benefits of sportsmanship, sharing and teamwork. The Biddy Ball League is designed to introduce kids to team sports in a fun and exciting environment. Everyone will receive team shirt and medal. The 1st week will be practice and team assignments with the remaining weeks being games.

Instructor: TriFytt Sports

Location: Summitridge Park

Age 5-7 **Fee** \$99/8 wks
AC 542159 51
 1/9-3/5 Sa 12:30-1:15 pm
 No Class 2/13

Kids Golf (5-7 yrs)

Basic fundamentals of golf taught, including swing, chipping, putting and golf etiquette. Students need to wear golf or tennis shoes and a collared shirt. \$20 fee payable to instructor for hat. Golf clubs and practice balls available.

Instructor: Jeffrey Hirose

Location: L.A. Royal Vista Golf Course
 (First class will meet at the Driving Range)

Age 5-7 **Fee** \$97/4 wks
AC 542134 51
 1/9-1/30 Sa 12:30-1:30 pm
AC 542134 52
 2/6-2/27 Sa 12:30-1:30 pm

Kids Golf (8-9 years)

Learn the basic fundamentals of golf, including swing, chipping, putting and golf etiquette. \$20 fee payable to instructor for hat. Golf clubs and practice balls available. Students need to wear golf or tennis shoes and a collared shirt.

Instructor: Jeffrey Hirose

Location: L.A. Royal Vista Golf Course
 (First class will meet at the Driving Range)

Age 8-9 **Fee** \$97/4 wks
AC 542135 51
 1/9-1/30 Sa 10:30-11:30 am
AC 542135 52
 2/6-2/27 Sa 10:30-11:30 am

Junior Tennis Academy - Beginning/Intermediate

The focus of the Junior Tennis Academy for Beginners/Intermediates is on learning the 4 major strokes of the game in a fun-filled, fitness friendly atmosphere. Students will work to establish form on the forehand, backhand, volley and serve. There are 5 mastery Levels in this group that students will be tested on for progress. Students will love playing drills such as King of the Hill, Tennis Baseball and Tennis Line Tag. Beginners over the age of 13 should start in the Junior Tennis Academy - Advanced.

Instructor: Tennis Anyone

Location: Ronald Reagan Park Tennis Courts

Age 7-13

Days: Monday, Tuesday, Thursday

Time 5-6:30 pm

Please indicate your choice of 1, 2 or 3 days per week.

AC 542111 51	1 Day	\$73/4 wks
1/4-1/28		
AC 542111 52	1 Day	\$73/4 wks
2/1-2/25		
AC 542111 53	1 Day	\$73/4 wks
2/29-3/24		
AC 542112 51	2 Days	\$103/4 wks
1/4-1/28		
AC 542112 52	2 Days	\$103/4 wks
2/1-2/25		
AC 542112 53	2 Days	\$103/4 wks
2/29-3/24		
AC 542113 51	3 Days	\$129/4 wks
1/4-1/28		
AC 542113 52	3 Days	\$129/4 wks
2/1-2/25		
AC 542113 53	3 Days	\$129/4 wks
2/29-3/24		

Junior Tennis Academy - Advanced

The Junior Tennis Academy – Advanced is for students that have either attained all 5 mastery levels in the Beginning/Intermediate Junior Academy or are coming in with the ability to rally with proper form from the baseline. The focus in this group is on learning both topspin and slice, as well as executing the right shot at the right time. Students will learn how and when to lob, drop shot, hit an overhead or volley, etc. This is a high energy, dynamic, fitness challenging tennis program designed to bring students to a level where they have the tools to start playing matches. There are 2 mastery levels in this group, much like the belt system in martial arts, the students will be tested on so that parents and students are always clear on progress. Students will absolutely love playing drills like: Olympics, 3 before 2, and Chaos.

Instructor: Tennis Anyone

Location: Ronald Reagan Park Tennis Courts

Age 7-17

Days: Monday, Tuesday, Thursday (6:30 - 8:30 pm)
 Wednesdays (4:30 - 6:30 pm)

Please indicate your choice of 1, 2 or 3 days per week.

AC 542118 51	1 Day	\$83/4 wks
1/4-1/28		
AC 542118 52	1 Day	\$83/4 wks
2/1-2/25		
AC 542118 53	1 Day	\$83/4 wks
2/29-3/24		
AC 542119 51	2 Days	\$113/4 wks
1/4-1/28		
AC 542119 52	2 Days	\$113/4 wks
2/1-2/25		
AC 542119 53	2 Days	\$113/4 wks
2/29-3/24		
AC 542120 51	3 Days	\$133/4 wks
1/4-1/28		
AC 542120 52	3 Days	\$133/4 wks
2/1-2/25		
AC 542120 53	3 Days	\$133/4 wks
2/29-3/24		

Tennis participants must provide their own racquet for personal use. A \$10 discount will be given for each additional family member; discount cannot be given online. All make-ups must be within same session; students may attend any same level class. We believe that tennis will bring each of our students more fun, fitness and friendships for a lifetime. Rainout Line: 909.625.2060.



YOUTH SPORTS

Small Group Tennis Clinic

Small groups are a great alternative for those players wanting more attention. These groups will vary in size from 2 to 4 students per coach. We offer small groups for all levels of play and ages 7-17. Students may participate from 1 to 4 days per week. Students will be grouped with other players based on level and age. See you on the courts!

Location: Ronald Reagan Park Tennis Courts

Age 7-17

Days/Time:

All Levels: Mon, Tues, Wed, Thurs (8:30-9:30 pm)

Beginners: Wed (4:30-5:30 pm)

Intermediate/Advanced: Wed (5:30-6:30 pm)

AC 542106 51 1 Day \$99/4 wks

1/4-1/28

AC 542106 52 1 Day \$99/4 wks

2/1-2/25

AC 542106 53 1 Day \$99/4 wks

2/29-3/24

AC 542107 51 2 Days \$179/4 wks

1/4-1/28

AC 542107 52 2 Days \$179/4 wks

2/1-2/25

AC 542107 53 2 Days \$179/4 wks

2/29-3/24

AC 542108 51 3 Days \$249/4 wks

1/4-1/28

AC 542108 52 3 Days \$249/4 wks

2/1-2/25

AC 542108 53 3 Days \$249/4 wks

2/29-3/24

AC 542109 51 4 Days \$288/4 wks

1/4-1/28

AC 542109 52 4 Days \$288/4 wks

2/1-2/25

AC 542109 53 4 Days \$288/4 wks

2/29-3/24

Future Tennis Star Player Package

The Player's Package is for students that want it all and at a discounted rate. These Students will experience the benefits of Training 2 days per week in Advanced Academy, participate in 1 Small Group Tennis Clinic per week to focus on the details of their games and compete in our once per month Round Robin Tournament. Save \$43 with the Player's Package! No make ups for classes or events missed.

Instructor: Tennis Anyone

Location: Ronald Reagan Park Tennis Courts

Age 7-17

Days/Time:

Advanced: Mon, Tues, Thurs (6:30-8:30 pm) &

Wed (4:30-6:30 pm)

Small Group:

Intermediate/Advanced: Wed (5:30-6:30 pm)

All Levels: Mon, Tues, Wed, Thurs (8:30-9:30 pm)

Tournaments: Sat - 1/16, 2/20, & 3/19 (2-4:30 pm)

@ Carbon Canyon Park, Brea

AC 542124 51 \$199/4 wks

1/4-1/28

AC 542124 52 \$199/4 wks

2/1-2/25

AC 542124 53 \$199/4 wks

2/29-3/24

Kajukenbo Karate for Kids

Children will be taught the self-defense techniques of Kajukenbo (Hawaiian Martial Art that combines techniques from Karate, Judo, Jujitsu, Kenpo and Kung Fu). During this training, students will learn self-defense, and improve their physical fitness. They will also build confidence, self esteem, and learn to set goals while testing for belt ranks. For more information see: www.kajukenboinfo.com. (Uniforms are not required for first time students. Continuing students can purchase uniform from instructor.)

Instructor: Dan Weston

Location: DBC, Oak Room

Age: 8-12

Fee \$37/5 wks

AC 542512 51

1/5-2/2

Tu

6:15-7:15 pm

AC 542512 52

2/16-3/15

Tu

6:15-7:15 pm

Harmony Aikido

This modern martial arts class utilizes effective self-defense through complete control. Students will learn self-control, increase physical conditioning, balance and flexibility and build self-confidence. Wooden hardware are used, such as the bokken (replica sword), Jo (staff) and Tanko (replica knife), to strengthen the joints and muscles, while helping align the body for correct techniques. Optional uniform \$85 and hardware \$125 are available for purchase. See instructor for more details.

Instructor: Ethan Tam

Location: DBC, Oak Room

Age 6+

Fee \$63/10 wks

AC 544531 51

1/7-3/10

Th

5:30-7 pm

AC 644531 61

3/17-5/26*

Th

5:30-7 pm

*No Class 4/7

Wing Chun Kung Fu

Learn the history and tradition of classical Wing Chun Kung Fu, Disui and Wudang Kung Fu. Students will learn how to surpass their personal goals through discipline and the traditional values of Kung Fu. **A discount will be given for each additional family member; \$10 off 1 Day or \$15 off 2 days. Discount cannot be given online.** Optional uniform T-shirts for purchase from instructor.

Instructor: Tom Wong

Location: DBC, Oak Room

Age 12+

Days/Time: Mon (8:15-9:15 pm) &

Sat (11:15 am-12:30 pm)

AC 542541 51 1 Day \$87/4 wks

1/9-2/1

AC 542541 52 1 Day \$87/4 wks

2/6-2/29

AC 542541 53 1 Day \$87/4 wks

3/5-3/28

AC 542542 51 2 Days \$127/4 wks

1/9-2/1

AC 542542 52 2 Days \$127/4 wks

2/6-2/29

AC 542542 53 2 Days \$127/4 wks

3/5-3/28

Kids Basic Jiu Jitsu Level One NEW

Brazilian Jiu Jitsu is known for being one of the most effective self-defenses that exist. It is a mix of wrestling and judo. This is a basic level course on BJJ self-defense and character development.

