

May 2016

DBC CONNECTION

and Summer Community Recreation Guide

DiamondBarCA.gov

Published Quarterly by the City of Diamond Bar



Inside this Issue...



Special Events
PAGE 1



Sidewalk CPR
PAGE 4



Dining Out in DB
PAGE 5



Adult & Family Excursions
PAGE 24

Special Events

4th of July Blast

Monday, July 4 ♦ 5:00 - 9:00 p.m.

Diamond Bar High School, 21400 Pathfinder Road

The evening kicks off with a live concert by crowd favorite band “Cold Duck” performing hits from the 70s to today, and wraps up with a dazzling fireworks display starting at 9:00 p.m. Event-goers are encouraged to bring a picnic dinner and either blankets or low chairs for grass-seating.



Concerts in the Park Series

Wednesdays, June 15 - August 3 ♦ 6:30 - 8:00 p.m. (no concert July 6)

Sycamore Canyon Park, 22930 Golden Springs Road

Another season of free summer concerts returns to Sycamore Canyon Park. In addition to live musical performances, events will also feature free children’s activities, giveaways, and concessions sold with proceeds benefiting local nonprofits.

June 15 – The Answer (Classic Rock)

June 22 – Upstream (Caribbean)

June 29 – Stone Soul (Soul)

July 13 – Save by the Band (90s Pop and Rock)

July 20 – Yard Sale (Classic Rock)

July 27 – Hot August Night (Tribute to Neil Diamond) sponsored by the Diamond Bar Community Foundation

August 3 – Cold Duck (70s and Top 40) Diamond Bar Night Out!

Concerts
in the Park

Movies “Under the Stars”

Wednesdays, June 15 - August 3 ♦ Immediately following each concert (no concert July 6)

Sycamore Canyon Park ♦ 22930 Golden Springs Road

The summer fun continues at sundown, immediately following each concert, with a family-friendly outdoor silver screen experience delighting event-goers of all ages.

June 15 – Minions

June 22 – Goosebumps

June 29 – Cinderella (2015)

July 13 – Hotel Transylvania 2

July 20 – Inside Out

July 27 – Mary Poppins

August 3 – The Good Dinosaur



Movies
under the
Stars

Things to Note:

Continuous and complementary shuttle service to and from event sites will be available throughout event hours. Refer to posted signs for designated parking areas.

As a safety precaution, dogs and other pets are not allowed within City-sponsored event premises; certified guide dogs and service animals exempt.

Additional information is available by calling the City’s Recreation Services Division at 909.839.7070 or going online to www.DiamondBarCa.gov/specialevents.

inside

May
and Summer

DBCONNECTION 2016 Community Recreation Guide

3-5 City News

6 Tiny Tots

10 Youths

16 Teens

19 Adults

23 Excursions

25 Seniors

29 Facilities & Map

30 Registration Form

STAYCONNECTED



FIND US



FOLLOW US



LIKE US



SCAN US



TRACK US



WATCH US



Annual Photo Contest Open for Entries



The City's popular Through My Lens Photo Contest is back for its ninth year.

Open to Diamond Bar residents of all ages, Through My Lens aims to raise community spirit while highlighting the best of Diamond Bar as captured through the camera lenses of contestants.

The photo contest is cosponsored by the City and the Diamond Bar Community Foundation (DBCF).

Entries from youth and adults will be scored separately in each of the five contest categories: People, Pets, Places, Nature and Digitally Altered.

Winning photographs and honorable mentions will be selected at the close of the contest in October, with the winners awarded congratulatory certificates as well as monetary prizes as follows: \$50 for honorable mentions, \$100 for winner, and \$150 for grand prize.

Winning entries will be also be showcased on the City's website and annual Calendar & Services Guide and the DBCF's Windmill magazine. The grand prize image will be added to the City Hall Photo Gallery that is located in the hallway nearest to the inner entrance to the Diamond Bar Library.

Complete contest rules and entry requirements are available at www.diamondbarca.gov/photocontest. Questions may be directed to the City's Public Information Division at 909.839.7057 or via e-mail at photocontest@diamondbarca.gov.

ON THE COVER

"City of Reeds" photo courtesy of Han Mook Kim
2015 Through My Lens Photo Contest Winner - Adult Nature

National Seat Belt Enforcement Mobilization



Sheriff's deputies from the Diamond Bar/Walnut Sheriff's Station will join thousands of law enforcement agencies in taking a "zero tolerance approach" to drivers and passengers who fail to observe seat belt laws during the annual Click It or Ticket mobilization.

Observed this year May 23 through June 5, Click It or Ticket is a nationwide seat belt enforcement campaign aimed at reducing the number of highway fatalities and injuries due to non-seat-belt use. Intensified enforcement will take place between 6:00 p.m. and 6:00 a.m. due to the significant number of nighttime violators and fatalities involving drivers or

passengers who were not wearing a seat belt.

California state law makes drivers responsible for seat belt compliance of all passengers in his or her vehicle. If the seat belt violator is 16 years of age or older, both the driver and the passenger may be cited. Offenses may also result in points to the violator's driving record, which could raise their car insurance rates.

For more information on Click It or Ticket, visit the National Highway Traffic Safety Administration website at www.nhtsa.gov/nhtsa/ciot.

Fire Preparedness Drill



The efficient and effective deployment of resources and personnel to fight a wildfire in heavily vegetated and mountainous terrain will be on the minds of Los Angeles County Fire and Sheriff's personnel when they take part in an annual fire preparedness drill.

The drill will take place in Tonner Canyon from Wednesday, May 18 through Friday, May 20 and involve various firefighting and law enforcement agencies from the counties of San Bernardino, Orange, Los Angeles and Riverside.

It will include a series of scenarios that will test participants' ability to work together to communicate, strategize, and deploy personnel and equipment to both aerial and ground firefighting operations. There is a possibility that between 8:00 a.m. and 2:00 p.m., homes within The Country Estates and those in close proximity to Tonner Canyon will notice the presence of fire personnel, fire apparatus and helicopters.

Tonner Canyon comprises approximately 5,700 acres of open space bordered by the cities of Diamond Bar, Chino Hills, Corona and Brea, with jurisdictional responsibility shared by the Counties of San Bernardino, Orange, Los Angeles and Riverside.

In 2010, the various fire departments that protect Tonner Canyon came up with the term SOLAR to identify the multi-county mutual threat zone and developed a unified communications plan to support a coordinated and collaborative emergency response to the area. The SOLAR Plan is tested every year during the annual fire preparedness drill, with modifications made as needed.

Here's a reminder that the 24th annual Letter Carriers' Stamp Out Hunger Food Drive is taking on Saturday, May 14. To participate, simply place your nonperishable food donations next to your mailbox on the morning of the Drive so that it can be picked up by your letter carrier when he or she delivers your mail. Acceptable items include canned soup or vegetables, pasta, rice and cereal. For more information, visit HelpStampOutHunger.com or call the Diamond Bar Post Office at 909.860.2469 or the Walnut Post Office at 909.444.7901.



Online Photo Gallery

If you have attended a City-sponsored special event, chances are that you have spotted the City photographer documenting the various festivities taking place. In addition to saving these photographs for historical purposes, the City also uses them to produce a variety of marketing materials. And, a select few make it onto the City's online photo gallery, available at www.diamondbarca.gov/photogallery.

Recent events posted to this gallery include the Earth Day Celebration held on April 23, the City Birthday Party celebrated on April 16 and the Easter Egg Hunt that took place on March 26.



Military Academy Night

High school students interested in learning more about the five U.S. service academies and the admissions process are encouraged to attend an informational event scheduled for Tuesday, May 17.

Hosted by U.S. Representative Ed Royce, the event will be held at Buena Park City Hall starting at 6:00 p.m. and feature representatives from the Military, Naval, Coast Guard, Merchant Marine and Air Force academies.

Buena Park City Hall is located at 6650 Beach Boulevard in Buena Park. For more information, contact Alexandria Walker at 714.255.0101 or alexandria.walker@mail.house.gov. Reservations are not required.

Free Emergency Response Training

Next month, the Los Angeles County Fire Department will be offering free training in basic response skills such as fire safety, emergency medical operations, and light search and rescue as part of its Community Emergency Response Team (CERT) training program.

Approved by the Federal Emergency Management Agency, the Emergency Management Institute and the National Fire Academy, CERT curriculum is designed to prepare individuals to take care of themselves, their family members and neighbors immediately following a disaster when the prioritization and allocation of emergency response resources is likely to leave many individuals or neighborhoods to rely on their own resources for first aid, food, water and shelter, often up to 3 days or longer.

The 21-hour CERT course will be taught in three class sessions taking place on Saturdays, June 4, 11 and 18 from 8:00 a.m. to 4:00 p.m. at the Western University Campus (RWC Building – Trindle Hall), which is located at 309 East 2nd Street in Pomona. Individuals must be at least 18 years of age to participate, and they must attend all three sessions to receive a certificate of completion.

Space is limited and advance registration is required by visiting www.fire.lacounty.gov/CERT. Registration will close Wednesday, October 29, or when all spaces are filled. CERT training related inquiries may be made by email to leticia.pacillas@fire.lacounty.gov.

2016 Sidewalk CPR Day



The start of June marks the observance of National CPR and AED Awareness Week, an occasion that aims to emphasize the importance of everyone learning the lifesaving skill of Hands-Only CPR.

According to the American Heart Association, 90 percent of people who suffer out-of-hospital cardiac arrests die. CPR, especially if performed immediately, can double or triple a cardiac arrest victim's chance of survival.

In observance with National CPR, firefighters from the Los Angeles County Fire Department will be holding Sidewalk CPR events in Diamond Bar and other cities to train members of the public how to perform "hands-only" CPR.

The training is free, takes only a few minutes, and pre-registration is not required. For a list of Sidewalk CPR training locations, visit www.fire.lacounty.gov or <http://cpr.heart.org/AHAEC>.



Free Home Energy Assessment Screenings

If your home is showing signs of energy waste such as varying temperatures from room to room, excessive dust, or high energy bills, a home energy assessment screening is a good first step to identifying and correcting trouble spots.

For a limited time, the San Gabriel Valley Council of Governments is offering these screenings free of cost to all Southern California Edison customers living in the San Gabriel Valley area as part of its Energy Assessment Screening for Your Home (EASY) program.

The screenings are conducted by members of CivicSpark, a climate action based program of the Local Government Commission, and conclude with a customized energy-saving action plan and information on rebates and incentive programs offered through Southern California Edison and the Southern California Gas Company.

For more information about the EASY program or to schedule your home assessment, visit www.sgvenergywise.org/easy or call 626.457.1800.



Recreation Registration Survey

Do you or a family enroll participate in City-sponsored recreational activities? How do you find out about the activities and how do you register? These are some of the questions the City is hoping residents will provide answers to via a brief survey, now available on the City website. The survey is aimed at assessing the City's recreational offerings and its marketing efforts with the intent to make improvements where necessary. The survey can be accessed by visiting www.diamondbarca.gov/survey. Thank you in advance for your feedback.



New Video Series Highlights DB Diners



Diamond Bar is home to more than 100 restaurants serving up a variety of cuisine options.

A large percentage of these restaurants are independent, privately-owned establishments that rely heavily on word-of-mouth to keep their tables filled.

As a means of supporting their efforts and providing a resource for residents, a few of years ago the City created a Diamond Bar Restaurant Guide listing restaurant locations and contact information as well the average entrée price and whether delivery or catering services were available.

In an effort to increase public awareness about Diamond Bar's dining

scene, last month the City debuted a video series that will highlight both new and well-established non-franchise restaurants.

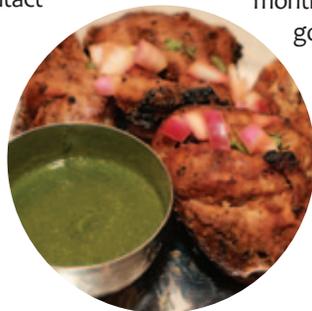
Titled "Dining out in Diamond Bar," the series will consist of 3-5 minute long episodes that will provide viewers with a behind-the-scenes peek into the restaurants' kitchens where the owners and chefs will share details about the ingredients and work that goes into preparing their menu items.

Episodes will be created every other month and aired on the City's government access channel and made available for on-demand viewing on the City website and YouTube channel.

The first episode showcasing Dilliwala Indian Kitchen, located



at 303 S Diamond Bar Boulevard, was produced and posted last month. It is airing through the end of month on Time Warner Channel 3 and Verizon FIOS Channel 47 on Monday, Wednesday and Friday at 11:00 a.m., 3:00 p.m., and 7:00 p.m. as well as Saturday and Sunday at noon, 5:00 p.m. and 7:00 p.m. It is also available for viewing any time on the City's website at www.diamondbarca.gov/videos and official YouTube page at www.YouTube.com/diamondbarca.



Tiny Tots

Oceans of Fun!

This enrichment program offers preschoolers ages 3 to 5 a safe, structured and fun learning environment where teachers provide a balanced curriculum of educational lessons, art and music, stories and play, as well as group activities that help participants build their sense of self-worth while preparing for Kindergarten and beyond. *Classes are ongoing, and new lessons are offered every session.*

Theme: Oceans of Fun!

Session Dates:

Monday, June 20 to Friday, August 12

8 Week Session

(No Class: Monday, July 4)

3 Year Old Class:

As their first introduction to a class setting, this is an opportunity for children to interact with their peers and practice being away from home for a block of time. Through fun and educational activities, participants are introduced to early learning such as colors, shapes, numbers and the alphabet, as well as art and music. Sharing and cooperative play is taught through group activities.

Days: Tuesday & Thursday

Time: 9 a.m. to 12:30 p.m.

Fee: \$224

AC: 705101 71 Heritage Park

4 - 5 Year Old Class:

Helpful to older children as they prepare to transition into the academic chapter of their lives. In addition to motor skills and social development, this program places emphasis on letter recognition, beginning math concepts and kindergarten readiness. Learning is accomplished through music, exercise, stories, games, community awareness and art projects.

Days: Monday, Wednesday & Friday

Time: 9 a.m. to 12:30 p.m.

Fee: \$322

AC: 705103 71 Heritage Park

Registration Dates:

Current participants: Monday, May 16

Diamond Bar residents new to Tiny Tots and those advancing from the 3-year-old class: Monday, May 23

Open registration: Tuesday, May 24

Registration is processed on a first-come, first-served basis. Early registration is recommended as space is limited.

3 Ways to Register:

IN PERSON

Diamond Bar Center, 1600 Grand Avenue

BY MAIL

City of Diamond Bar, Attn: Recreation-Tiny Tots

21810 Copley Drive, Diamond Bar, CA 91765

BY FAX

909.612.4580, Attn: Recreation-Tiny Tots

Registration Information:

A signed waiver of liability and emergency information card must be signed at the time of registration. Children must meet the age requirement, be potty-trained and wear regular underwear (not pull-ups) by the first day of the session. A birth certificate may be required. Please read the parent handbook for other class requirements.

Payment Options:

Payments may be made in full or in two equal installments. If paying in two installments, the first payment is due at the time of registration and the second half is due no later than the fourth week of the session. It is not intended to represent payment of one-half of the program. Once your child is enrolled in Tiny Tots, regardless of the payment option chosen, you are responsible for the full payment. Payments not made by the scheduled due date could result in the loss of your child's place in the Tiny Tots class of your choice. **Refunds are subject to a \$5 administrative fee.**



TOTS SPORTS

Kidz Love Soccer Weather Hotline: 888.372.5803

Mommy/Daddy & Me Soccer

As you and your toddler participate in fun, age-appropriate activities, your child will be developing large motor and socialization skills. All players receive a KLS jersey.

Instructor: Kidz Love Soccer

Location: Paul C. Grow Park

Age 2-3½ **Fee** \$82/5 wks

AC 741100 71

6/22-7/20 W 6:30-7:00 pm

AC 741100 72

8/3-8/31 W 6:30-7:00 pm

Tot/Pre Soccer

Little tykes will enjoy running and kicking as they learn soccer basics and build self-esteem in a nurturing, age-appropriate environment. Shin guards are required after the first meeting. All players receive a KLS jersey.

Instructor: Kidz Love Soccer

Location: Paul C. Grow Park

Age 3½-5 **Fee** \$82/5 wks

AC 741101 71

6/22-7/20 W 5:45-6:20 pm

AC 741101 72

8/3-8/31 W 5:45-6:20 pm

Mom & Me Multi-Sport

Introduction to soccer, basketball and tee-ball while learning the benefits of sportsmanship, sharing, and teamwork. All players receive a team shirt.

Instructor: TriFytt Sports

Location: Maple Hill Park, Basketball Courts

Fee \$109/8 wks

AC 741155 71

6/18-8/13 Sa 9:30-10 am

AC 741156 71

6/18-8/13 Sa 9-9:30 am

AC 741157 71

6/18-8/13 Sa 10-10:45 am

No class 7/2

Biddy Tee Ball League

Participants will have a great time playing tee ball and making new friends while learning the benefits of sportsmanship, sharing and teamwork. Players each receive a team shirt and medal. One week of practice will be followed by six weeks of games.

Instructor: TriFytt Sports

Location: Maple Hill Park, Field

Fee \$109/8 wks

AC 742156 71

6/18-8/13 Sa 12-12:30 pm

AC 742157 71

6/18-8/13 Sa 11:00-11:45 am

No class 7/2

Pee Wee Tennis Academy (Semi Private Lesson)

Ideal for young tennis enthusiasts wanting to learn the basics of forehand, backhand and volley. Participants must bring their own racquet. \$10 discount for every additional family member enrolled (must register in person). All make-ups must be made within the session. Maximum Four students per coach.

Instructor: Tennis Anyone

Location: Ronald Reagan Park, Tennis Courts

Age 3-6 **Time:** 4:15-5 pm

Days: Tuesday (Beginner/Int) &

Thursday (Int/Advanced)

AC 741111 71 1 day \$99/4 wks

6/21-7/14

AC 741111 72 1 day \$99/4 wks

7/19-8/11

AC 741111 73 1 day \$99/4 wks

8/16-9/8

AC 741112 71 2 days \$179/4 wks

6/21-7/14

AC 741112 72 2 days \$179/4 wks

7/19-8/11

AC 741112 73 2 days \$179/4 wks

8/16-9/8

Tot and Me Ice Skating

Learn how to skate forward and backward, stop, turn, and even glide on one foot. No prior skating experience needed. Students should wear gloves, hat and warm clothing. Please arrive 30 minutes early for skate fitting. Fee covers admission and skate rental fees for both the participant and one parent/guardian.

Instructor: Center Ice Coaches

Location: Center Ice Skating, 201 S. Plum Ontario 91762

Age 2-5 **Fee** \$82/5 wks

AC 742139 71

6/18-7/16 Sa 11-11:40 am

AC 742139 72

7/23-8/20 Sa 11-11:40 am

Ice Skating for Tots

Learn to skate across the ice forwards and backwards, stop, turn, and more! Skate rentals and public skating fees included. Students should wear gloves, hat and warm clothing. Please arrive 30 minutes early for skate fitting.

Instructor: Center Ice Coaches

Location: Center Ice Skating, 201 S. Plum Ontario 91762

Age 3-5 **Fee** \$62/5wks

AC 742140 71

6/18-7/16 Sa 11-11:40 am

AC 742140 72

7/23-8/20 Sa 11-11:40 am

Tumbling Tots-Parent & Me

Parent participation is required for this class that is designed to develop toddlers' eye-hand coordination, motor skills, balance and flexibility. Structured warm-up followed by obstacle course lessons. Participants must wear comfortable clothing.

Instructor: Charter Oak Gymnastics

Location: DBC, Oak Room

Age 2-3 **Fee** \$52/5 wks

AC 741150 71

5/31-6/28 Tu 2-2:40 pm

AC 741150 72

7/12-8/9 Tu 2-2:40 pm

Kiddie Gymnastics

Participants will jump, hop, tumble, and use motor skills to develop balance, rhythm and coordination in a non-competitive format. Comfortable clothing recommended.

Instructor: Charter Oak Gymnastics

Location: DBC, Oak Room

Age 4-5 **Fee** \$52/5 wks

AC 741151 71

5/31-6/28 Tu 2:45-3:25 pm

AC 741151 72

7/12-8/9 Tu 2:45-3:25 pm

Magical Steps Music Together, Parent & Me

The entire family is welcome to attend this class that facilitates children participating at his or her level in singing, moving, chanting, listening, watching or exploring musical instruments. The \$30 material fee per family includes songbook, parent education materials, and a CD of music used in class.

Instructor: Magical Steps Staff

Location: Magical Steps Academy

818 N. Diamond Bar Blvd, Diamond Bar 91765

Age 0-5 **Fee** \$170/10 wks

AC 741269 71

5/31-8/9 Tu 9-9:45 am

No class 7/5

AC 741269 72

5/31-8/9 Tu 10-10:45 am

No class 7/5

AC 741269 73

6/1-8/10 W 9-9:45 am

No class 7/6

AC 741269 74

6/1-8/10 W 10-10:45 am

No class 7/6



TOTS SPORTS & ENRICHMENT

Pretty Princess Dance Series

Stretch your imagination and your toes in this class based on favorite Princess stories: Cinderella, Elsa, Sleeping Beauty, Belle, Fairy Princesses, and others. Through story dancing and the use of basic elements of dance, children will explore elements of ballet. Dress up optional but encouraged.

Instructor: Magical Steps Staff
Location: Magical Steps Academy
 818 N. Diamond Bar Blvd, Diamond Bar 91765
Fee \$60/10 wks

AC 741255 71 **Age 3-5**
 5/31-8/9 Tu 4:15-4:45 pm

No Class 7/5
AC 741256 71 **Age 3-5**
 6/6-8/15 M 7-7:30 pm

No Class 7/4
AC 741257 71 **Age 2-3**
 6/4-8/13 Sa 10:30-11 am

No Class 7/2
AC 741257 72 **Age 3-5**
 6/4-8/13 Sa 11-11:30 am

No Class 7/2

Dancing with Teddy

Scarves and teddy bears are used to add an element of fun and help develop participants' coordination and movement as well as their knowledge of basic ballet terms. Participants should bring their favorite teddy bear to class.

Instructor: Magical Steps Staff
Location: Magical Steps Academy
 818 N. Diamond Bar Blvd, Diamond Bar 91765
Fee \$60/10 wks

AC 741258 71 **Age 3-5**
 5/31-8/9 Tu 4:45-5:15 pm

No Class 7/5
AC 741258 71 **Age 2-3**
 6/1-8/10 W 4:45-5:15 PM

No Class 7/6

Intro to Kids Hip Hop

Through fun activities and proper dance techniques, participants will be guided so that they develop their own unique hip-hop dance style. Closed-toe shoes required.

Instructor: Lizette Pineda
Location: DBC, Sycamore Room
Age 5-6 **Fee** \$89/5 wks

AC 742317 72 W 4-5 pm

(No class 6/22)
AC 742317 73 W 4-5 pm
 7/13-8/10

Sports Jam

Athletic-minded children who also like dancing will enjoy this class, which uses drills and dance techniques to improve participants' athletic ability. Children must bring their own football, basketball or baseball glove.

Instructor: Lizette Pineda
Location: Pantera Park, Basketball Court
Age 6+ **Fee** \$89/4 wks

AC 742318 71 M 10-11 am
 7/11-8/1

AC 742318 72 Th 10-11 am
 7/7-7/28

Baby Ballerina and Me

This is a parent-assisted class focusing on basic steps and short dance routines, where participants benefit from an improved body awareness, coordination and flexibility. Returning students will work on improving basic skills, learn new poses and may participate in a recital.