Instructor: Renato Migliaccio

Location: 18856 Amar Rd, Suite 4, Walnut CA 91789

Age 6-11

Fee \$55/4 wks

AC 542501 51

1/9-1/30

Sa

9:30-10 am

AC 542501 52

2/6-2/27

Sa

9:30-10 am

AC 542501 53

3/5-3/26

Sa

9:30-10 am

It has long been thought that the many facets of playing a sport – the discipline of training, learning teamwork, following the leadership of coaches and captains, learning to lose – provide lifelong skills for athletes.

–TrueSport



YOUTH SPORTS & ENRICHMENT

Ice Skating

Learn the fundamentals of ice skating from certified US Figure Skating Association instructors. Class fee includes skate rental and practice time during public skate sessions on lesson day. Students should wear gloves, hat and warm clothing. Please arrive 20 minutes early for skate fitting.

Instructor: Center Ice Coaches

Location: Center Ice Skating
201 S. Plum, Ontario 91762

Age 6-12 **Fee** \$62/5 wks

AC 542141 51

1/9-2/6 Sa 11-11:30 am

AC 542141 52

2/13-3/12 Sa 11-11:30 am

Intro to Kids Hip Hop

Students will be introduced to basic hip hop steps through proper hip hop and dance technique which will give them a base from which to develop their own unique hip hop style. This class incorporates fun activities and techniques exposing them to other dance disciplines. (Wear your favorite outfit and tennis shoes. No open toed shoes.)

Instructor: Lizette Pineda

Location: DBC, Sycamore Room

Age 4-6 **Fee** \$89/5 wks

AC 542317 51

1/6-2/3 W 4-5 pm

AC 542317 52

2/10-3/9 W 4-5 pm

Kids Hip Hop

Students will be introduced to basic hip hop steps through proper hip hop and dance technique which will give them a base from which to develop their own unique hip hop style. This class incorporates fun activities and techniques exposing them to other dance disciplines. (Wear your favorite outfit and tennis shoes. No open toed shoes.)

Instructor: Lizette Pineda

Location: DBC, Sycamore Room

Age 7-11 **Fee** \$89/5 wks

AC 542318 51

1/6-2/3 W 5-6 pm

AC 542318 52

2/10-3/9 W 5-6 pm

Diamond Bar Dance & Drill Team

This dance competition team attends class; learning technique, choreography and teamwork to compete at for fun, semi-competitive dance competitions. This is a great way to have fun while building confidence, positive self-esteem and friendships. \$25 costume fee due to instructor at first class meeting.

Instructor: Denson Kids

Location: DBC, Pine Room **Fee** \$105/10 wks

AC 543720 51

1/5-3/8 Tu 6-7 pm

AC 543720 52

1/5-3/8 Tu 7-8 pm

Beginning Gymnastics

Basic gymnastics skills will be introduced including balance beam, spring board, and tumbling equipment. Wear comfortable clothing.

Instructor: Charter Oak Gymnastics

Location: DBC, Oak Room

Age 6-12 **Fee** \$52/5 wks

AC 542152 51

1/5-2/2 Tu 3:30-4:10 pm

AC 542152 52

2/9-3/8 Tu 3:30-4:10 pm

City Kidz Performance Academy -

101 Dalmatians Musical **NEW!**

This class includes learning acting, singing, dance, stage direction, and theatre etiquette.



At the end of the class your child will perform in a professional theatrical production. No prior experience necessary. This class is geared for improving social, verbal and memorization skills. \$40 material fee due to instructor at first class.

Instructor: City Kids Instructors

Location: Heritage Community Center

Day/Time: Mon (6-8 pm) Sat (8:30 -10:30 am)

Age 5-16

AC 543317 51

1/2-3/14 2 days **Fee:** 199/11 weeks

No Class 2/15; **Performance Held on 3/17**

@ DBC Ballroom

Intro to Piano

Students will learn basic theory and keyboard fundamental such as rhythm, note reading and technique. By the end of the course students will be able to count rhythms out loud, read musical notation on the treble and bass staff, and apply this knowledge in learning their first song. \$15 material fee payable to instructor at first class for beginning piano book and theory book.

Instructor: Magical Steps Staff

Location: Magical Steps Academy

818 N. Diamond Bar Blvd.

Age 7-12

Fee \$97/5 wks

AC 542256 51

1/5-2/2 Tu 6-6:50 pm

AC 542256 52

2/9-3/8 Tu 6-6:50 pm

Intro to Guitar

Beginners practice chord, single note melodies and easy fun songs. In these fun, informative lessons students will build basic guitar skills and lots of hands on exercises. You will see rapid progress with practice, practice, practice. \$8 material fee payable to instructor at first class for beginning guitar book.

Instructor: Magical Steps Staff

Location: Magical Steps Academy

818 N. Diamond Bar Blvd

Age 7-12

Fee \$97/5 wks

AC 543265 51

1/7-2/4 Th 6-6:50 pm

AC 543265 52

2/11-3/10 Th 6-6:50 pm



YOUTH ENRICHMENT

Masterpieces with Pencils and Pastels

Beginners practice chord, single note melodies and easy fun songs. In these fun, informative lessons students will build basic guitar skills and lots of hands on exercises. You will see rapid progress with practice, practice, practice. \$8 material fee payable to instructor at first class for beginning guitar book.

Instructor: Kathy Breaux

Location: DBC, Maple Room

Age 6-12 **Fee** \$50/4 wks

AC 542461 51

1/5-1/26 Tu 4-5 pm

Fun Acrylic Painting

Each week students will learn a new technical concept and will produce one finished painting per session. Art instruction will include: color mixing, paint application, art appreciation and basic drawing. Paints used in class may stain; participants should wear an old T-shirt, smock or apron. \$4 material fee is payable to instructor at first class.

Instructor: Kathy Breaux

Location: DBC, Maple Room

Age 6-12 **Fee** \$50/4 wks

AC 542462 51

2/9-3/1 Tu 4-5 pm

Art education strengthens problem-solving and critical-thinking skills.

– Americans for the Arts

Elementary Drawing - Young Rembrandts

Students develop drawing skills, that boost their confidence and encourage creativity. Lessons include landscapes and still life. Materials included. Curriculum meets the California State Standards for Visual Arts.

Instructor: Young Rembrandts Staff

Location: DBC, Maple Room

Age 6-12 **Fee** \$47*/4 wks

AC 542312 51

2/1-2/29 M 4-4:45 pm

No Class 2/15

Cartoon Drawing - Young Rembrandts

This class combines drawing and storytelling with silly jokes. Curriculum includes illustrating objects, people and animals and creating story sequences to follow. Materials are included. Curriculum meets State Standards for Visual Arts.

Instructor: Young Rembrandts Staff

Location: DBC, Maple Room

Age 6-12 **Fee** \$47*/4 wks

AC 542313 51

2/1-2/29 M 5-5:45 pm

*No Class 2/15



YOUTH ENRICHMENT

Intro to Typing

Develop your child's basic typing skills and prepare them for many years of future usage. Different techniques and supplemental practice will be introduced to make learning fun as your child is taught a lifetime skill. \$10 lab and supply fee is payable to instructor at first class. Bring pen and notebook.

Instructor: AGI Academy

Location: AGI Academy

20816 Carrey Road, Walnut 91789

Age 6-14 **Fee** \$115/5 wks

AC 543304 51

1/25-2/2 M 3:45-5 pm

AC 543304 52

2/29-3/28 M 3:45-5 pm

Intro to Word & PowerPoint

Learn to use Microsoft Word for writing reports, projects, homework or basic communication skills. The class will cover such areas as formatting with fonts, paragraph alignment, indents, margins, clip art, bullets and numbering, columns and tables. Students will also learn PowerPoint to make slide shows and apply the presentation to their academic work. \$10 lab and supply fee is payable to instructor at first class. Bring pen and notebook.

Instructor: AGI Academy

Location: AGI Academy

20816 Carrey Road, Walnut 91789

Age 8-14 **Fee** \$115/6 wks

AC 543303 51

1/16-2/20 Sa 4-5 pm

AC 543303 52

2/27-4/2 Sa 4-5 pm

Debate & Public Speaking

Gain confidence speaking publicly; strengthen interpersonal, problem-solving and communication skills. Students will be required to thoroughly research a given topic, create a persuasive argument, anticipate opponents' rebuttal and prepare intelligent responses. \$10 material fee is payable to instructor at first class. Bring pen and notebook.

Instructor: AGI Academy

Location: AGI Academy

20816 Carrey Road, Walnut 91789

Age 8-14 **Fee** \$115/6wks

AC 543309 51

1/16-2/20 Sa 1-2 pm

AC 543309 52

2/27-4/2 Sa 1-2 pm

Critical Reading and Written Expression

This course helps students strengthen their critical reading and writing skills, both of which are essential analytical skills for academic success. Students will learn how to enhance their reading comprehension skills by identifying important information, assumptions, values, and language use. They will also improve their vocabulary skills to prepare for standardized tests. (\$10 material fee is payable to instructor at first class. Students should bring a pen and notebook.)

Instructor: AGI Academy

Location: AGI Academy

20816 Carrey Road, Walnut 91789

Age 9-13 **Fee** \$115/6 wks

AC 543301 51

1/16-2/20 Sa 2-3 pm

AC 543301 52

2/27-4/2 Sa 2-3 pm

Math Workshop

This is a great refresher course for students who want to brush up on their Math skills. Experience a new approach to math problem solving and hands-on practice for 3rd - 8th graders. Whether students need help with homework assistance or want to prepare for a test, AGI is here to help. The program not only helps with individual improvement but will also help your student manage overall success in school. (\$10 material fee is payable to instructor at first class. Students should bring a pen and notebook.)

Instructor: AGI Academy

Location: AGI Academy

20816 Carrey Road, Walnut 91789

Age 9-13 **Fee** \$115/6 wks

AC 543311 51

1/16-2/20 Sa 3-4 pm

AC 543311 52

2/27-4/2 Sa 3-4 pm

Science Adventure

This course introduces the basic conceptual framework and factual knowledge needed to be successful in science classes. Focus on concepts rather than on memorizing terms and technical details. Reading materials will be provided on a weekly basis for research project of selective topics. This class will benefit students who are interested in studying Life and Physical Science. (\$10 material fee is payable to instructor at first class. Students should bring a pen and notebook.)

Instructor: AGI Academy

Location: AGI Academy

20816 Carrey Road, Walnut 91789

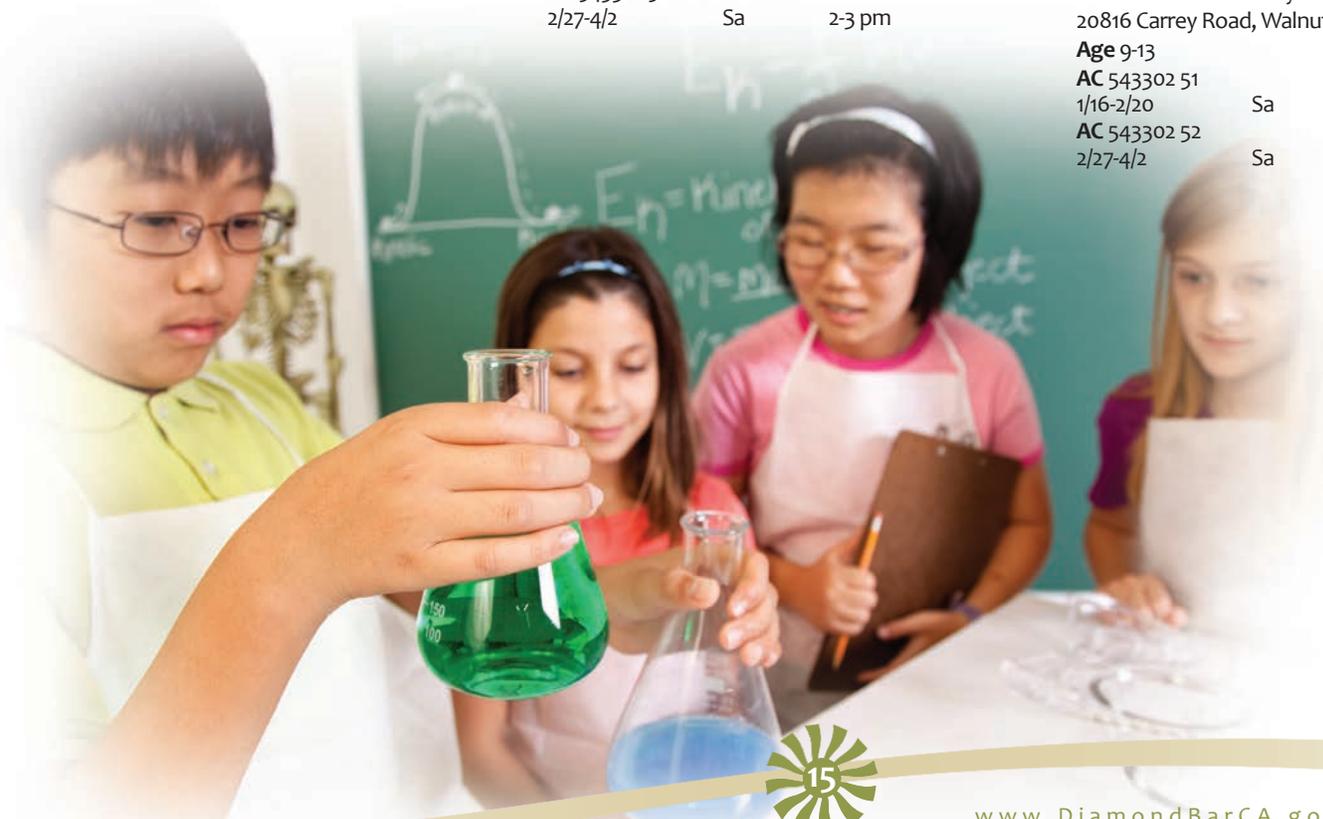
Age 9-13 **Fee** \$115/6 wks

AC 543302 51

1/16-2/20 Sa 4-5 pm

AC 543302 52

2/27-4/2 Sa 4-5 pm



See Page 11 for Tennis Classes!

Teen Hip Hop

This class is for beginning Hip Hop dancers. Students will learn the basics of Hip Hop movement and choreography in "street" and jazz funk style. Participants should wear comfortable clothing and athletic shoes.

Instructor: Sheri Liebe

Location: 1na Dance Studio

367 S. Diamond Bar Blvd., Diamond Bar, CA 91765

Age 11-17 **Fee** \$82/6 wks

AC 543719 51

1/4-2/8 M 5-6 pm

Cardio Kickboxing

Discover the best workout that you can do, burn up to 800 calories in this fun, low impact and energetic workout. Kick your way to a smaller waist, toned legs, a flat stomach, and firmer glutes. This class combines cardio and light resistance training; release stress using kickboxing equipment in a fun and safe environment. Participants should wear exercise attire and bring a mat or towel and bottle of water to class.

Instructor: Red Dragon Karate

Location: Red Dragon Karate

23545 Palomino Dr. Suite D

Age 14+ **Fee** \$57/5 wks

AC 544521 51

1/4-2/1 M 8:15-9:15 pm

AC 544521 52

2/8-3/7 M 8:15-9:15 pm

AC 544522 51

1/6-2/3 W 8:15-9:15 pm

AC 544522 52

2/10-3/9 W 8:15-9:15 pm

Golf (10-15 yrs)

Students will learn the basic fundamentals of golf. These skills include the swing, chipping, putting and golf etiquette. Golf clubs and practice balls are available for those who need them. Students need to wear golf or tennis shoes and a collared shirt.

\$20 material fee payable to instructor for hat

Instructor: Jeffrey Hirose

Location: L.A. Royal Vista Golf Course

(First class will meet at the driving range)

Age 10-15 **Fee** \$97/4 wks

AC 542136 51

1/9-1/30 Sa 5:30-6:30 pm

AC 542136 52

2/6-2/27 Sa 5:30-6:30 pm

DB 4Youth "In Action"

Hey Teens, you're invited to join your friends and peers to create new programs and places for the youth of Diamond Bar where you can hang out and have fun.

You'll gain leadership skills, learn more about your local government and earn volunteer hours for your college transcripts. Applications available online at www.DiamondBarCA.gov/db4youth.

DB 4Youth in Action meets the Diamond Bar Center the last Tuesday of the month at 6 pm (subject to change). For more information call: 909.839.7062.

Upcoming Activities

City of Diamond Bar's Winter Snow Fest: Saturday, January 16, 2016 at Pantera Park. Fundraising game/ride booth. Volunteer to help run the game or craft booth!

Food for Life Warehouse and Food Drives in the Community: Holiday Food Drive, November 17 - December 18. This is a City-wide food drive for non-perishable and canned foods dropped off in boxes located at City Facilities. Watch for future dates for additional food drives.

City of Diamond Bar's Birthday Party: Saturday, April 16, 2016 at Pantera Park. Fund raising game/ride booth. Volunteer to help run the game or ride booth!

6th, 7th and 8th Grade Dance: Friday, May 13, 2016 at the Diamond Bar Center from 7-10 pm. Come and help us plan this great event!

Teen Night Out: Friday, July 22, 2016 at Sycamore Canyon Park - 7 pm-10 pm.

Concerts and Movies in the Park: Wednesday, August 17, 2016 - 5 pm-8 pm. Selling glow necklaces.

Kajukenbo Karate

Students will be taught the beginning, intermediate and advanced self-defense techniques of Kajukenbo (Hawaiian Mixed Martial Art that combines techniques from Karate, Judo, Jujitsu, Kenpo and Kung Fu). During this training students will improve their physical fitness, self-confidence and self-esteem, while learning highly effective self-defense skills. More information at www.kajukenbo.com. Wear loose fitting workout clothes for first 5 week session. Returning students can purchase the required uniform from the instructor.

Instructor: John Bishop

Location: DBC, Oak Room

Age 13+ **Fee** \$50/5 wks

AC 544511 51

1/5-2/4 Tu/Th 7:30-9 pm

AC 544511 52

2/16-3/17 Tu/Th 7:30-9 pm

VOLUNTEERS

The City of Diamond Bar's 2016 Youth Volunteer Program is a leadership training program designed for youth ages 13 to 15 who reside in Diamond Bar. Teens who are interested in receiving work experience and training in recreation should apply. Volunteers will be assigned as assistants to summer programs throughout the City. Programs include: Summer Day Camp, Youth Baseball, Tiny Tots, Concerts in the Park and Senior Programming. All applicants must be available June 6 through August 18. Applications for summer 2016 will be available at City Hall, the Diamond Bar Center and online starting Monday, February 22, 2016. Applications will be accepted until 5:30 pm on Thursday, April 14, 2016.



TEEN ENRICHMENT

Teen Basic Jiu Jitsu Level One NEW

Brazilian Jiu Jitsu is known for being one of the most effective self-defenses that exist. It is a mix of wrestling and judo. This is a basic level course on BJJ self-defense and character development. instructor.

Instructor: Renato Migliaccio
Location: 18856 Amar Road Suite 4, Walnut, CA 91789

Age 12-17 **Fee** \$55/4 wks

AC 543502 51
 1/8-1/29 F 4:30-5 pm

AC 543502 52
 2/5-2/26 F 4:30-5 pm

AC 543502 53
 3/4-3/25 F 4:30-5 pm

Online Driver's Education

Complete your Driver's Education requirement from home, on your computer, tablet or phone. This is an interactive online course with videos and animated driving scenarios. Learn the rules of the road, driver responsibility, DMV procedures and much more. Receive DMV-approved Certificate of Completion. A licensed instructor is available to answer any questions. Sign up any time. Once you have enrolled email Erika at info@safetydriversed.com for website information.

Instructor: Erika Vieyra
Location: Your home computer/device

Age 15+ **Fee** \$43/1 course

AC 543262 51
 Continuous

Intro to Piano

Students will learn basic theory and keyboard fundamental such as rhythm, note reading and technique. By the end of the course students will be able to count rhythms out loud, read musical notation on the treble and bass staff, and apply this knowledge in learning their first song. \$15 material fee payable to instructor at first class for beginning piano book and theory book.