Instructor: Tippi Toes Staff
Location: DBC, Pine Room (W),
 Sycamore Room (Sa)

Age 1½ - 3 **Fee** \$54/5 wks
AC 741309 71

6/8-7/6 W 10:00-10:35 am

AC 741309 72 W 10:00-10:35 am
 7/20-8/17

AC 741309 73 Sa 10:45-11:30 am
 6/4-7/2

AC 741309 74 Sa 10:45-11:30 am
 7/16-8/13

Baby Ballet Level 1

Children will be introduced to music, movement and balance to help them develop motor skills and imagination while building self-confidence, social skills, muscular development and coordination. Returning students will work on improving basic skills, learn new poses, and may participate in a recital. Comfortable clothing required.

Instructor: Tippi Toes Staff
Location: DBC, Sycamore Room (Th/Sa)
 Pine Room (W)

Age 3-5 **Fee** \$54/5 wks
AC 741311 71

6/8-7/6 W 10:10-10:55 am

AC 741311 72 W 10:10-10:55 am
 7/20-8/17

AC 741311 73 Th 5-5:45 pm
 6/9-7/7

AC 741311 74 Th 5-5:45 pm
 7/21-8/18

AC 741311 75 Sa 9:15-10 am
 6/4-7/2

AC 741311 76 Sa 9:15-10 am
 7/16-8/13

Baby Ballet Level 2

Participants will learn the joy, wonder and benefits of dance. Previous dance experience required for children age 4; children ages 5 to 6 may be a new or continuing student. Returning students will work on improving basic skills and learning new poses, and may participate in a recital. Comfortable clothing required; tap shoes optional.

Instructor: Tippi Toes Staff
Location: DBC, Sycamore Room
Age 4-6 **Fee** \$54/5 wks

AC 741313 71 Th 4:05-4:50 pm
 6/9-7/7

AC 741313 72 Th 4:05-4:50 pm
 7/21-8/18

AC 741313 73 Sa 8:15-9 am
 6/4-7/2

AC 741313 74 Sa 8:15-9 am
 7/16-8/13

Ballet & Tap Combo

Basics of ballet and tap will help participants build their self-confidence, social skills, muscular development and coordination. Returning students will work on improving basic skills, learning new poses, and may participate in a recital. Tap shoes required; they will be worn for the last 20 minutes of class.

Instructor: Tippi Toes Staff
Location: DBC, Sycamore Room
Age 3-5 **Fee** \$54/5 wks

AC 741310 71 Sa 11-11:45 am
 6/4-7/2

AC 741310 72 Sa 11-11:45 pm
 7/16-8/13

Pre-School Drawing – Young Rembrandts

Designed to meet State Standards for Visual Arts, this class helps children develop drawing skills that will prepare them for Kindergarten. Materials included.

Instructor: Young Rembrandts Staff
Location: DBC, Maple Room
Age 3½-5 **Fee** \$67/6 wks

AC 741314 71 M 3-3:45 pm
 6/13-7/25

No class 7/4

Let's Learn Spanish

Children will learn Spanish vocabulary and everyday conversation skills via stories, songs, poems, crafts, and games. Class is taught by a credentialed teacher.

Instructor: Lizbeth Klein
Location: City Hall, Willow Room
Fee \$62/5 wks

AC 741331 71 Th 10-10:45 am
 6/2-6/30

AC 741331 72 Th 10-10:45 am
 7/14-8/11



YOUTH DAY CAMP

Summer Day Camp 2016

Make new friends and take part in a variety of activities that include arts and crafts, sports, games, and fun trips. Each week features one major excursion and two minor trips, including a visit to a local pool. Campers are supervised by trained, experienced, caring, responsible Camp leaders, with a child to leader ratio of 10-1.

Location: Heritage Park, 2900 S. Brea Canyon Road

Ages: 6-12 (new participants under the age of 8 must provide age verification upon registration.)

Dates: May 31 - August 12 (11 weeks)

Days: Monday - Friday

Times: 7 am-6 pm

Fee: \$165 per week (\$155 weeks 1 and 6)

Registration is ongoing until camp is full. If a camp week reaches its enrollment capacity, a waiting list will be created in the event space opens up.

A completed Day Camp Registration Form (including a signed waiver) is due at the time of registration. Complete registration packets are available online at www.DiamondBarCA.gov/summercamp or at the Diamond Bar Center and City Hall. Call 909.839.7070 for more information.

Registration Information:

Registration options are available for attendance. You may register for any number of weeks. Weeks may be reserved in advance with a \$65 per week, non-refundable, non-transferable deposit. **Final weekly balances MUST be paid in full by the Monday prior to the start of the reserved week.** Refund requests must be received two weeks in advance and will only be considered for weeks paid in full at the time of registration. Refunds are subject to a \$5 administrative fee. Weekly fees include major and minor excursions and one camp T-shirt. (Additional shirts may be purchased for \$10). Campers must provide their own lunch.

4 Ways To Register:

IN PERSON

Diamond Bar Center – 1600 S. Grand Avenue, Diamond Bar, CA 91765

BY MAIL

Diamond Bar Recreation Services – 21810 Copley Drive, Diamond Bar, CA 91765

BY FAX

909.612.4580

ONLINE

www.DiamondBarCA.gov



Week 1: May 31 - June 3 "Jumping and Jousting"

Castle Park • Jumping Jacks
AC 703201 71

Week 2: June 6 - June 10 "Adventures Await"

Jurupa Valley Discovery Center
Santa Ana Zoo
AC 703202 71

Week 3: June 13 - June 17 "H₂ OOOHH"

Splash Kingdom • California Science Center
AC 703203 71

Week 4: June 20 - June 24 "Let the Good Times Roll!"

L.A. Sparks Basketball • Fairplex Farm
AC 703204 71

Week 5: June 27 - July 1 "Saddle Up!"

Knott's Berry Farm • Harkins Theater
AC 703205 71

Week 6: July 5 - July 8 "Red, White and Boom!"

La Mirada Splash • Johns Incredible Pizza
AC 703206 71

Week 7: July 11 - July 15 "The Sea We Will See!"

California Adventure
Cabrillo Marine Aquarium
AC 703207 71

Week 8: July 18 - July 22 "Lights, Camera, Action!"

El Capitan • Laser Quest
AC 703208 71

Week 9: July 25 - July 29 "Sky's the Limit!"

Big Air Trampoline Park • Skate Express
AC 703209 71

Week 10: August 1 - August 5 "Fantasy, Flair, and Fun!"

Disneyland • Oak Tree Lanes
AC 703210 71

Week 11 August 8 - August 12 "Bon Voyage!"

Raging Waters • Corona Del Mar
AC 703211 71

Excursions dates and places are subject to change.



Youth Summer Baseball League

Enjoy America's pastime in this great hometown league, designed for boys and girls ages 4-11! This program is designed to build self-esteem and enhance fundamentals and skills in a fun and positive environment. Children ages 4-5-6 will play using a coach pitch/tee ball format. Participants in the Double A division (7-8-9 year olds) and the Triple A division (9-10-11 year olds) will face pitches from their peers. Players in the Triple A division will be allowed to lead-off.

Registration continues until leagues are full. Ages will be determined as of August 13. Practices begin the week of June 13, followed by games on July 5. The program will wrap up with the popular season-ending baseball picnic at Heritage Park on August 13.

Volunteer coaches are essential to the success of this program. Please call 909.839.7073 if you are interested in coaching.

Fee: \$89 per participant (includes t-shirt, hat and participation trophy), \$5 discount for each additional child (from the same family) registered.

Skills Day: Saturday, June 11

Location: Heritage Park Baseball Field

Times:

Ages 7-8-9 (AA)

Last Name: A-L, 8:00 am • M-Z, 9:00 am

Ages 9-10-11 (AAA)

Last Name: A-L, 10:00 am • M-Z, 11:00 am



FAQs

Can my children play together on the same team?

Siblings who live in the same household and play in the same age division will always be placed on the same team. Children are allowed to "play-up" one division (play in a division above their age group), however they are not allowed to play-down.

May I request that my child be placed with the same coach as last year? Or on the same team as a friend?

Requests are taken at registration, but are not guaranteed. During the player draft, coaches will be notified of all requests. Our goal is to have balanced teams, for that reason coaches are not required to honor these requests. Our department facilitates recreation-based sports activities where emphasis is placed on children having fun, meeting new people, and experiencing different coaching styles.

When is practice?

Practices are held on weekdays, with start times usually from 5-7 pm. Each team typically practices once per week, with practices lasting one hour. Practices are determined by the coaches, after the player draft. Schedules may vary depending on the coaches' availability. Coaches will notify parents as to practice times and locations

When are games held?

Games are played on Mondays, Tuesdays, and Thursdays. Some AA and AAA games will be played on Saturday mornings. Games are played at Peterson Park (4-6 year olds) and Heritage Park (7-11 year olds).

Three ways to register:

WALK IN

Diamond Bar Center, 1600 Grand Avenue, Diamond Bar, CA 91765

MAIL IN

City of Diamond Bar, Attn: Youth Sports, 21810 Copley Drive, Diamond Bar, CA 91765

FAX IN

909.612.4580

Registrants must use the youth sports registration form accompanied by payment, signed parent's code of ethics and age verification (for first time participants only). Forms available on the City's website, and can be picked up in person at the Diamond Bar Center or City Hall.



YOUTH CAMPS

Robots 101

Learn about robotics and the science of circuitry, experiment with robots that can sense sound, follow patterns, and even play soccer. Campers will build and take home a new robot. (\$30 material fee payable to the instructor on the first day of class.)

Instructor Mad Science

Location Peterson Park, Picnic Area by Playground

Age 5-12 **Fee** \$152/1 wk

AC 742215 71
6/13-6/17 M-F 9 am-12 pm

MSI: Mad Science Investigates

Camp combines engineering, zoology, oceanography, forensics and meteorology. Investigate the world - both land and sea, take apart an owl pellet to see what birds of prey can digest, build their own race car, re-create the scenes of a crime, and much more. (\$30 material fee payable to the instructor on the first day of class.)

Instructor Mad Science

Location Peterson Park, Picnic Area by Playground

Age 5-12 **Fee** \$142/1 wk

AC 742216 71
6/27-7/1 M-F 9 am-12 pm

"Fizz"-ical Phenomena and Che-Mystery

Experiment with different chemicals and tools to see what kind of crazy reactions happen. Campers will concoct their own fizzy sweet treat. **Important Disclaimer: Notify instructor of any food intolerance.** (\$30 material fee payable to the instructor on the first day of class.)

Instructor Mad Science

Location Peterson Park, Picnic Area by Playground

Age 5-12 **Fee** \$142/1 wk

AC 742217 71
7/11-7/15 M-F 9 am-12 pm

Little Scientist Preschool Lab

Investigate and cultivate your interest in life sciences and learn about insects, weather, plants, and soil with hands-on experiments in this week-long lab. Participants must be potty-trained. (\$30 material fee payable to the instructor on the first day of class.)

Instructor Mad Science

Location Peterson Park, Picnic Area by Playground

Age 3-5 **Fee** \$142/1 wk

AC 741213 71
7/25-7/29 M-F 9 am-12 pm

Star Wars Space Adventures

Inspired by NASA and Star Wars™, our Space Adventures Camp is packed full of models that will have campers learning about real-life space exploration.

Instructor Bricks 4 Kidz

Location City Hall, Windmill Room

Age 5-13 **Fee** \$157/1 wk

AC 742325 71
7/11-7/14 M-Th 9:30 am-12 pm

Video Game Design-MineScratch

Dive into the exciting world of computer coding through the MIT-developed Scratch block-based application designed to make it simple for anyone to learn programming. Create projects such as an epic space battle game or use other Minecraft-like applications.

Instructor Code To The Future

Location Pantera Park Activity Room

Age 7-12 **Fee** \$207/1 wk

AC 742420 71
8/8-8/12 M-F 9 am-12 pm

Minecraft Modding-Javascript

Make the full transition from player to content creator in this class designed for quick learners or those with block-based coding experience. Create and craft a sword out of bananas, or spawn a flying golden cow in Java by making a mod for Minecraft - a professional, text-based coding program.