Instructor: Magical Steps Staff
Location: Magical Steps Academy
 818 N. Diamond Bar Blvd

Age 13-17 **Fee** \$97/5 wks

AC 542255 51
 1/5-2/2 Tu 7-7:50 pm

AC 542255 52
 2/9-3/8 Tu 7-7:50 pm

Intro to Guitar

Beginners practice chord, single note melodies and easy fun songs. In these fun, informative lessons students will build basic guitar skills and lots of hands on exercises. You will see rapid progress with practice, practice, practice. \$8 material fee payable to instructor at first class for beginning guitar book.

Instructor: Magical Steps Staff
Location: Magical Steps Academy
 818 N. Diamond Bar Blvd

Age 13-17 **Fee** \$97/5 wks

AC 543266 51
 1/7-2/4 Th 7-7:50 pm

AC 543266 52
 2/11-3/10 Th 7-7:50 pm

City Kidz Performance Academy - 101 Dalmatians Musical NEW!

This class includes learning acting, singing, dance, stage direction, and theatre etiquette. At the end of the class your child will perform in a professional theatrical production. No prior experience necessary. This class is geared for improving social, verbal and memorization skills. \$40 material fee due to instructor at first class.

Instructor: City Kids Instructors
Location: Heritage Community Center
Day/Time: Mon (6-8 pm) Sat (8:30 -10:30 am)

Age 5-16 **Fee:** 199/11 weeks
AC 543317 51
 1/2-3/14 2 days
 No Class 2/15; **Performance Held on 3/17**
@DBC Ballroom

Intro to Typing

Develop your child's basic typing skills and prepare them for many years of future usage. Different techniques and supplemental practice will be introduced to make learning fun as your child is taught a lifetime skill. \$10 lab and supply fee is payable to instructor at first class. Bring pen and notebook

Instructor: AGI Academy
Location: AGI Academy
 20816 Carrey Road, Walnut 91789

Age 6-14 **Fee** \$115/5 wks

AC 543304 51 M 3:45-5 pm
 1/25-2/22

AC 543304 52 M 3:45-5 pm
 2/29-3/28

Intro to Word & PowerPoint

Learn to use Microsoft Word for writing reports, projects, homework or basic communication skills. The class will cover such areas as formatting with fonts, paragraph alignment, indents, margins, clip art, bullets and numbering, columns and tables. Students will also learn PowerPoint to make slide shows and apply the presentation to their academic work. \$10 lab and supply fee is payable to instructor at first class. Bring pen and notebook.

Instructor: AGI Academy
Location: AGI Academy
 20816 Carrey Road, Walnut 91789

Age 8-14 **Fee** \$115/6 wks

AC 543303 51
 1/16-2/20 Sa 4-5 pm

AC 543303 52
 2/27-4/2 Sa 4-5 pm

Debate & Public Speaking

Gain confidence speaking publicly; strengthen interpersonal, problem-solving and communication skills. Students will be required to thoroughly research a given topic, create a persuasive argument, anticipate opponents' rebuttal and prepare intelligent responses. \$10 material fee is payable to instructor at first class. Bring pen and notebook.

Instructor: AGI Academy
Location: AGI Academy
 20816 Carrey Road, Walnut 91789

Age 9-13 **Fee** \$115/6 wks

AC 543309 51
 1/16-2/20 Sa 1-2 pm

AC 543309 52
 2/27-4/2 Sa 1-2 pm

Public speaking activities help teenagers build self-confidence and learn important study skills, including listening and critical thinking.

- Livestrong



TEEN ENRICHMENT

Critical Reading and Written Expression

This course helps students strengthen their critical reading and writing skills, both of which are essential analytical skills for academic success. Students will learn how to enhance their reading comprehension skills by identifying important information, assumptions, values, and language use. They will also improve their vocabulary skills to prepare for standardized tests. (\$10 material fee is payable to instructor at first class. Students should bring a pen and notebook.)

Instructor: AGI Academy

Location: AGI Academy

20816 Carrey Road, Walnut 91789

Age 9-13 **Fee** \$115/6 wks

AC 543301 51
1/16-2/20 Sa 2-3 pm

AC 543301 52
2/27-4/2 Sa 2-3 pm

Math Workshop

This is a great refresher course for students who want to brush up on their Math skills. Experience a new approach to math problem solving and hands-on practice for 3rd – 8th graders. Whether students need help with homework assistance or want to prepare for a test, AGI is here to help. The program not only helps with individual improvement but will also help your student manage overall success in school. (\$10 material fee is payable to instructor at first class. Students should bring a pen and notebook.)

Instructor: AGI Academy

Location: AGI Academy

20816 Carrey Road, Walnut 91789

Age 9-13 **Fee** \$115/6 wks

AC 543311 51
1/16-2/20 Sa 3-4 pm

AC 543311 52
2/27-4/2 Sa 3-4 pm

Science Adventure

This course introduces the basic conceptual framework and factual knowledge needed to be successful in science classes. Focus on concepts rather than on memorizing terms and technical details. Reading materials will be provided on a weekly basis for research project of selective topics. This class will benefit students who are interested in studying Life and Physical Science. (\$10 material fee is payable to instructor at first class. Students should bring a pen and notebook.)

Instructor: AGI Academy

Location: AGI Academy

20816 Carrey Road, Walnut 91789

Age 9-13 **Fee** \$115/6 wks

AC 543302 51
1/16-2/20 Sa 4-5 pm

AC 543302 52
2/27-4/2 Sa 4-5 pm

Microsoft Office Applications – Word, Excel & PowerPoint

Whether you want to use your computer to write reports or do projects, make amazing slideshow presentations, create spreadsheets or produce tables, this class will let you do so by using Microsoft's three most popular programs. Class includes hands-on practice. Experienced users can sharpen their skills and learn file management and integrate digital cameras to make flyers. (\$10 material fee is payable to instructor at first class. Students should bring a pen and notebook.)

Instructor: AGI Academy

Location: AGI Academy

20816 Carrey Road, Walnut 91789

Age 16+ **Fee** \$115/6 wks

AC 543307 51
1/19-2/23 Tu 8-9 pm

AC 543307 52
3/1-4/5 Tu 8-9 pm

Intro to Computers and Microsoft Word

Never touched a computer? You did, but felt confused? It's never too late to learn! Explore the basic skills to enrich your knowledge, and understand the terminologies. We will introduce you to the basic skills and terms needed to operate your home computer. Our hands-on practice will accelerate students to master computer learning in a fun and easy way. (\$10 material fee is payable to instructor at first class. Students should bring a pen and notebook.)

Instructor: AGI Academy

Location: AGI Academy

20816 Carrey Road, Walnut 91789

Age 16+ **Fee** \$115/6 wks

AC 543305 51
1/16-2/20 Sa 4-5 pm

AC 543305 52
2/27-4/2 Sa 4-5 pm

PSAT Prep Class

Do you want to obtain spectacular scores on your PSAT? Two hours each week for intense learning will be devoted to all three sections with practical tests and detailed explanation. Join us for skill building, strategies, practice and tips on critical reading, math and writing. Students will be given an introduction to the PSAT, what it's for and its test format. Materials will be provided on a weekly basis for building vocabulary, improving reading comprehension and written expression, as well as arithmetic, algebra, geometry and much more! (\$20 material fee is payable to instructor at first class. Students should bring a pen and notebook.)

Instructor: AGI Academy

Location: AGI Academy

20816 Carrey Road, Walnut 91789

Age 13-16 **Fee** \$230/6 wks

AC 543312 51
1/16-2/20 Sa 2-4 pm

AC 543312 52
2/27-4/2 Sa 2-4 pm



Regular physical activity in adolescence improves strength and endurance, helps build healthy bones and muscles, helps control weight, reduces anxiety and stress, increases self-esteem, and may improve blood pressure and cholesterol levels.

– CDC



ADULT SPORTS

Men's Adult Basketball

Get in shape and sharpen your skills in our men's adult basketball league. Games are played Sundays at Diamond Bar High School or South Pointe Middle School between 1 pm and 10 pm. League fees of \$360 include a minimum of 10 games, scorekeepers, and championship awards. There is also a \$21 per game officials' fee, paid on-site. The winter 2016 season is scheduled to begin with practice games on January 10. Registration is taken on a first-come, first-served basis. For more information, please call the Recreation Services Division at 909.839.7070.

Table Tennis (Ping Pong)

Come join the fun and practice your skills at this FREE program! All ages are welcome to participate on Tuesday, Thursday and Sunday evenings from 6:30 pm to 10:00pm at Heritage Park Community Center. Bring your paddle and table tennis balls and be ready to play!

Adult Co-Ed Recreational Volleyball

Improve your skills with our recreational volleyball program! This drop-in program is designed for those who want to get on the court and play. There are no officials, no strict rules, and teams will be formed informally as players arrive. Violations will be called using the honor system.

Cost: \$40.00 per person

Location: South Pointe Middle School Gymnasium

Days/Time: Monday Nights, 7-9 pm

AC 503001-51 11/16/15-2/8/16 (Tentative Dates)

AC 603001-61 2/22/16-5/2/16 (Tentative Dates)

For registration information, please call the Recreation Services Division at 909.839.7070

Adult Tennis Academy – Intermediate/Advanced

Adult intermediate to advanced players will benefit from our unique clinics. The Adult Academy gives the “big kids” an opportunity to work on improving their skills while getting a workout and making new friends. \$10 discount given for each additional family member; discount cannot be given online.

Instructor: Tennis Anyone

Location: Ronald Reagan Park Tennis Courts

Age 18+

Days: Mondays (Advanced-instructor clearance needed) & Wednesdays (Int/Adv)

Time: 6:30-8:30 pm

AC 544111 51 1 Day \$79/4 wks

1/4-1/27

AC 544111 52 1 Day \$79/4 wks

2/1-2/24

AC 544111 53 1 Day \$79/4 wks

2/29-3/23

AC 544112 51 2 Day \$113/4 wks

1/4-1/27

AC 544112 52 2 Day \$113/4 wks

2/1-2/24

AC 544112 53 2 Day \$113/4 wks

2/29-3/23

Adult Semi Private Tennis Lessons-Beg.