Instructor Code To The Future

Location Pantera Park Activity Room

Age 9-14 **Fee** \$207/1 wk

AC 742421 71
8/8-8/12 M-F 1-4 pm

Pre-Engineering w/ LEGO

Build engineer-designed projects such as boats, bridges, mazes and motorized cars, and create your own unique design with the guidance of an experienced Play-Well instructor. Ideal prep course for Engineering FUNDamentals.

Instructor Play-Well TEKologies.

Location Pantera Park Activity Room

Age 5-7 **Fee** \$195/1 wk

AC 742323 71
6/13-6/17 M-F 9 am-12 pm

Engineering FUNDamentals with LEGO®

Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as arch bridges, skyscrapers, motorized cars, and the Battletrack. An experienced instructor will challenge students to engineer at the next level.

Instructor Play-Well TEKologies

Location Pantera Park Activity Room

Age 8-11 **Fee** \$195/1 wk

AC 742323 72
6/13-6/17 M-F 1-4 pm

Jedi Engineering with LEGO®

Explore engineering principles by designing and building LEGO X-Wings, R2 Units, Energy Catapults, Defense Turrets, and Settlements from a galaxy far, far away.

Instructor Play-Well TEKologies

Location Pantera Park Activity Room

Age 5-7 **Fee** \$195/1 wk

AC 742324 71
7/25-7/29 M-F 9 am-12 pm

Jedi Master Engineering with LEGO®

Discover key engineering concepts such as gear trains, worm drivers, pneumatics, and eccentric motion. Build LEGO X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, Settlements, Fortresses, and other machines and structures.

Instructor Play-Well TEKologies

Location Pantera Park Activity Room

Age 8-11 **Fee** \$195/1 wk

AC 742324 72
7/25-7/29 M-F 1-4 pm

Basketball Camp - TriFytt

Beginners to advanced basketball players receive coaching techniques on skills and game situations. Learn new techniques and tactics, along with sportsmanship, discipline, and teamwork. Participants receive camp shirt and ball.

Instructor TriFytt Sports

Location Pantera Park, Basketball Courts

Age 6-12 **Fee** \$139/1 wk

AC 742158 71
6/20-6/24 M-F 9 am-12 pm

AC 742158 72
8/8-8/12 M-F 9 am-12 pm

Basketball Camp - Campus Basketball

Camp offers basketball basics; ball handling, shooting, defense and footwork, in a friendly constructive atmosphere.

Instructor Campus Basketball

Location Mount Calvary Lutheran School

Age 7-13 **Fee** \$190/1 wk

AC 742160 71
6/6-6/10 Tu-F 9 am-12 pm

AC 742160 72
6/13-6/17 M-F 9 am-12 pm

Point Guard Skills Course

For players to develop their basketball skills while building on the fundamentals. Test new skills and strategy through interactive group activities. Ball handling mechanics, precision passing, basketball IQ, footwork, and agility.

Instructor Campus Basketball

Location Pantera Park, Basketball Courts

Fee \$177/8 wks

AC 742159 71 **Age** 6-9

6/17-8/5 F 6-7 pm

AC 742160 71 **Age** 10-13

6/17-8/5 F 7-9 pm

No class 6/24 & 7/1

Famous Summer Tennis Camp

All playing levels will enjoy taking part in on-court games and drills, hit for prizes, training to music, and creative ball decorating contest. Students earn tennis skills to help them reach the next level.

Instructor Tennis Anyone

Location Maple Hill Park

Age 7-15 **Fee** \$109/1 wk

AC 742121 71
7/5-7/8 Tu-F 8:30-11:30 am

AC 742121 72
7/11-7/14 M-Th 8:30-11:30 am



YOUTH SPORTS

Soccer 1: Techniques & Teamwork

Dribbling, passing, receiving, shooting, defense and other soccer basics will be taught in this class, with small-scale soccer matches gradually introduced. Shin guards are required. Participants receive a KLS jersey.

Instructor: Kidz Love Soccer

Location: Paul C. Grow Park

Age 5-6 **Fee** \$82/5 wks

| | | |
|--------------|---|-----------|
| AC 742103 71 | | |
| 6/22-7/20 | W | 5-5:45 pm |
| AC 742103 72 | | |
| 8/3-8/31 | W | 5-5:45 pm |

**KIDZ LOVE SOCCER WEATHER
HOTLINE: 888.372.5803**

Soccer 2: Skillz & Scrimmages

Advanced skill building: dribbling, passing and shooting in a team play format. Games and scrimmages are designed to build individual skills as well as improve teamwork and positional play. Shin guards are required. Participants receive a KLS jersey.

Instructor: Kidz Love Soccer

Location: Paul C. Grow Park

Age 7-10 **Fee** \$82/5 wks

| | | |
|--------------|---|-----------|
| AC 742104 71 | | |
| 6/22-7/20 | W | 4:15-5 pm |
| AC 742104 72 | | |
| 8/3-8/31 | W | 4:15-5 pm |

Mom & Me Multi-Sport

Introduction to soccer, basketball and tee-ball while learning the benefits of sportsmanship, sharing, and teamwork. All players receive a team shirt.

Instructor: TriFytt Sport Instructors

Location: Maple Hill Park, Basketball Courts

Age 3-5 **Fee** \$109/8 wks

| | | |
|---------------------|----|-------------|
| AC 741157 71 | | |
| 6/18-8/13 | Sa | 10-10:45 am |
| No class 7/2 | | |

Biddy Tee Ball League

Participants will have a great time playing tee ball and making new friends while learning the benefits of sportsmanship, sharing and teamwork. Players each receive a team shirt and medal. One week of practice will be followed by six weeks of games.

Instructor: TriFytt Sports

Location: Maple Hill Park, Field

Fee \$109/8 wks

| | | |
|---------------------|----|----------------|
| AC 742157 71 | | |
| 6/8-8/13 | Sa | 11 am-11:45 pm |
| No class 7/2 | | |

| | | |
|---------------------|----|---------------|
| AC 742158 71 | | |
| 6/18-8/13 | Sa | 12:30-1:15 pm |
| No class 7/2 | | |

Basketball

Learn to dribble, shoot and other game basics through fun games, skills and drills presented in a safe and educational environment. Every participant receives a shirt.

Instructor: TriFytt Sport Instructors

Location: Pantera Park, Basketball Court

Fee \$109/8 wks

| | | |
|--------------|----|-----------|
| AC 742153 71 | | |
| 6/23-8/18 | Th | 5-5:45 pm |
| AC 742153 72 | | |
| 6/23-8/18 | Th | 6-6:45 pm |
| AC 742153 73 | | |
| 6/23-8/18 | Th | 7-8 pm |

No class 7/7

Biddy Soccer League

Sportsmanship, sharing and teamwork will be emphasized. Everyone will receive team shirt and medal. The first week is practice and team assignments, with games played during the remaining meets.

Instructor: TriFytt Sports

Location: Summitridge Park, Outfield

Fee \$89/8 wks

| | | |
|--------------|----|----------------|
| AC 742154 71 | | |
| 7/9-8/13 | Sa | 9-9:45 am |
| AC 742154 72 | | |
| 7/9-8/13 | Sa | 10-10:30 am |
| AC 742154 73 | | |
| 7/9-8/13 | Sa | 10:30-11:15 am |

Junior Tennis Academy - Beginning/Intermediate

Learn the major strokes of the game (forehand, backhand, volley, and serve) while taking part in fun drill that include King of the Hill, Tennis Baseball and Tennis Line Tag. There are five mastery levels in this group that students will be tested on for progress. Players age 13 and older should register for the Junior Tennis Academy-Advanced course, regardless of skill level.

Instructor: Tennis Anyone

Location: Ronald Reagan Park Tennis Courts

Age 7-13

Days: Monday, Tuesday, Thursday

Time 5-6:30 pm

Please indicate your choice of 1, 2 or 3 days per week.

| | | |
|----------------------|--------|-------------|
| AC 642111 63 | 1 Day | \$73/4 wks |
| 5/23-6/16 | | |
| AC 742111 71 | 1 Day | \$74/4 wks |
| 6/20-7/14 | | |
| AC 742111 72 | 1 Day | \$74/4 wks |
| 7/18-8/11 | | |
| AC 742111 73 | 1 Day | \$74/4 wks |
| 8/15-9/8 | | |
| AC 642112 63 | 2 Days | \$103/4 wks |
| 5/23-6/16 | | |
| AC 742112 71 | 2 Days | \$109/4 wks |
| 6/20-7/14 | | |
| AC 742112 72 | 2 Days | \$109/4 wks |
| 7/18-8/11 | | |
| AC 742112 73 | 2 Days | \$109/4 wks |
| 8/15-9/8 | | |
| AC 642113 63 | 3 Days | \$129/4 wks |
| 5/23-6/16 | | |
| AC 742113 71 | 3 Days | \$139/4 wks |
| 6/20-7/14 | | |
| AC 742113 72 | 3 Days | \$139/4 wks |
| 7/18-8/11 | | |
| AC 742113 73 | 3 Days | \$139/4 wks |
| 8/15-9/8 | | |
| No Class 5/30 | | |



Tennis participants must bring their own racquet. Make-ups must be made within the session; students may attend any tennis class at their same level. \$10 discount for each additional family member; in person or by phone order only. For more information, visit www.TennisAnyone.info. Rainout line: 909.625.2060.



YOUTH SPORTS

Junior Tennis Academy - Advanced

Designed for students to reach match play-level; players must have either attained all 5 mastery levels in the Beg./Int. Junior Academy or be able to rally with proper form from the baseline. Focus placed on learning both topspin and slice, as well as executing the right shot at the right time. Techniques such as topspin and slice, as well as timing when and how to lob, drop shot, hit an overhead or volley will be taught. Two mastery levels will be used to note student progress.

Instructor: Tennis Anyone

Location: Ronald Reagan Park Tennis Courts

Age 7-17

Days: Monday, Tuesday, Thursday (6:30-8:30 pm)
Wednesdays (4:30-6:30 pm)

Please indicate choice of 1, 2 or 3 days per week.

AC 642118 63 1 Day \$83/4 wks

5/23-6/16

AC 742118 71 1 Day \$84/4 wks

6/20-7/14

AC 742118 72 1 Day \$84/4 wks

7/18-8/11

AC 742118 73 1 Day \$84/4 wks

8/15-9/8

AC 642119 63 2 Days \$113/4 wks

5/23-6/16

AC 742119 71 2 Days \$119/4 wks

6/20-7/14

AC 742119 72 2 Days \$119/4 wks

7/18-8/11

AC 742119 73 2 Days \$119/4 wks

8/15-9/8

AC 642120 63 3 Days \$133/4 wks

5/23-6/16

AC 742120 71 3 Days \$149/4 wks

6/20-7/14

AC 742120 72 3 Days \$149/4 wks

7/18-8/11

AC 742120 73 3 Days \$149/4 wks

8/15-9/8

No Class 5/30

Small Group Tennis Clinic

Designed to give players more hands-on instruction, groups in this clinic vary in size from 2 to 4 students per coach. Students will be grouped with other players based on level and age.

Instructor: Tennis Anyone

Location: Ronald Reagan Park Tennis Courts

Age 7-17

Days/Time:

All Levels: Mon, Tues, Wed, Thurs (8:30-9:30 pm)

Beginner: Wed (4:30-5:30 pm)

Intermediate/Advanced: Wed (5:30-6:30 pm)

AC 642106 63 1 Day \$99/4 wks

5/23-6/16

AC 742106 71 1 Day \$103/4 wks

6/20-7/14

AC 742106 72 1 Day \$103/4 wks

7/18-8/11

AC 742106 73 1 Day \$103/4 wks

8/15-9/8

AC 642107 63 2 Days \$179/4 wks

5/23-6/16

AC 742107 71 2 Days \$183/4 wks

6/20-7/14

AC 742107 72 2 Days \$183/4 wks

7/18-8/11

AC 742107 73 2 Days \$183/4 wks

8/15-9/8

AC 642108 63 3 Days \$249/4 wks

5/23-6/16

AC 742108 71 3 Days \$253/4 wks

6/20-7/14

AC 742108 72 3 Days \$253/4 wks

7/18-8/11

AC 742108 73 3 Days \$253/4 wks

8/15-9/8

AC 642109 63 4 Days \$288/4 wks

5/23-6/16

AC 742109 71 4 Days \$292/4 wks

6/20-7/14

AC 742109 72 4 Days \$292/4 wks

7/18-8/11

AC 742109 73 4 Days \$292/4 wks

8/15-9/8

No Class 5/30

Future Tennis Star Player Package

Experience the benefits of training two days per week in the Advanced Academy and participating in one Small Group Tennis Clinic per week to focus on game specifics. Monthly Round Robin Tournament competitions. Save \$38 with the Player's Package. No make ups for classes or events missed.

Instructor: Tennis Anyone

Location: Ronald Reagan Park Tennis Courts

Age 7-17

Days/Time:

Advanced: Mon, Tues, Thurs (6:30-8:30 pm) &

Wed (4:30-6:30 pm)

Small Group: Int/Adv: Wed (5:30-6:30 pm)

All Levels: Mon, Tues, Wed, Thurs (8:30-9:30 pm)

Tournaments: Sat - 6/18, 7/16 & 8/20 (2-4:30 pm)

@ Carbon Canyon Park, Brea

AC 642124 63 \$199/4 wks

5/23-6/16

AC 742124 71 \$199/4 wks

6/20-7/14

AC 742124 72 \$199/4 wks

7/18-8/11

AC 742124 73 \$199/4 wks

8/15-9/8

Harmony Aikido

This modern martial arts class utilizes effective self-defense through complete control. Students will learn self-control, increase physical conditioning, balance and flexibility, and build self-confidence. Wooden hardware are used, such as the bokken (replica sword), Jo (staff) and Tanko (replica knife), to strengthen joints and muscles, while helping align the body for correct techniques.

Instructor: Ethan Tam

Location: DBC, Oak Room

Age 6+

AC 744531 71

6/2-8/4

Th

Fee \$63/10 wks

Age 6+

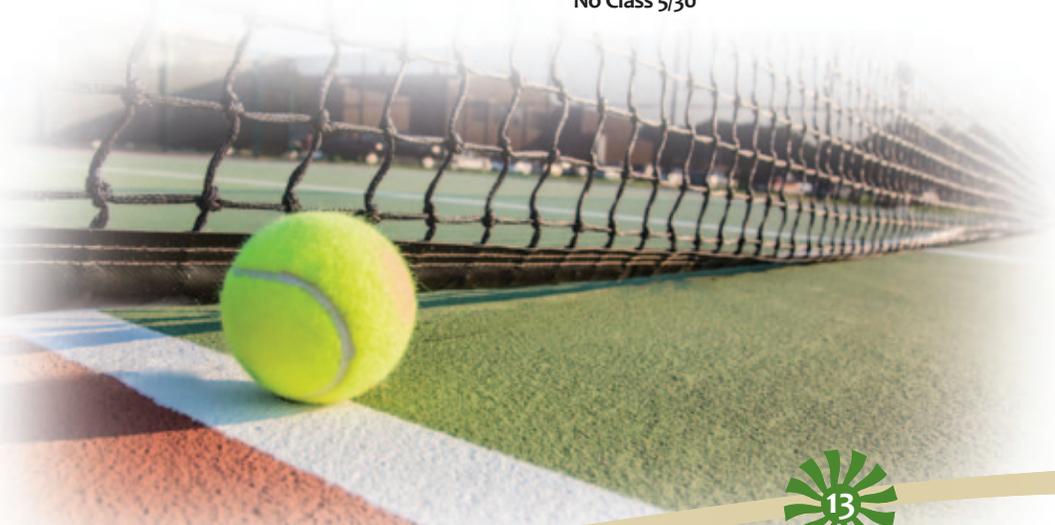
AC 844531 81

9/1-11/17

Th

5:30-7 pm

No class in December



YOUTH SPORTS & ENRICHMENT

Wing Chun Kung Fu

Learn the history and tradition of classical Wing Chun Kung Fu, Disui and Wudang Kung Fu. Students will learn how to surpass their personal goals through discipline and the traditional values of Kung Fu. A discount will be given for each additional family member; \$10 off 1 Day or \$15 off 2 days. Discount cannot be given online. Optional uniform T-shirts for purchase from instructor.

Instructor: Tom Wong

Location: DBC, Oak Room

Age 10+

Days/Time: Mon (8-9 pm)

Sat (11:15 am-12:30 pm)

AC 742541 71
5/28-6/20 1 Day \$87/4 wks

No Class 5/30

AC 742541 73
7/2-7/25 1 Day \$87/4 wks

No Class 7/4

AC 742541 74
7/30-8/20 1 Day \$87/4 wks

AC 742541 72
5/28-6/20 2 Days \$127/4 wks

No Class 7/4

AC 742542 71
7/2-7/25 2 Days \$127/4 wks

No Class 7/4

AC 742542 72
7/30-8/20 2 Days \$127/4 wks

Pee Wees Basic Jiu Jitsu

Brazilian Jiu Jitsu is known for being one of the most effective self-defenses that exist. It is a mix of wrestling and judo. This is a basic level course.

Instructor: Renato Migliaccio

Location: 18856 Amar Rd, Suite 4, Walnut 91789

Age 5-8 **Fee** \$204/10 wks

AC 742501 71
6/6-8/10 M/W 4-5 pm

No class 7/4

Juniors Basic Jiu Jitsu - Level One

A combination of wrestling and Judo, Brazilian Jiu Jitsu is recognized as a very effective self-defense art. This is a basic level course.

Instructor: Renato Migliaccio

Location: 18856 Amar Rd, Suite 4, Walnut 91789

Age 9-13 **Fee** \$204/10 wks

AC 742502 71
6/6-8/10 M/W 5-6 pm

No class 7/4

Ice Skating

Learn the fundamentals of ice skating from certified U.S. Figure Skating Association instructors. Class fee includes skate rental and practice time during public skate sessions on lesson day. Students should wear gloves, hat and warm clothing. Please arrive 30 minutes early for skate fitting.

Instructor: Center Ice Coaches

Location: Center Ice Arena,
201 S. Plum, Ontario 91762

Age 6-12 **Fee** \$62/5 wks

AC 742141 71
6/18-7/16 Sa 11-11:40 am

AC 742141 72
7/23-8/20 Sa 11-11:40 am

Intro to Dance: Ballet, Tap & Jazz

Develop rhythm, strength and coordination: with fun music and an enthusiastic instructor. This class teaches the fundamentals of ballet, tap and jazz. Ideal for children new to dance or continuing on from Baby Ballet. Dance attire and ballet shoes encouraged.

Instructor: Tippi Toes

Location: DBC, Sycamore Room

Age 7-9 **Fee** \$54/5 wks

AC 742304 71
6/6-7/11 M 5:15-6 pm

No class 7/4
AC 742304 72
7/18-8/15 M 5:15-6 pm

Intro to Kids Hip Hop

Put on your favorite outfit and comfortable shoes and come learn proper hip hop techniques to develop your own unique dance style. No open toe shoes.

Instructor: Lizette Pineda

Location: DBC, Sycamore Room

Age 7-12 **Fee** \$89/5 wks

AC 742317 71
6/1-7/6 W 5-6 pm

No class 7/6
AC 742317 72
7/13-8/10 W 5-6 pm

Beginning Gymnastics

Basic moves will be introduced including balance beam, spring board, and tumbling equipment. Wear comfortable clothing.

Instructor: Charter Oak Gymnastics

Location: DBC, Oak Room

Age 6-12 **Fee** \$52/5 wks

AC 742152 71
5/31-6/28 Tu 3:30-4:10 pm

AC 742152 72
7/12-8/9 Tu 3:30-4:10 pm

Intro to Piano

Learn basic theory and keyboard fundamentals such as rhythm, note reading and technique. By the end of the course, students will be able to count rhythms out loud, read musical notation on the treble and bass staff. \$16 material fee payable to instructor at first class.

Instructor: Magical Steps Staff

Location: Magical Steps Academy

818 N. Diamond Bar Blvd.

Age 7-12 **Fee** \$155/10 wks

AC 742256 71
5/31-8/9 Tu 6-6:50 pm

No class 7/5

Intro to Guitar

Learn basic theory and keyboard fundamentals such as rhythm, note reading and technique. By the end of the course, students will be able to count rhythms out loud, read musical notation on the treble and bass staff. \$9 material fee payable to the instructor at first class.

Instructor: Magical Steps Staff

Location: Magical Steps Academy

818 N. Diamond Bar Blvd

Age 7-12 **Fee** \$155/10 wks

AC 743265 71
6/2-8/11 Th 6-6:50 pm

No class 7/7

Masterpieces with Pencils and Pastels

Explore basic design, perspective, animal art, portraiture and art history. Create new projects each week. \$5 material fee is payable to instructor at first class.

Instructor: Kathy Breaux

Location: DBC, Maple Room

Age 6-12 **Fee** \$61/5 wks

AC 742461 71
6/7-7/5 Tu 4-5 pm



YOUTH ENRICHMENT

Fun Acrylic Painting

Learn color mixing, landscape, animal art, and figurative art. Students will create a new painting each week. Paints used in class may stain; participants should wear an old T-shirt, smock or apron. \$3 material fee is payable to instructor at first class.

Instructor: Kathy Breaux

Location: DBC, Maple Room

Age 6-12 **Fee** \$61/5 wks

AC 742462 71

7/19-8/16 Tu 4-5 pm

Elementary Drawing - Young Rembrandts

Students develop drawing skills that boost their confidence and encourage creativity. Lessons include landscapes and still life. Materials included. Curriculum meets the California State Standards for Visual Arts.

Instructor: Young Rembrandts Staff

Location: DBC, Maple Room

Age 6-12 **Fee** \$67/6 wks

AC 742312 71

6/13-7/25 M 4-4:45 pm

No class 7/4

Cartoon Drawing - Young Rembrandts

Course combines innovative drawing method with light-hearted subject matter that engages children's senses of humor and their vivid imaginations. Materials included. Curriculum meets State Standards for Visual Arts.

Instructor: Young Rembrandts Staff

Location: DBC, Maple Room

Age 6-12 **Fee** \$67/6 wks

AC 742313 71

6/13-7/25 M 5-5:45 pm

No class 7/4

Let's Learn Spanish

Children will learn Spanish vocabulary and everyday conversation skills via stories, songs, poems, crafts, and games. Class is taught by a credentialed teacher.

Instructor: Lizbeth Klein

Location: City Hall, Willow Room

Fee \$62/5 wks

AC 741331 71

6/2-6/30 Th 10-10:45 am

AC 741331 72

7/14-8/11 Th 10-10:45 am

AC 742331 71

6/2-6/30 Th 11-11:45 am

AC 742331 72

7/14-8/11 Th 11-11:45 am

Intro to Typing

Develop your child's basic typing skills through different techniques and supplemental practice. Lab and supply fee (\$10) due to the instructor on the first day of class. Bring pen and notebook.

Instructor: AGI Academy

Location: AGI Academy

20816 Carrey Road, Walnut 91789

Age 6-14 **Fee** \$170/9 wks

AC 743304 71

6/14-8/9 Tu 1-2 pm

AC 743304 72

6/14-8/9 Tu 4-5 pm

AC 743304 73

6/17-8/12 F 9-10 am

Intro to Word & PowerPoint

Class covers working in Word to format fonts, align paragraphs, set up indents and margins, and insert clip art, bullets and numbering, columns and tables. Students will also learn PowerPoint to make slide shows and apply the presentation to their academic work. Lab and supply fee (\$10) due to the instructor on the first day of class. Bring pen and notebook.