For adults just starting out and wanting to learn tennis in a small friendly environment of 2-4 students this is the perfect class. Students can expect plenty of attention from the coach while learning a sport that can be enjoyed for a lifetime. See you on the courts.

Instructor: Tennis Anyone

Location: Ronald Reagan Park

Age 18+

AC 544113 51 W Fee \$99/4 wks

1/6-1/27

AC 544113 52 W 6:30-7:30 pm

2/3-2/24

AC 544113 53 W 6:30-7:30 pm

3/2-3/23

AC 544114 51 W 7:30-8:30 pm

1/6-1/27

AC 544114 52 W 7:30-8:30 pm

2/3-2/24

AC 544114 53 W 7:30-8:30 pm

3/2-3/23

Golf

Designed for players of all ages, this class is for anyone who wants to learn or improve their game on the links! Clubs, and range balls. Please arrive 15 minutes early to select clubs. Students need to wear golf or tennis shoes and a collared shirt.

Instructor: Jeffrey Hirose

Location: L.A. Royal Vista Golf Course

(First class will meet at the driving range)

Age 16+

AC 544135 51 Th Fee \$97/4 wks

1/7-1/28

AC 544135 52 Th 10:30-11:30 am

1/7-1/28

AC 544136 51 Th 7-8 pm

2/4-2/25

AC 544136 52 Th 10:30-11:30 am

2/4-2/25

AC 544136 52 Th 7-8 pm

2/4-2/25

2/4-2/25

AC 544136 52 Th 7-8 pm

2/4-2/25

Wing Chun Kung Fu

Learn the history and tradition of classical Wing Chun Kung Fu, Disui and Wudang Kung Fu. Students will learn how to surpass their personal goals through discipline and the traditional values of Kung Fu. **A discount will be given for each additional family member; \$10 off 1 Day or \$15 off 2 days. Discount cannot be given online.** Optional uniform T-shirts for purchase from instructor.

Instructor: Tom Wong

Location: DBC, Oak Room

Age 12+

Days/Time: Mon (8:15-9:15 pm) &

Sat (11:15 am-12:30 pm)

AC 542541 51 1 Day \$87/4 wks

1/9-2/1

AC 542541 52 1 Day \$87/4 wks

2/6-2/29

AC 542541 53 1 Day \$87/4 wks

3/5-3/28

AC 542542 51 2 Days \$127/4 wks

1/9-2/1

AC 542542 52 2 Days \$127/4 wks

2/6-2/29

AC 542542 53 2 Days \$127/4 wks

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

3/5-3/28

Kajukenbo Karate

Students will be taught the beginning, intermediate and advanced self-defense techniques of Kajukenbo (Hawaiian Mixed Martial Art that combines techniques from Karate, Judo, Jujitsu, Kenpo and Kung Fu). During this training students will improve their physical fitness, self-confidence and self-esteem, while learning highly effective self-defense skills. More information at www.kajukenbo.com. Wear loose fitting workout clothes for first 5 week session. Returning students can purchase the required uniform from the instructor.

Instructor: John Bishop

Location: DBC, Oak Room

Age 13+

AC 544511 51 Fee \$50/5 wks

1/5-2/4

Tu/Th 7:30-9 pm

AC 544511 52

2/16-3/17

Tu/Th 7:30-9 pm

Tennis participants must provide their own racquet for personal use. There is a \$10 discount for each additionally enrolled family member; discount cannot be given online. All make-ups must be made within the session; students may attend any tennis class at their same level. For more information on Tennis Anyone please visit us at www.TennisAnyone.info



ADULT FITNESS

Yang Style Tai Chi Ch'uan-NEW

Classes will begin with 25-30 minutes of warm-up exercises and Chi Kung. The remainder of the class will be devoted to teaching 1-3 movements of the long form and practicing the movements learned to date. Often referred to as "moving meditation," T'ai-Chi is a health promotion exercise that reduces stress by focusing on the mind body connection. It has been found to improve balance, lower blood pressure and improve the immune system.

Instructor: Thomas Barrett

Location: DBC, Sycamore Room

Age 18+ **Fee** \$57/5 wks

AC 544619 51

1/7-2/4 Th 7:30-8:30 pm

AC 544619 52

2/18-3/17 Th 7:30-8:30 pm

Get Fit in the AM

A great hardcore workout! No gimmicks and no tricks. This class includes cardio, core strengthening, flexibility and muscle conditioning. This is an incredible workout with results that you will see and feel! (Participants should wear comfortable attire.)

Instructor: Lydia Quartucy

Location: 1na Dance Studio

367 S. Diamond Bar Blvd, Diamond Bar, CA 91765

Age: 18+ **Fee** \$82/6 wks

AC 544268 51

1/4-2/10 M & W 6-7 am

Cardio Kickboxing

Discover the best workout that you can do, burn up to 800 calories in this fun, low impact and energetic workout. Kick your way to a smaller waist, toned legs, a flat stomach, and firmer glutes. This class combines cardio and light resistance training; release stress using kickboxing equipment in a fun and safe environment. Participants should wear exercise attire and bring a mat or towel and bottle of water to class. **Instructor:** Red Dragon Karate

Location: 23545 Palomino Drive, Ste. D

Age 14+ **Fee** \$57/5 wks

AC 544521 51

1/4-2/1 M 8:15-9:15 pm

AC 544521 52

2/8-3/7 M 8:15-9:15 pm

AC 544522 51

1/6-2/3 W 8:15-9:15 pm

AC 544522 52

2/10-3/9 W 8:15-9:15 pm

Zumba - Dance off the Inches!

Zumba combines high energy and motivating music with synchronized dance movement designed for any fitness level. The routines feature aerobic fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. Iris has been teaching Zumba for 8 years so put on your tennis shoes and come join the fun!

Instructor: Iris Berru

Location: DBC, Sycamore Room

Age 18+ **Fee** \$47/4 wks

AC 544618 51

1/18-2/8 M 7-8 am

AC 544618 52

2/22-3/14 M 7-8 am

Zumba - For the Mature Adult

A fun, energetic and low-impact Zumba workout with a pace that everyone can enjoy, especially older adults or those with knee or joint issues. We will burn those calories and build cardiovascular health, all while having fun! Come join the party!

Instructor: Gena Campos

Location: DBC, Sycamore Room

Age 18+ **Fee** \$40/8 wks

AC 544631 51

1/4-2/29 M 10-11 am

No Class 2/15

AC 544631 52

3/7-5/2 M 10-11 am

No Class 4/4

Women Only Self Defense NEW!

A fun, energetic and low-impact Zumba workout Women will learn how to avoid situations in a 6 week course on How to defend themselves from an attacker. When he strikes from the front, back on the floor, choke holds, etc. It is an eye opening course. \$20 material fee due to instructor at first class.

Instructor: Renato Migliaccio

Location: 18856 Amar Rd Suite 4, Walnut, CA 91789

Age 15+ **Fee** \$149/6 wks

AC 544503 51

1/6-2/20 Sa 1:30-2:30 pm

Fat Furnace Bootcamp NEW

Discover the best workout that you can do, burn up to 800 calories in this fun, low impact and energetic workout. Kick your way to a smaller waist, toned legs, a flat stomach, and firmer glutes. This class combines cardio and light resistance training; release stress using kickboxing equipment in a fun and safe environment.

Participants should wear exercise attire and bring a mat or towel and bottle of water to class.

Instructor: Renato Migliaccio

Location: 18856 Amar Rd Suite 4, Walnut, CA 91789

Age 25-60 **Fee** \$97/4 wks

AC 544504 51

1/4-1/25 M 6:30-7 pm

AC 544504 52

2/1-2/22 M 6:30-7 pm

AC 544504 53

3/7-3/28 M 6:30-7 pm

Kundalini Yoga

Come experience deep relaxation and inner peace while learning Kundalini Yoga and Meditation. The hour long class will include postures, mudras, mantra, meditation and deep relaxation. This ancient yoga practice from India will relax your body and your mind, allowing you to experience increased energy and self-awareness. All levels are welcome. (Please bring a Yoga mat and water.)

Instructor: Marlene Ramirez-Mooney

Location: DBC, Oak Room

Age 18+ **Fee** \$73/6 wks

AC 544601 51

1/6-3/5* Sa 10-11 am

*No Class 1/30 & 2/20

Restorative Yoga

This therapeutic yoga system will improve your stamina, lung capacity, flexibility, blood circulation and cardiovascular performance. Class taught by a member of the International Association of Yoga Therapists. Bring yoga mat and strap or cotton belt.

Instructor: Maya Devi

Location: DBC, Pine Room

Age 18+ **Fee** \$40/5 wks

AC 544603 51

1/14-2/11 Th 4:15-5:45 pm



ADULT ENRICHMENT

Jazzercise

Burn up to 600 calories in one fun and powerfully effective 60 minute total body workout. Every Jazzercise group fitness class combines dance based cardio with strength training and stretching to sculpt, tone, and lengthen muscles for maximum fat burn. Choreographed to today's hottest music, Jazzercise is a fusion of Jazz dance, resistance training, Pilates, yoga, and kickboxing. Participants should wear exercise attire, bring a mat or towel, bottle of water and optional hand held weights.

Instructor: Connie Lillie

Location: DBC, Sycamore Rm (T/Th), Oak Rm (Sa)

Age 16+

Days: Tuesday, Thursday & Saturday

Time: Tu & Th 6:15-7:15 pm, Sa 8:30-9:30 am

AC 544611 51

1/2-2/4 1 Day \$32/5 wks

AC 544611 52

2/6-3/10 1 Day \$32/5 wks

AC 544612 51

1/2-2/4 2 Day \$41/5 wks

AC 544612 52

2/6-3/10 2 Day \$41/5 wks

AC 544613 51

1/2-2/4 3 Day \$50/5 wks

AC 544613 52

2/6-3/10 3 Day \$50/5 wks

Pilates for the Mature Adult

Older adults require adapted exercises for the back and joints of the lower body. This class is a beginner level pilates class which modifies effective exercises to strengthen and support sore muscles of the back and abdomen. Special movements to strengthen and stabilize the hips and knees will also be a highlight. All ages are welcome!