Instructor: AGI Academy

Location: AGI Academy

20816 Carrey Road, Walnut 91789

Age 8-14 **Fee** \$170/9 wks

AC 743303 71

6/14-8/9 Tu 2-3 pm

AC 743303 72

6/14-8/9 Tu 5-6 pm

Debate & Public Speaking

Gain confidence speaking publicly; strengthen interpersonal, problem-solving and communication skills. Students will be required to thoroughly research a given topic, create a persuasive argument, anticipate opponents' rebuttal and prepare intelligent responses. \$10 material fee is payable to instructor at first class. Bring pen and notebook.

Instructor: AGI Academy

Location: AGI Academy

20816 Carrey Road, Walnut 91789

Age 9-13 **Fee** \$170/9 wks

AC 743309 71

6/14-8/9 Tu 3-4 pm

Writer's Workshop

Enhance your writing skills and learn strategies and tools used to prepare effective essays, research projects and speeches. Lessons will also cover techniques to understanding writing prompts on standardized tests. Material fee (\$10) is payable to instructor at first class. Bring pen and notebook.

Instructor: AGI Academy

Location: AGI Academy

20816 Carrey Road, Walnut 91789

Age 9-13 **Fee** \$170/9 wks

AC 743306 71

6/14-8/9 Tu 1-2 pm

Math Workshop

A great refresher course for students who want to learn a new approach to math problem solving, want to prepare for a test, or just gain additional practice. Bring pen and notebook. \$10 material fee is payable to instructor at first class.

Instructor: AGI Academy

Location: AGI Academy

20816 Carrey Road, Walnut 91789

Age 8-13 **Fee** \$170/9 wks

AC 743311 71

6/14-8/9 Tu 4-5 pm

Science Adventure

Gain the basic conceptual framework and factual knowledge needed to be successful in science classes. Focus on concepts rather than on memorizing terms and technical details. Students conclude class with a final research project and presentation. Bring pen and notebook. \$10 material fee is payable to instructor at first class.

Instructor: AGI Academy

Location: AGI Academy

20816 Carrey Road, Walnut 91789

Age 9-13 **Fee** \$170/9 wks

AC 743302 71

6/14-8/9 Tu 12-1 pm

Math Academy

This refresher course covers basic facts, word problems and other math concepts to strengthen skills through practice, repetition and reinforcement. Class is taught by experienced credentialed teacher. \$10 material fee payable to instructor on the first class.

Instructor: Advance Tutoring Staff

Location: City Hall, Willow Room

Fee \$106/5 wks

AC 742220 71

6/29-7/27 W 11:30 am-1:30 pm

AC 742221 71

6/29-7/27 W 2-4 pm



TEEN SPORTS & ENRICHMENT

See Page 12 for Tennis Classes!

Cardio Kickboxing

Burn up to 800 calories in this fun, low impact and energetic workout that combines cardio and light resistance training to give you a smaller waist, flatter stomach, firmer glutes, and more toned legs. Wear exercise attire and bring a mat/ towel and water to class.

Instructor Red Dragon Karate

Location Red Dragon Karate

23545 Palomino Dr., Suite D

Age 13+ **Fee** \$57/5 wks

AC 744521 71
6/6-7/11 M 8:15-9:15 pm

No class 7/4

AC 744521 72
7/18-8/15 M 8:15-9:15 pm

AC 744522 71
6/1-7/6 W 8:15-9:15 pm

AC 744522 72
7/13-8/17 W 8:15-9:15 pm

Kajukenbo Karate

Kajukenbo is a Hawaiian martial art that combines techniques from Karate, Judo, Jujitsu, Kenpo and Kung Fu. Participants will learn beginning to advanced self-defense techniques. More details at www.kajukenbo.com. Returning students may purchase the uniform from the instructor.

Instructor John Bishop

Location DBC, Oak Room

Age 13+ **Fee** \$50/5 wks

AC 744511 71
6/28-7/28 Tu/Th 7:30-9 pm

AC 744511 72
8/9-9/15 Tu/Th 7:30-9 pm

No class 8/23 & 8/25

Jiu Jitsu Brazilian

A combination of wrestling and Judo, Brazilian Jiu Jitsu is known for being one of the most effective self-defense techniques. This is a basic level course.

Instructor Renato Migliaccio

Location 18856 Amar Road Suite 4, Walnut, 91789

Age 14+ **Fee** \$204/4 wks

AC 744501 71
6/6-8/12 M-F 6:45-7:45 pm

No class 7/4

DB 4Youth "In Action"

Get involved in your community! Teens, join your peers to create new programs and opportunities to relax or have fun in Diamond Bar. Members gain valuable leadership skills while learning more about the inner workings of

City government. Volunteer hours are tracked for college transcripts. Applications available at www.DiamondBarCA.gov/db4youth.

DB 4Youth "In Action" meets at the Diamond Bar Center on the last Tuesday of every month at 6 pm (subject to change). For more information call: 909.839.7062.

Upcoming Activities

Stomp Out Hunger at Food For Life Warehouse: TBA

Teen Night Out: Friday, July 22, at Sycamore Canyon Park from 7-10 pm. For teens only, games, activities, food and much more!

Concerts and Movies in the Park: Wednesday, August 10, from 5-8 pm.

September: Diamond Bar Day at the L.A. County Fair: Thursday, September 15

Fall Fun Festival Snack Bar: Monday, October 31

6th, 7th and 8th Grade Event: Friday, November 4

ECO EXPO: Saturday, November 12

Diamond Bar Community Foundation GALA: Saturday, November 12

Holiday Food Drive: November 17 - December 15

Latin Dance Party

Come join this dance party and get a full body workout. If you love to dance and have fun while working out this class is for you.

Instructor Lizette Pineda

Location DBC, Sycamore Room

Age All Ages **Fee** \$89/5 wks

AC 744308 71
6/28-7/26 Tu 8:30-9:30 am

AC 744308 72
8/2-9/6 Tu 8:30-9:30 am

No class 8/23

Intro to Piano

Learn basic theory and keyboard fundamentals such as rhythm, note reading and technique. By the end of the course, students will be able to count rhythms out loud, read musical notation on the treble and bass staff. \$16 material fee payable to the instructor at first class.

Instructor Magical Steps Staff

Location Magical Steps Academy

818 N. Diamond Bar Blvd.

Age 13-17 **Fee** \$155/10 wks

AC 742255 71
5/31-8/2 Tu 7-7:50 pm

Yoga at the Park

Find your center, align your chakras, and revitalize yourself in this outdoor yoga class. Learn new meditation each week.

Instructor Lizette Pineda

Location Ronald Reagan Park

Age All Ages **Fee** \$89/5 wks

AC 744607 71
6/29-7/27 W 8-9 am

AC 744607 72
8/3-8/31 W 8:30-9:30 am



TEEN ENRICHMENT

Intro to Guitar

Through informative lessons and hands-on exercises, beginners practice chord, single note melodies and fun easy songs that build basic guitar skills. \$9 material fee payable to instructor at the first class for lesson book.

Instructor Magical Steps Staff

Location Magical Steps Academy
818 N. Diamond Bar Blvd.

Age 13-17 **Fee** \$155/10 wks

AC 743266 71
6/2-8/4 Th 7-7:50 pm

Intro to Typing

Keyboarding and the appropriate use of a mouse will be covered in this classes, with helpful techniques taught and supplemental practice provided. Bring pen and notebook. \$10 material fee is payable to instructor at first class.

Instructor AGI Academy

Location AGI Academy
20816 Carrey Road, Walnut 91789

Age 6-14 **Fee** \$170/9 wks

AC 743304 71
6/14-8/9 Tu 1-2 pm

AC 743304 72
6/14-8/9 Tu 4-5 pm

AC 743304 73
6/17-8/12 F 9-10 am

Intro to Word & PowerPoint

Learn how to use Microsoft Word and Powerpoint to prepare reports and slideshows. Font formatting, paragraph alignment, bullets and numbering, and the incorporation of graphic elements will be covered. Bring pen and notebook. \$10 material fee is payable to instructor at first class.

Instructor AGI Academy

Location AGI Academy
20816 Carrey Road, Walnut 91789

Age 8-14 **Fee** \$170/9 wks

AC 743303 71
6/14-8/9 Tu 2-3 pm

AC 743303 72
6/14-8/9 Tu 5-6 pm

Debate & Public Speaking

Gain confidence speaking publicly and strengthen your interpersonal, problem-solving and communication skills. Participants will learn how to conduct thorough research on any given topic, create a persuasive argument, anticipate opponents' rebuttal and prepare intelligent responses. Bring pen and notebook. \$10 material fee made payable to instructor at the first class.

Instructor AGI Academy

Location AGI Academy,
20816 Carrey Road, Walnut 91789

Age 9-13 **Fee** \$170/9 wks

AC 743309 71
6/14-8/9 Tu 3-4 pm

Writer's Workshop

Enhance your writing skills and learn strategies and tools used to prepare effective essays, research projects and speeches. Lessons will also cover techniques to understanding writing prompts on standardized tests. Material fee (\$10) is payable to instructor at first class. Bring pen and notebook.

Instructor AGI Academy

Location AGI Academy,
20816 Carrey Road, Walnut 91789

Age 9-13 **Fee** \$170/9 wks

AC 743306 71
6/14-8/9 Tu 1-2 pm

Math Workshop

A great refresher course for students who want to learn a new approach to math problem solving, want to prepare for a test, or just gain additional practice. Bring pen and notebook. \$10 material fee is payable to instructor at first class.

Instructor AGI Academy

Location AGI Academy,
20816 Carrey Road, Walnut 91789

Age 8-13 **Fee** \$170/9 wks

AC 743311 71
6/14-8/9 Tu 4-5 pm

Science Adventure

Gain the basic conceptual framework and factual knowledge needed to be successful in science classes. Focus on concepts rather than on memorizing terms and technical details. Students conclude class with a final research project and presentation. Bring pen and notebook. \$10 material fee is payable to instructor at first class.

Instructor AGI Academy

Location AGI Academy,
20816 Carrey Road, Walnut 91789

Age 9-13 **Fee** \$170/9 wks

AC 743302 71
6/14-8/9 Tu 12-1 pm

Critical Reading and Written Expression

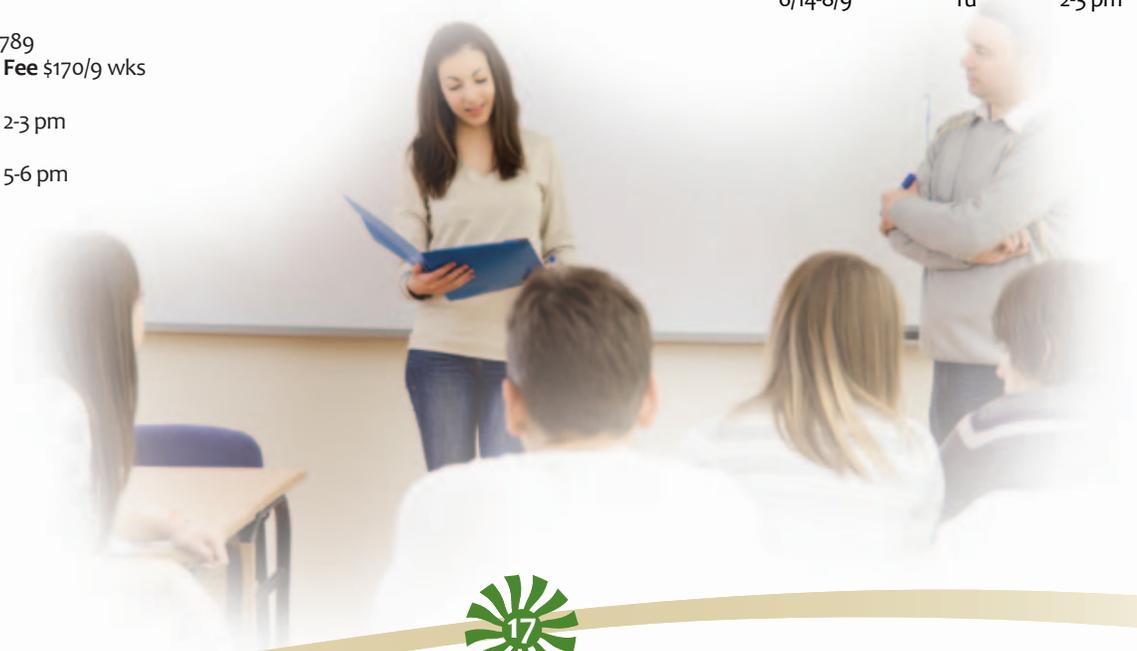
Enhance your comprehension skills and strengthen their critical reading and writing skills through lessons on how to identify important information, assumptions, values, and language use. Bring pen and notebook. \$10 material fee made payable to instructor at the first class.