Instructor: Gabriela Klein

Location: DBC, Oak Room

Age 18+

Fee \$99/10 wks

AC 544607 51

1/6-3/9 W 5-6 pm

Ballet Barre

You don't have to be a ballerina, but if you just want long lean muscles like one then this is the class for you. Barre Routines have been all the rage in New York City and Los Angeles for years. Come find out what the top studios are teaching their exclusive clientele. Please bring a thick mat, light hand weights and water to class.

Instructor: Gabriela Klein

Location: DBC, Oak Room

Age 18+

Time 6-7 pm

Days Monday & Wednesday

AC 544608 51

1/4-2/3 **Fee** \$59/5 wks

AC 544608 52

2/8-3/7* **Fee** \$49/4 wks

*No Class 2/15

Pilates

Strengthen your core, buns, and thighs and tone the upper body all with Pilates. Learn award winning exercise movements. Come and see why Pilates is one of the top workouts! Beginners are welcome! Please bring a thick mat and water to class.

Instructor: Gabriela Klein

Location: DBC, Oak Room

Age 18+

Time 7-8 pm

Days Monday & Wednesday

AC 544609 51

1/4-2/3 **Fee** \$59/5 wks

AC 544609 52

2/8-3/7* **Fee** \$49/4 wks

*No class 2/15

Beginner/Intermediate Social Dance

Join this fun interactive class and learn a variety of Social and Ballroom dances like Swing and Salsa. The basics will be covered as well as variations, turns, and more! Bring a partner or find one in class. No dance experience necessary.

Instructor: Louise Levy

Location: DBC, Sycamore Room

Age 18+

Weeks 10

AC 544303 51 **Individual:** \$82

AC 544303 52 **Couples:** \$150 (\$75 each)

1/5-3/8 Tu 7:30-8:30 pm

Intermediate/Advanced Social Dance

Take the basics you have learned in Ballroom, Swing and Salsa and enhance them with impressive moves to try out on the dance floor. Bring a partner or find one in class. Some dance experience required.

Instructor: Louise Levy

Location: DBC, Sycamore Room

Location: DBC, Sycamore Room

Age 18+

Weeks 10

AC 544304 51 **Individual:** \$82

AC 544304 52 **Couples:** \$150 (\$75 each)

1/5-3/8 Tu 8:30-9:30 pm

Fine Art Acrylic Painting

Introduction to materials, tools, and techniques of acrylic painting. Create a series of paintings utilizing the elements and principals of design. No previous experience required. Free supplies for first class. Students must furnish their own supplies, a list will be provided.

Instructor: Ray Tucker

Location: DBC, Sycamore Room

Age 18+

Fee \$107/4 wks

AC 544261 51

1/6-1/27 W 12:30-3:30 pm

AC 544261 52

2/10-3/2 W 12:30-3:30 pm

Oil Painting Techniques

Students will receive instruction in the basics of oil painting; including description, use application, fundamentals of color, composition and design. Experienced instructor will assist students in creating paintings from direct observation, well as from photographs. Students must furnish their own supplies. Materials list will be provided at first class meeting.

Instructor: Ray Tucker

Location: DBC, Maple Room

Age 18+

Fee \$107*/4 wks

AC 544262 51

1/9-1/30 Sa 9 am-12 pm

AC 544262 52

2/13-3/5 Sa 9 am-12 pm

Intro to Piano

Students will learn basic theory and keyboard fundamental such as rhythm, note reading and technique. By the end of the course students will be able to count rhythms out loud, read musical notation on the treble and bass staff, and apply this knowledge in learning their first song. \$15 material fee payable to instructor at first class for beginning piano book and theory book

Instructor: Magical Steps Staff

Location: Magical Steps Academy

818 N. Diamond Bar Blvd, Diamond Bar

Age 18+

Fee \$97/5 wks

AC 544255 51

1/5-2/2 Tu 7-7:50 pm

AC 544255 52

2/9-3/8 Tu 7-7:50 pm

Intro to Guitar

Beginners practice chord, single note melodies and easy fun songs. In these fun, informative lessons students will build basic guitar skills and lots of hands on exercises. You will see rapid progress with practice, practice, practice. \$8 material fee payable to instructor at first class for beginning guitar book.

Instructor: Magical Steps Staff

Location: Magical Steps Academy

818 N. Diamond Bar Blvd, Diamond Bar

Age 18+

Fee \$97/5 wks

AC 543266 51

1/7-2/4 Th 7-7:50 pm

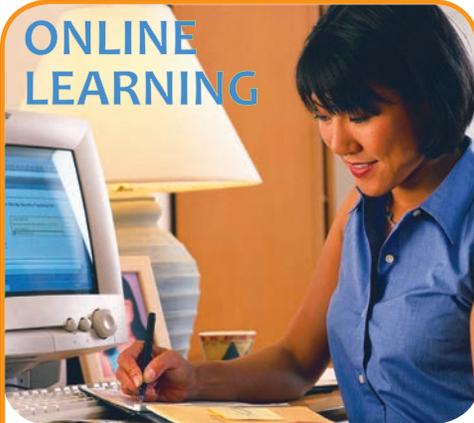
AC 543266 52

2/11-3/10 Th 7-7:50 pm



ADULT ENRICHMENT

ONLINE LEARNING



Complete any of these courses from your home or office and at any Time of the day or night. More than 250 classes offered! Fees start at \$99. Visit www.ed2go.com/diamondbar or call 909.839.7070 for more information.

Session Dates:

Session 1	1/21-3/13
Session 2	2/18-4/10
Session 3	3/18-5/8

Topics Include:

- Test Prep
- Language
- Web Based Programs
- English, Grammar & Writing
- Microsoft Application

Adult - Dog Obedience

The registration fee is for one dog. Each dog must have a separate handler. It is strongly advised to have the same handler working consistently with the dog throughout the course; however, additional family members may observe the classes at no additional charge. Remember to bring a copy of current vaccination records to the first class.

Visit www.dogclassinfo.com for more info.



Microsoft Office Application - Word, Excel & PowerPoint

Whether you want to use your computer to write reports or do projects, make amazing slideshow presentations, create spreadsheets or produce tables, this class will let you do so by using Microsoft's three most popular programs. Class includes hands-on practice. Experienced users can sharpen their skills and learn file management and integrate digital cameras to make flyers. (\$10 material fee is payable to instructor at first class. Students should bring a pen and notebook.)

Instructor: AGI Academy

Location: AGI Academy
20816 Carrey Road, Walnut 91789

Age 16+	Fee \$115/6 wks
AC 543307 51	
1/19-2/23	Tu 8-9 pm
AC 543307 52	
3/1-4/5	Tu 8-9 pm

Intro to Computers and Microsoft Word

Never touched a computer? You did, but felt confused? It's never too late to learn! Explore the basic skills to enrich your knowledge, and understand the terminologies. We will introduce you to the basic skills and terms needed to operate your home computer. Our hands-on practice will accelerate students to master computer learning in a fun and easy way. (\$10 material fee is payable to instructor at first class. Students should bring a pen and notebook.)

Instructor: AGI Academy

Location: AGI Academy
20816 Carrey Road, Walnut 91789

Age 16+	Fee \$115/6 wks
AC 543305 51	
1/16-2/20	Sa 4-5 pm
AC 543305 52	
2/27-4/2	Sa 4-5 pm

Dog Obedience Training

Address behavior problems (hole-digging, chewing, nipping, etc.) and introduce AKC obedience exercises and commands. All breeds, 6 months and older may join. Larger breeds are accepted at four months. Bring current vaccination records and \$10 material fee to first meeting, to be held indoors, WITHOUT DOGS. Trophies and certificates will be presented at graduation.

Instructor: Rose Healey, Dog Services Unlimited Trainer

Location: Chino Hills Community Center
14250 Peyton Dr, Chino Hills, 91709

Age 10+	Fee \$95/7 wks
AC 544222 51	
1/14-2/25	Th 7-8 pm

Dog Manners "Crash Course"

Accomplish training goals and get behavior problems under control in just 4 weeks. Includes obedience commands and corrective measures for destructive chewing, jumping up, barking, and more. Pre-register and then call Dog Services at 714.532.3647 for briefing. For dogs 4 months or older. Bring dog and \$5 insurance fee to first meeting.

Instructor: Rose Healey, Dog Services Unlimited Trainer

Location: Acacia Park
1910 Fullerton Creek Rd, Fullerton, 92832

Age 10+	Fee \$83*/4 wks
AC 544223 51	
1/10-1/31	Su 3:30-4:45 pm

EXCURSIONS ADULT & FAMILY



2016 Rose Parade

“Find Your Adventure” is the theme of the 2016 Rose Parade, which will help shine light on the centennial celebration of our nation’s national parks. The Parade is a celebration more than a century old – a festival of flowers, music and sports unequalled anywhere else in the world. Join us in enjoying America’s New Year Celebration! Excursion includes continental breakfast, roundtrip transportation, grandstand seat, official Rose Parade guide, a Diamond Bar seat cushion and a snack for the ride home.

AC 506003 51	Age All	Fee \$95
Date	Day	Time
1/1	F	6 am-2 pm

Reservations taken until filled

Getty Center & Picnic Lunch

The Getty Center is a world renowned cultural center with its famous dedication to the study of world arts. Start the day with a 45-minute tour of the unique architecture and gardens of the Getty Center. Tour will be followed by casual, picnic lunch of turkey, pastrami or smoked ham & cheese, along with chips, cookie and drink. The rest of the afternoon is yours to spend perusing the museums art galleries, architecture, gardens and shop. The ride back is accompanied by a light snack and water. This excursion includes roundtrip transportation, Getty tour, box lunch and a snack on the way home.