Instructor AGI Academy

Location AGI Academy,
20816 Carrey Road, Walnut 91789

Age 8-13 **Fee** \$170/9 wks

AC 743301 71
6/14-8/9 Tu 2-3 pm



TEEN ENRICHMENT

Microsoft Office Applications in Excel & PowerPoint

Whether you are preparing reports or creating projects, this class will teach you how to make slide shows, spreadsheets or tables using Microsoft's most popular programs. Includes hands-on practice. Experienced users can sharpen their skills and learn file management and flyer design. Bring pen and notebook. \$10 material fee made payable to instructor at the first class.

Instructor AGI Academy

Location AGI Academy,
20816 Carrey Road, Walnut 91789

Age 16+ **Fee** \$170/9 wks

AC 743307 71

6/14-8/9 Tu 7:30-8:30 pm

Intro to Computers and Internet

Gain computer use confidence in this beginner's computer class that covers basic computer features and terminology, as well as how to navigate the Internet. Bring pen and notebook. \$10 material fee made payable to instructor at the first class.

Instructor AGI Academy

Location AGI Academy,
20816 Carrey Road, Walnut 91789

Age 16+ to Adults **Fee** \$170/9 wks

AC 743305 71

6/14-8/9 Tu 5-6 pm

PSAT Prep Class

All PSAT sections will be reviewed with detailed explanation, and materials will be provided on a weekly basis to help students build their vocabulary, improve their reading comprehension and written expression, and master arithmetic, algebra and geometry. Helpful practice strategies and tips will be provided. Bring pen and notebook. \$20 material fee is payable to instructor at first class.

Instructor AGI Academy

Location AGI Academy,
20816 Carrey Road, Walnut 91789

Age 13-16 **Fee** \$340/9 wks

AC 743312 71

6/14-8/9 Tu 4-6 pm

Preparing for the Workplace - Safety 101

Improve cognitive reasoning and gain a better understanding of your personal, physical, and mental limitations when participating in the workplace. Upon course completion, you will receive a certificate of completion and a 10-hour OSHA General Industry card. \$13 material fee is payable to instructor at first class.

Instructor Kimberly Mosley

Location City Hall, Windmill Room

Age 14+ **Fee** \$182/3 wks

AC 743213 71

7/18-8/1 M 8 am-12 pm

AC 743213 72

7/22-8/5 F 9 am-1 pm

Digital Camera Basics

Learn how to easily make adjustments to your camera settings and when and how to use special features to snap the right shot and avoid common mistakes.

Instructor Tony Wang

Location DBC, Pine Room

Age 16+ **Fee** \$69/4 wks

AC 747306 71

6/6-6/27 M 4-6 pm

Digital Photography

In addition to photography fundamentals, this class covers composition, flash, color control and exposure, as well as the specific functions of your digital camera.

Instructor Tony Wang

Location DBC, Maple Room

Age 16+ **Fee** \$89/6 wks

AC 747307 71

6/6-7/11 M 6:30-8:30 pm

No class 7/4

Math Academy - Pre Algebra

Ideal for newcomers to Pre-Algebra or those who need a refresher, this course covers a review of elementary mathematics and principles, introductions to signed number, beginning rules for algebraic evaluations, and algebraic equations. \$10 material fee payable to instructor on the first class.

Instructor Advance Tutoring Staff

Location City Hall, Willow Room

Age 11-15 **Fee** \$106/5 wks

AC 743210 71

6/30-7/28 Th 2-4 pm

Math Academy- Algebra 1

A credentialed teacher will teach students Algebra 1, with topics covered including variables, algebraic equations, integers, inequalities, and simplifying expressions. \$10 material fee due to instructor on the first class.

Instructor Advance Tutoring Staff

Location City Hall, Willow Room

Age 12-16 **Fee** \$106/5 wks

AC 743211 71

6/27-8/1 M 4:30-6:30 pm

No Class 7/4

Math Academy - Geometry

A credentialed teacher will teach students Geometry, with topics covered including definitions, constructions, congruence, measurements, reasoning skills, proofs and theorems. \$10 material fee due to instructor on the first class.

Instructor Advance Tutoring Staff

Location City Hall, Willow Room

Age 13-17 **Fee** \$106/5 wks

AC 743212 71

6/28-7/27 Tu 4:30-6:30 pm

Math Academy - Algebra 2

A credentialed teacher will teach students Algebra 2, with topics including a review of Algebra 1, advanced polynomials, rational equations and negative exponents to use with radical functions. \$10 material fee due to instructor on the first class.

Instructor Advance Tutoring Staff

Location City Hall, Willow Room

Age 14-17 **Fee** \$99/5 wks

AC 743214 71

6/30-7/28 Th 4:30-6:30 pm

SAT Prep- Math and English

In addition to a thorough review of SAT math areas (numbers and operations, algebra and functions, geometry, statistics and data analysis) and English sections (critical reading, sentence completion and passage-based reading), this course will cover vocabulary, essay writing, sentence and paragraph structuring. Students also learn test taking strategies and take practice tests. \$20 material fee payable to instructor at the first class.

Instructor Advance Tutoring Staff

Location City Hall, Willow Room

Age 13-18 **Fee** \$106/5 wks

AC 743215 71

6/24-7/22 W 4:30-6:30 pm



ADULT SPORTS

Men's Adult Basketball

Games are played Sundays at Diamond Bar High School or South Pointe Middle School between 1 pm and 10 pm. League fees of \$360 include a minimum of 10 games, scorekeepers, and championship awards. There is also a \$21 per game officials' fee, paid on site. Registration is processed as received. For more information, please call 909-839-7070.

Table Tennis (Ping Pong)

Come join the fun and improve your table tennis skills at this **FREE** program! Individuals of all ages are invited to bring their table tennis balls and paddle to Heritage Park Community Center on Tuesdays, Thursdays, and Sundays between 6:30 pm to 10:00 pm to take part in this drop-in activity.

Adult Co-Ed Recreational Volleyball

Perfect for beginners and experts alike, this drop-in program is ideal for players looking to improve their skills and meet other players. There are no officials or strict rules and violations are called using the honor system. There are only 35 spaces available, with registrations processed as received. Registrations will not be accepted onsite.

Fee \$40.00 per person
Dates Monday Nights
 May 23 - August 8 (tentative dates)
 7-9 pm
Location South Pointe Middle School
 Gymnasium
 AC 703001-71
 For more information, call 909.839.7070

Adult Tennis Academy – Intermediate/Advanced

Improve your skills while getting a workout and making new friends. \$10 off each additional family member enrolled; discount cannot be given online.

Instructor Tennis Anyone
Location Ronald Reagan Park Tennis Courts
Age 18+
Days Mondays (Advanced-instructor clearance needed) & Wednesdays (Int/Adv)
Time 6:30-8:30 pm
 AC 644111 63 1 Day \$79/4 wks
 5/23-6/15
 AC 744111 71 1 Day \$79/4 wks
 6/20-7/13
 AC 744111 72 1 Day \$79/4 wks
 7/18-8/10
 AC 744111 73 1 Day \$79/4 wks
 8/15-9/7
 AC 644112 63 2 Days \$113/4 wks
 5/23-6/15
 AC 744112 71 2 Days \$113/4 wks
 6/20-7/13
 AC 744112 72 2 Days \$113/4 wks
 7/18-8/10
 AC 744112 73 2 Days \$113/4 wks
 8/15-9/7
No Class 5/30

Adult Semi Private Tennis Lessons-Beg.

Intended for newcomers to tennis who want to learn the sport in a small group setting of 2-4 students. Expect plenty of attention from the coach while learning a sport that can be enjoyed for a lifetime.

Instructor Tennis Anyone
Location Ronald Reagan Park
Age 18+ **Fee** \$99/4 wks
 AC 611113 63 5/25-6/15 W 7:30-8:30 pm
 AC 744113 71 6/22-7/13 W 6:30-7:30 pm
 AC 744113 72 7/20-8/10 W 6:30-7:30 pm
 AC 744113 73 8/17-9/7 W 6:30-7:30 pm
 AC 611114 63 5/25-6/15 W 7:30-8:30 pm
 AC 744114 71 6/22-7/13 W 7:30-8:30 pm
 AC 744114 72 7/20-8/10 W 7:30-8:30 pm
 AC 744114 73 8/17-9/7 W 7:30-8:30 pm

Jiu Jitsu Brazilian

A combination of wrestling and Judo, Brazilian Jiu Jitsu is recognized as a very effective self-defense art. This is a basic level course.

Instructor Renato Migliaccio
Location 18856 Amar Road Suite 4, Walnut 91789
Age 14+ **Fee** \$204/4 wks
 AC 744501 71 6/6-8/12 M-F 6:45-7:45 pm
No class 7/4

Harmony Aikido

Learn self-control, balance and flexibility while increasing physical conditioning and building self-confidence. Wooden weapons (hardware) are used to strengthen joints and muscles, and help align the body for correct techniques.

Instructor Ethan Tam
Location DBC, Oak Room
Age 6+ **Fee** \$63/10 wks
 AC 744531 71 6/2-8/4 Th 5:30-7 pm
 AC 844531 81 9/1-11/7 Th 5:30-7 pm
No class in December

Tennis participants must bring their own racquet. Make-ups must be made within the session; students may attend any tennis class at their same level. For more information, visit www.TennisAnyone.info.
 Rainout line: 909.625.2060.

Wing Chun Kung Fu

Learn the history and tradition of classical Wing Chun Kung Fu, Disui and Wudang Kung Fu, and techniques to surpass your personal goals through discipline. Discount applied to each additional family member enrolled –1 Day (\$10 off) or 2 Days (\$15 off). Discount cannot be given online. Optional uniform T-shirts for purchase from instructor.

Instructor Tom Wong
Location DBC, Oak Room
Age 10+
Days/Time Mondays (8-9 pm)
 Saturdays (11:15 am-12:30 pm)
 AC 742541 71 5/28-6/20 1 Day \$87/4 wks
No class 5/30
 AC 742541 73 7/2-7/25 1 Day \$87/4 wks
No Class 7/4
 AC 742541 74 7/30-8/20 1 Day \$87/4 wks
 AC 742541 72 5/28-6/20 2 Days \$127/4 wks
No Class 5/30
 AC 742542 71 7/2-7/25 2 Days \$127/4 wks
No Class 7/4
 AC 742542 72 7/30-8/20 2 Days \$127/4 wks

Kajukenbo Karate

Learn self-defense techniques of Kajukenbo (Hawaiian Mixed Martial Art that combines Karate, Judo, Jujitsu, Kenpo and Kung Fu) while improving your physique and self-confidence. New students may wear loose-fitting workout clothes; those returning should purchase the required uniform from the instructor. More details at www.kajukenbo.com.

Instructor John Bishop
Location DBC, Oak Room
Age 13+ **Fee** \$50/5 wks
 AC 744511 71 6/28-7/28 Tu/Th 7:30-9 pm
 AC 744511 72 8/9-9/15 Tu/Th 7:30-9 pm
No class 8/23 & 8/25

K-Pop X Fitness– Mature Adult

Benefit from a variety of cardio, aerobic, and body-toning techniques inspired by the popular K-Pop dance moves you see in videos. Suitable for all fitness levels. For more information, visit www.kpopxfitness.com.