AC 506008 51	Age All	Fee \$42
Date	Day	Time
3/12	Sa	9 am-5 pm

Please make your reservation by February 22, 2016



Adult & Senior Excursion Registration & Refund Policy

Registration is processed on a first-come, first-serve basis. To register call Recreation Services at 909.839.7070, online at www.CityofDiamondBar.gov or in person at the Diamond Bar Center, 1600 Grand Avenue. All participants must sign a City liability waiver prior to participating in each excursion. An adult must accompany participants under age 18. To ensure that the minimum participation is met, please make your reservation by the designated deadline. Seats may be available beyond the reservation deadline if the minimum participation is met.

REFUND POLICY: Refunds will be given only when an excursion is sold out and Recreation Services is able to resell your reservation to another party. All excursions depart from and return to the Diamond Bar Center, 1600 Grand Ave. Additional drive time is considered within the advertised times. Refunds will not be granted due to extreme traffic conditions or other situations beyond Recreation’s staff control. The City reserves the right to cancel at any time. Should the City cancel you will be notified a minimum two weeks in advance and receive a full refund of fees.



SENIOR EXCURSIONS

SENIOR EXCURSIONS

Senior Excursions are for Senior Citizens only (55+). Excursions are rated on a 1-2-3 level scale. 1 represents little or no walking, 2 is moderate amount of walking and 3 is quite a bit of walking.



Ronald Reagan Library – Level 2-3

We arrive at the library by 10 am for a docent-guided tour. Highlights include a full scale replica of the Oval Office, a large section of the Berlin Wall, and a visit to Air Force One. The Ronald Reagan Presidential Library and Museum is pleased to welcome its latest exhibit, “Football! The Exhibition,” opened June 2015 and will end January 30th. This 5,000 square foot exhibition features some of the rarest, historic and iconic football artifacts, including game-worn and signed jerseys, Lombardi and Heisman Trophies, Super Bowl Rings, and more. Lunch will be on your own.

AC 507001 51	Age 55+	Fee \$34
Date	Day	Depart/Return
1/14	Th	8 am-5 pm

Please make your reservation by December 28th

“O ‘Canada” at Camelot Theater – Level 1

We start the day enjoying downtown Palm Springs for lunch on your own. After lunch, we drive over to the old Camelot theatre for a 1:30 pm matinee performance of “O ‘Canada” A musical tribute to some of Canada’s great performers; Michael Buble, Celine Dion, Shana Twain and Paul Anka. This is a 90-minute live performance with NO lip synching!

AC 507002 51	Age 55+	Fee \$46
Date	Day	Depart/Return
2/3	Th	10 am-5:30 pm

Please make your reservation by January 18th



71st Annual Int’l Orchid Show – Level 2-3

Spend the day in Santa Barbara at the Earl Warren Showgrounds for the orchid show. There will be 100’s of orchid species and many you may purchase. Orchid experts will lead demonstration workshops on raising healthy orchids. It is a fantastic show. Lunch will be on your own today in Downtown Santa Barbara.

AC 507004 51	Age 55+	Fee \$38
Date	Day	Depart/Return
3/5	F	7:30 am-6:30 pm

Please make your reservation by February 15th



Valley View Casino – Level 1

Spend the day in Valley Center, CA at Valley View Casino. Upon arrival everyone gets \$25 in play. This casino is home to 1,900 of the newest and most exciting slots and is San Diego’s Certified Loosest Casino for slots. Lunch is on your own today.

AC 307003-31	Age 55+	Fee \$22
Date	Day	Depart/Return
3/16	W	9 am-5:30 pm

Please make your reservation by March 7th



SENIOR ACTIVITIES & EXCURSIONS

SENIOR EXTENDED EXCURSIONS

Premier World Discovery & Collette Gateway

Premier World Discovery has partnered with the City of Diamond Bar to offer extended excursions. All trips offered are “all-inclusive” at 4 star accommodations. Travelers are picked up and dropped off at their doorstep. Trips may include cars, trains, planes, boats and motor coaches. Don't see a trip you're looking for they can help!!

San Antonio Fiesta – The Alamo, Riverwalk Cruise, San Antonio City Tour and MORE!

April 15, 2016, 5 days • \$1669 per person double

Holland Tulips & River Castles– 22 meals Lucerne Tour, Cologne Tour, Amsterdam Tour and MORE!

April 6, 2016, 11 days • \$4799-\$6699 per person double

Branson, Memphis & Nashville– Showboat Branson Blue, Country Music Hall of Fame, Graceland and MORE!

May 11, 2016, 9 days • \$2599 per person double

FREE CLINICS & SEMINARS

Advanced registration is needed for these free clinics, speakers or seminars please call 909.839.7070

Maximizing your Dr. Visit

Every minute of a doctor appointment counts—there are only about 15 minutes in a typical primary care visit. To get the attention and care you need and deserve while the clock is ticking, that brief encounter needs to be as efficient as possible. Come listen to this valuable topic and ask questions.

Sponsored by: Humana

Location: DBC, Pine Room

1/11 M 10-11:30 am

Persevering Memory

As we age, we have moments of forgetfulness, and they're always annoying. There's no magic potion you can take to stop them, but there is something you can do about it. This presentation provides useful tips and brain games to sharpen your thinking and keep these moments to a minimum.

Sponsored by: Sydney Wood; LA County Mental Health

Location: DBC, Pine Room

1/25 M 10-11:30 am

Social Security Secrets

Did you know the average retiree leaves tens of thousands of dollars on the table simply by not understanding how to optimize Social Security benefits? Don't be one of them! Join us for this informative and easy-to-understand class where Adam will demystify the Social Security system and talk about the wide variety of options. For instance, there are 567 different ways a married couple can claim benefits; failing to use the right strategy can cost you thousands of dollars in unclaimed income over your lifetime and potentially put a surviving spouse at serious financial risk. Almost everyone is going to file for Social Security. This class will help singles and couples maximize their benefits and put more retirement income in their pockets.

Sponsored by: SearchLight Financial Advisors

Location: DBC, Pine Room

2/8 M 10-11:30 am

New Health Literacy for Seniors

One thing we maintain for all of our days is the capacity to learn. So just because you're growing older doesn't mean that you can't learn something new. Nearly 9 of 10 Americans have difficulty getting health information in everyday language everyone at some point needs help with health information. Sometimes the doctor can be clear, but the patient can interpret the doctor's instructions differently. Humana is here to give you some New Health Literacy tips to insure you are getting the most out of what you read regarding health.

Sponsored by: Humana

Location: DBC, Pine Room

2/25 Th 1-2:30 pm

New Battle of the Bulge

We have all heard of various expressions and terms used to describe being overweight or the process of losing unwanted pounds. We're often guilty of saying that we'll get around to doing something someday. Well, today is someday! No time like the present to get “around to it”. You can start a healthier lifestyle now, TODAY!

Sponsored by: Humana

Location: DBC, Pine Room

3/7 M 10-11:30 am

Good Sleep

This presentation introduces the importance of good sleep which contributes to emotional well-being and examines healthy sleep habits.

Sponsored by: Sydney Wood- LA County Mental Health

Location: DBC, Pine Room

3/14 M 10-11:30 am

A Day in the Life at the ER

Visiting an E.R. can be scary, especially when you're in pain and don't know what to expect. Join Placentia-Linda Hospital Emergency Department staff as they try to help you understand what it is like to visit the ER – from triage, to getting to your bed, your evaluation by a nurse and the physician tests they may need to perform. Take this time and feel free to ask any questions. They're here for you!

Sponsored by: Placentia-Linda's Hospital's

Location: DBC, Pine Room

3/28 M 10-11:30 am



SENIOR ACTIVITIES

ACTIVITIES

Senior Softball

Anyone over 50 years of age that is interested in joining a Diamond Bar Softball Team and playing in an existing league, please call Mickey McKitrick at 909.839.7073. The league is Inter-City Senior Softball. There are currently 14 teams comprised of men and women mostly in their 60's and 70's. Three teams in the league are based out of Diamond Bar. Practice will begin in February and games begin in April, continuing through September. Games begin at either 9am or 10:15am and last about an hour and 15 minutes. Teams will be comprised of 11-15 players, 3 of which need to be women.

BINGO! BINGO! BINGO!

Attention Seniors and Adults! Join us every Tuesday and Friday for an afternoon of fun and socialization. Meet and make new friends playing bingo. Play 10 games for \$2. (The Tuesday game begins at 12:15pm with card sales stopping at 12pm. The Friday game begins at 11:15am with card sales stop at 11am. Please arrive early to make sure you have enough time to purchase your cards and find a seat!)

Location: DBC

Ages: Adults/Seniors

Tu 11:30 am - 2 pm

Fri 10:30 am - 1:15 pm

Calling ALL Bridge Players

Meet other bridge players in your area to play bridge, make friends and learn from each others. This group is dedicated to keeping the card game of bridge alive. The mission is to share your knowledge with people who are interested in the game. Come join in on the fun! We are always looking for new players. Snack and coffee provided.

Location: DBC

Ages: 55+ W 12:30-3:30 pm

Photo Club

Meet fellow photographers to share and learn by exchanging photo tips and joining group photo excursions. Meeting 3rd Wednesday of each month.

Location: City Hall, Windmill Room

Ages: 55+

10/21 & 11/18 W 6-8 pm

SENIOR CLASSES

MT. SAN ANTONIO COLLEGE CLASSES

The following classes are provided by Mt. San Antonio College and are conducted at the Diamond Bar Center (1600 Grand Avenue or Heritage Park Community Center 2900 S. Brea Canyon Rd. Please note: Mt. Sac conducts their own class registration. To inquire about details of a class please call the Older Adult Program at Mt. Sac (909)594-5611 ext. 4192. Registration will NOT be accepted at the Heritage Park Community Center or the Diamond Bar Center offices. To register please attend the first class meeting and speak to the instructor. The 4 week winter session begins January 4 and ends on the 29. The twelve-week spring session begins February 23 and ends June 14.

Winter pre-registration dates:

Computer	12/4	10 am
Healthy Aging	12/9	9 am
Tai Chi	12/10	10:30 am

Location: DBC

Spring pre-registration dates:

Computer	1/29	10 am
Healthy Aging	2/3	9 am
Tai Chi	2/4	10:30 am

Location: DBC

Basic Computing Level 1

Introduction to the personal computer, including terminology and basic computer operations in a Windows environment. Instruction is hands-on.

Instructor: Shelby White

Location: City Hall, Willow Room

1/4-2/8 M 9 am-12 pm

2/22-6/6

Basic Computing Level 2

Introduction to the personal computer, including terminology and basic computer operations in a Windows environment. Instruction is hands-on.

Instructor: Shelby White

Location: City Hall, Willow Room

1/4-2/8 M 1-4 pm

2/22-6/6

Starting a Home Based Business NEW

Starting a home-based business to become self-employed. Includes basic marketing, finance and management skills.

Instructor: Ray Tucker

Location: City Hall, Willow Room

1/8-2/5 F 9 am-12 pm

2/26-6/10

Creative Computing

Develops creative skills utilizing computer graphics. Includes development of marketing skills.

Instructor: Heather Smith

Location: City Hall, Willow Room

1/7-2/11 Th 9 am-12 pm

2/25-6/9

Digital Photography for the Beginner

Digital camera operations, image management and composition and use of graphics software.

Instructor: Heather Smith

Location: City Hall, Willow Room

1/7-2/11 Th 9 am-12 pm

2/25-6/9

1/5-2/9 Th 1 pm-4 pm

2/23-6/7

Internet Research

Includes e-mail, research, terminology, and functional capabilities of the Internet.

Instructor: Heather Smith

Location: City Hall, Willow Room

1/6-2/10 W 9 am-12 pm

2/24-6/8

Learning to use the Internet will give you the ability to connect via email or social media with friends and loved ones who don't live nearby. According to the Pew Research Center's Internet and American Life Project, the 74+ demographic is the fastest-growing group across web-based social networks.

— American Senior Communities.



SENIOR ACTIVITIES

Drawing - Beginning Through Advanced

Developing the perceptual and technical skills of drawing through observations of objects. Still life and landscape will be utilized.

Instructor: Ray Tucker

Location: DBC, Sycamore Room

1/5-2/9 Tu 12:30-3:30 pm

2/23-6/7

Location: Heritage Park Community Center

1/4-2/8 M 1-4 pm

2/22-6/6

Watercolor Painting

Principles of drawing, design, color and composition for watercolor painting emphasizing creative skill development.

Instructor: Heather Smith

Location: DBC, Pine Room

1/7-2/11 Th 1-4 pm

2/25-6/9

Home Gardening

Organic gardening, indoor plants, fruit orchards, traditional gardening, pesticides, design, pruning & fertilization are covered.

Instructor: Steven O. Williams

Location: DBC, Sycamore Room

1/6-2/10 W 10 am-12 pm

2/24-6/8

Hand Crafted Needlework for Retail Sales and Boutiques

Needlework techniques including knitting, crocheting, embroidery and plastic canvas to construct finished products for sale.

Instructor: Pam Henry

Location: DBC, Maple Room

1/7-2/11 Th 9 am-12 pm

2/25-6/9

Healthy Aging/ Principles of Yoga

Healthy aging including diet, nutrition, disease prevention, and application of Yoga principals to maintain health while aging.

Instructor: Maya Devi

Location: DBC, Pine Room

1/7-2/11 Th 6-8 pm

2/25-6/9

Instructor: Shelby White

Location: DBC

1/5-2/11 T & Th 7:30-8:30 am

2/23-6/9

Healthy Aging/ Principles of Tai Chi

Healthy aging including diet, nutrition, disease prevention, and application of Tai Chi principals to maintain health while aging.

Instructor: John Rafter

Location: DBC, Pine Room

1/7-2/11 Th 9 am-11 am

2/25-6/9

Healthy Aging/ Fitness

Healthy aging including diet, nutrition, disease prevention, and application of physical fitness principals to maintain health while aging.

Instructor: Patrick Wallis

Location: DBC, Pine Room

Age: 55+

1/4-2/5 M, W, F 8-9 am

2/22-6/10 9-10 am

10-11 am

Instructor: Shelby White

Location: Heritage Park

1/4-2/5 M,W,F 7:30-8:30 am

2/22-6/10



FACILITIES

1. **1na Dance**
367 S. Diamond Bar Blvd.
2. **Deane Homes Swim Club**
1010 Overlook Ridge Rd.
3. **Diamond Bar Center (DBC)**
1600 Grand Avenue
(in Summitridge Park)
4. **Diamond Bar City Hall**
21810 Copley Dr
5. **Diamond Bar Golf Course**
22751 E. Golden Springs Dr.
6. **Diamond Bar High School**
21400 Pathfinder Rd.
7. **Diamond Bar Library**
21800 Copley Drive
8. **Heritage Park (3.4 acres) (HP) & Community Center (CC)**
Activity Room (AR)
2900 S. Brea Canyon Road
9. **L.A. Royal Vista Golf Course**
20055 Colima Rd., Walnut
10. **Maple Hill Park (MP)**
1309 S. Maple Hill Rd.
11. **Mt. Calvary Lutheran School**
23300 Golden Springs
12. **Mt. San Antonio College**
1100 N. Grand Ave., Walnut
13. **Oak Tree Lanes**
990 N. Diamond Bar Blvd.
14. **R&T Dance Corner**
377 S. Lemon Ave., #A, Walnut
15. **Pantera Park (15.5 acres) (PP)**
Activity Room (AR) Dog Park(DP)
738 Pantera Drive
16. **Pantera Elementary School**
801 Pantera Drive

17. **Paul C. Grow Park (5 acres)**
23281 E. Forest Cyn Drive
18. **Peterson Park / Skate Park**
24142 E. Sylvan Glen Rd.
19. **Quail Summit Elementary**
23330 Quail Summit
20. **Red Dragon Karate**
341 S. Diamond Bar Blvd.
21. **Ronald Reagan Park (6 acres) (RRP)**
2201 S. Peaceful Hills Road
22. **South Pointe Middle School**
20671 Larkstone Dr.
23. **Starshine Park (2 acres)**
20839 Starshine Road
24. **Summitridge Park**
1425 Summitridge Drive
25. **Sycamore Canyon Park (4 acres)**
22930 Golden Springs Drive



Directory

Community Services Department - 909.839.7060
Facility Maintenance/Parks/Fields/Courts

Recreation Services - 909.839.7070
Classes/Excursions/Sports/Special Events

Senior Services - 909.839.7068
Senior Excursions/Workshops/Classes

Heritage Park Community Center/Pantera Park Facility
All Park Picnic Areas - 909.839.7065

Amenities Key

	Barbecues		Parking Spaces
	Baseball Fields		Picnic Shelters
	Baseball Fields (lighted)		Picnic Tables
	Basketball Courts		Restrooms
	Basketball Courts (lighted)		Soccer/Football Field
	Fitness Course		Tennis Courts
	Meeting Facilities		Tot Lot

Published by the City of Diamond Bar, DBCONNECTION contains information on City issues, policies, events, and programs. It is published and mailed monthly to all residences and businesses in Diamond Bar. Every effort is made to ensure that the information printed in this publication is correct. If you find typographical errors or become aware of any inaccuracies, please let us know by calling 909.839.7056.



City of Diamond Bar
21810 Copley Drive ♦ Diamond Bar, CA 91765-4178
909.839.7000 ♦ 909.861.3117 Fax
www.DiamondBarCA.gov ♦ info@DiamondBarCA.gov

Presorted Standard
U.S. Postage
PAID
Permit #3339
Chino, CA

City Council
Carol Herrera
Jimmy Lin
Nancy A. Lyons
Ruth Low
Steve Tye

City Manager
James DeStefano

Postal Customer

Find it Fast Phone Directory



City Services 909.839.7000

City Council	909.839.7010
Building & Safety	909.839.7020
City Clerk's Office	909.839.7010
City Manager's Office	909.839.7010
Community Development	909.839.7030
Community Services	909.839.7060
Facility Reservations	909.839.7065
Finance	909.839.7050
Human Resources	909.839.7018
Library	909.861.4978
Neighborhood Improvement	909.839.7030
Planning	909.839.7030
Post Office	909.860.2469
Public Information Office	909.839.7055
Public Safety Services	909.839.7076
Public Works/Engineering	909.839.7040
Recreation Services	909.839.7070
Senior Services	909.839.7068
Transit Information	909.839.7045
Voter Registration	562.462.2748

Business Information:

Business Licenses	909.839.7030
Chamber of Commerce	909.869.0701

School Districts:

Pomona Unified	909.397.4700
Walnut Valley Unified	909.595.1261

Utilities:

So Cal Edison (electric)	800.611.1911
So Cal Gas (gas)	800.427.2200
Time Warner (cable TV)	888.892.2253
Verizon (telephone)	800.483.5000
Walnut Valley Water	909.595.7554
Waste Disposal:	
Valley Vista (businesses)	800.442.6454
Waste Management (residents)	909.599.1274

Public Safety:

Animal Control	909.623.9777
Fire (LA County)*	909.629.9671
Police (LA Co. Sheriff)*	909.595.2264
Vector Control	562.944.9656

24-Hour Hotlines:

Building Inspection	909.839.7027
Employment Opportunities	909.348.8300
Field/Weather	909.348.8310
Graffiti Removal	800.794.7384

*For emergencies, dial 9-1-1

December 2015

S	M	T	W	T	F	S
		1 	2 	3 	4 	5 Candy Cane Craft Fair (details on page 3)
6	7 	8 	9 	10 	11 	12
13	14 	15 	16 	17 	18 	19
20	21 	22 	23 	24 Christmas Eve City offices closed	25 Christmas Day Holiday City offices closed	26
27	28 	29 	30 	31 		

Calendar Key

- City Council Meeting*- starts at 6:30 pm
- Planning Commission Meeting*- starts at 7 pm
- Traffic & Transportation Commission Meeting*- starts at 7 pm
- Parks & Recreation Commission Meeting*- starts at 7 pm

Street Sweeping Week - Street sweeping is taking place somewhere within the City; see neighborhood signage for your street's designated day and time.

*City Council meetings take place at the AQMD/Government Center (21865 Copley Drive), while City Commission meetings are held at Diamond Bar City Hall (21810 Copley Drive). Additional event and meeting details are available at www.DiamondBarCA.gov/eventcalendar.