Instructor Sally Owens
Location DBC, Sycamore Room
Age 18+ **Fee** \$50/5 wks
 AC 744520 71 5/31-6/28 Tu 10-11 am
 AC 744520 72 7/12-8/9 Tu 10-11 am



ADULT FITNESS

Yang Style Tai Chi Ch'uan

Often referred to as "moving meditation," Tai-Chi focuses on the mind-body connection and has been found to improve balance, lower blood pressure and improve the immune system. Class starts with 30-40 minutes of warm-up exercises and Chi Kung, with the second half of the class focusing on long-form movements and practice. Instructor is Level 7, certified by CTCCA/NWTTCA.

Instructor Thomas Barrett

Location DBC, Sycamore Room

Age 18+ **Fee** \$57/5 wks

AC 744619 71

6/2-6/30 Th 7:30-8:30 pm

AC 744619 72

7/14-8/4 Th 7:30-8:30 pm

Cardio Kickboxing

Burn up to 800 calories in this low impact and energetic workout that combines cardio moves, light resistance training and the use of kickboxing equipment. Wear exercise attire and bring a mat or towel and water.

Instructor Red Dragon Karate

Location 23545 Palomino Drive, Ste. D

Age 14+

AC 744521 71 **Fee** \$57/5 wks

6/6-7/11 M 8:15-9:15 pm

No class 7/4

AC 744521 72 **Fee** \$57/5 wks

7/18-8/15 M 8:15-9:15 pm

AC 744522 71 **Fee** \$67/6 wks

6/1-7/6 W 8:15-9:15 pm

AC 744522 72 **Fee** \$67/6 wks

7/13-8/17 W 8:15-9:15 pm

Women Only Self Defense and Assault Prevention

Through a variety of self-defense techniques specially designed for women, participants will learn how to be better aware of their surroundings and defend themselves against chokeholds, grabs, and other attacks.

Instructor ???

Location 18856 Amar Rd Suite 4, Walnut, CA 91789

Age 15+ **Fee** \$163/4 wks

AC 744523 71

6/4-6/25 Sa 12:30-2 pm

Thai Boxing and MMA

Learn self-defense techniques and shed extra weight with this combat-style workout that incorporates punches, kicks and other Thai boxing moves.

Instructor Renato Migliaccio

Location 18856 Amar Rd Suite 4, Walnut, CA 91789

Age 14+ **Fee** \$204/4 wks

AC 744526 71

6/6-8/12 M-F 6-7 pm

No class 7/4

Zumba For the Mature Adult

A fun, energetic and low-impact Zumba workout at a pace designed for beginners, older adults, and individuals with knee or joint issues.

Instructor Limei Xiao

Location DBC, Sycamore Room

Age 18+ **Fee** \$40/8 wks

AC 644631 61

5/9-7/11 M 10-11 am

AC 644631 62

7/25-9/12 M 10-11 am

No class 5/30, 7/4 & 9/5

Kundalini Yoga

Experience deep relaxation and inner peace while learning Kundalini Yoga postures, mudras, mantra, and meditation. All levels are welcome. Bring a mat and water.

Instructor Marlene Ramirez-Mooney

Location DBC, Oak Room

Age 18+ **Fee** \$73/6 wks

AC 744601 71

6/18-8/13 Sa 10-11 am

No class 7/2, 7/23 & 8/6

Restorative Yoga

Improve your stamina, lung capacity, flexibility, blood circulation and cardiovascular health.

Taught by a member of the International Association of Yoga Therapists. Bring yoga mat and strap or cotton belt.

Instructor Maya Devi

Location DBC, Pine Room

Age 16+ **Fee** \$35/4 wks

AC 744603 71

7/7-7/28 Th 4:15-5:45 pm

Belly Dancing

Learn basic steps, movements, and how to play finger cymbals or dance while improving your posture, muscle tone and self-image. \$15 fee due to the instructor on the first day of class for either a 4-finger cymbals and pouch or veil.

Instructor Shannon Griffiths

Location DBC, Maple Room

Age 18+ **Fee** \$43/4 wks

AC 744311 71

6/1-6/22 W 6:30-7:30 pm

AC 744311 72

6/29-7/20 W 6:30-7:30 pm

AC 744311 73

7/27-8/17 W 6:30-7:30 pm

Jazzercise

Obtain fitness results fast with this danced-based workout that combines cardio moves with strength-training to burn up to 800 calories per session. Wear exercise attire, bring a mat or towel, and water. Hand-held weights optional.

Instructor Connie Lillie/Sheri Shepherd

Location DBC, Sycamore Rm (T/Th), Oak Rm (Sa)

Age 16+

Days Tuesday, Thursday & Saturday

Time Tu & Th 6:15-7:15 pm, Sa 8:30-9:30 am

AC 744611 71

5/28-7/7 1 Day **Fee** \$32/5 wks

AC 744611 72

7/9-8/18 1 Day **Fee** \$32/5 wks

AC 744612 71

5/28-7/7 2 Days **Fee** \$41/5 wks

AC 744612 72

7/9-8/18 2 Days **Fee** \$41/5 wks

AC 744613 71

5/28-7/7 3 Days **Fee** \$50/5 wks

AC 744613 72

7/9-8/18 3 Days **Fee** \$50/5 wks

No class 6/14-6/18 & 7/26-7/30

Ballet Barre

This ballet-inspired workout is ideal for individuals looking for an exercise routine to achieve sculpted and lean muscles. Bring a thick mat, light hand weights and water.

Instructor Gabriela Klein

Location DBC, Oak Room

Age 18+ **Fee** \$49/4 wks

AC 744608 71

6/1-6/27 M & W 6-7 pm

AC 744608 72

6/29-7/27 M & W 6-7 pm

No class 7/4

Pilates

Gain strength, toning and flexibility through a range of award-winning Pilates moves. Beginners are welcome. Bring an exercise mat and water.

Instructor Gabriela Klein

Location DBC, Oak Room

Age 18+ **Fee** \$49/4 wks

AC 744609 71

6/1-6/27 M & W 7-8 pm

AC 744609 72

6/29-7/27 M & W 7-8 pm

No class 7/4



ADULT ENRICHMENT

Beginner/Intermediate Social Dance

The basics of social and ballroom dances, such as salsa and swing, will be covered as well as variations, turns, and more. Bring a partner or find one in class. No dance experience necessary.

Instructor Louise Levy

Location DBC, Sycamore Room

Age 18+ **Weeks** 10
AC 744303 71 **Individual** \$82
AC 744303 72 **Couples** \$150 (\$75 each)
 6/7-8/9 Tu 7:30-8:30 pm

Intermediate/Advanced Social Dance

Some dance experience is required for this class, which goes beyond the basics of ballroom, swing and salsa. Bring a partner or find one in class.

Instructor Louise Levy

Location DBC, Sycamore Room

ocation: DBC, Sycamore Room

Age 18+ **Weeks** 10
AC 744304 71 **Individual** \$82
AC 744304 72 **Couples** \$150 (\$75 each)
 6/7-8/9 Tu 8:30-9:30 pm

Fine Art Acrylic Painting

Learn about the materials, tools, and techniques of acrylic painting, and create a series of paintings. No previous experience required. Free supplies for the first meeting. After that, students are responsible for their own supplies (list provided).

Instructor Ray Tucker

Location DBC, Sycamore Room

Age 18+ **Fee** \$107/4 wks
AC 744261 71
 6/1-6/22 W 12:30-3:30 pm
AC 744261 72
 7/6-7/27 W 12:30-3:30 pm

Oil Painting Techniques

Basics of oil painting including description, use application, fundamentals of color, composition and design will be covered, and with the guidance of the instructor, students will create various paintings from direct observation and photographs. Students must furnish their own supplies (list will be provided on the first day of class).

Instructor Ray Tucker

Location DBC, Maple Room

Age 18+ **Fee** \$107/4 wks
AC 744262 71
 6/4-6/25 Sa 9 am-12 pm
AC 744262 72
 7/9-7/30 Sa 9 am-12 pm

Intro to Piano

Learn basic theory and keyboard fundamentals such as rhythm, note reading and technique. By the end of the course, students will be able to count rhythms out loud, read musical notation on the treble and bass staff, and apply this knowledge to learn a song. \$16 material fee due to the instructor at first class.

Instructor Magical Steps Staff

Location Magical Steps Academy

818 N. Diamond Bar Blvd, Diamond Bar

Age 18+ **Fee** \$155/10 wks
AC 744255 71
 5/31-8/2 Tu 7-7:50 pm

Intro to Guitar

Learn basic theory and keyboard fundamentals such as rhythm, note reading and technique. By the end of the course, students will be able to count rhythms out loud, read musical notation on the treble and bass staff. \$9 material fee payable to the instructor at first class.

Instructor Magical Steps Staff

Location Magical Steps Academy

818 N. Diamond Bar Blvd, Diamond Bar

Age 18+ **Fee** \$155/10 wks
AC 743266 71
 6/2-8/4 Th 7-7:50 pm

Preparing for the Workplace - Safety 101

Improve cognitive reasoning and gain a better understanding of your personal, physical, and mental limitations when participating in the workplace. Upon course completion, you will receive a certificate of completion and a 10-hour OSHA General Industry card. \$13 material fee is payable to instructor at first class.

Instructor Kimberly Mosley

Location City Hall, Windmill Room

Age 14+ **Fee** \$182/3 wks
AC 743213 71
 7/18-8/1 W 8 am-12 pm
AC 743213 72
 7/22-8/5 F 9 am-1 pm

Microsoft Office Applications in Excel & PowerPoint

Whether you are preparing reports or creating projects, this class will teach you how to make slide shows, spreadsheets or tables using Microsoft's most popular programs. Includes hands-on practice. Experienced users can sharpen their skills and learn file management and flyer design. Bring pen and notebook. \$10 material fee made payable to instructor at the first class.

Instructor AGI Academy

Location AGI Academy

20816 Carrey Road, Walnut 91789

Age 16+ **Fee** \$170/9 wks
AC 743307 71
 6/14-8/9 Tu 8-9 pm

Intro to Computers and Internet

Gain computer use confidence in this beginner's computer class that covers basic computer features and terminology, as well as how to navigate the Internet. Bring pen and notebook. \$10 material fee due to instructor at the first class.

Instructor AGI Academy

Location AGI Academy

20816 Carrey Road, Walnut 91789

Age 16+ **Fee** \$170/9 wks
AC 743305 71
 6/14-8/9 Tu 5-6 pm

Digital Camera Basics

Learn how to easily make adjustments to your camera settings and when and how to use special features to snap the right shot and avoid common mistakes.

Instructor Tony Wang

Location DBC, Pine Room

Age 16+ **Fee** \$69/4 wks
AC 747306 71
 6/6-6/27 M 4-6 pm

Digital Photography

In addition to photography fundamentals, this class covers composition, flash, color control and exposure, as well as the specific functions of your digital camera.

Instructor Tony Wang

Location DBC, Maple Room

Age 16+ **Fee** \$89/6 wks
AC 747307 71
 6/6-7/11 M 6:30-8:30 pm
No class 7/4



ADULT ENRICHMENT

Dog Obedience

Fees listed are for one dog and his handler. The handler should remain consistent throughout the course; however, additional family members may observe the class at no additional charge. Bring the dog's current vaccination records to the first class. Visit www.dogclassinfo.com for more information

Dog Obedience Training

All breeds 5 months and older with behavior problems (hole-digging, chewing, nipping, etc.) may participate in this course which uses A.K.C. obedience exercises to teach heel, automatic sit, down-stay, sit-stay, stand, and come commands. Bring current vaccination records and \$10 material fee to first meeting. Trophies and certificates will be awarded.

Instructor Rose Healey, Dog Services Unlimited Trainer

Location Chino Hills Community Center

14250 Peyton Dr, Chino Hills, 91709

Age 10+ **Fee** \$95/7 wks

AC 744222 71

6/23-8/4 Th 7:30-8:30 pm

Dog Manners "Crash Course"

Designed for all dogs 4 months or older that can benefit from learning obedience commands and correcting behavior issues that include destructive chewing, excessive barking and jumping. Register and then call 714.532.3647 for briefing. Bring dog and \$5 insurance fee to first meeting.

Instructor: Rose Healey, Dog Services Unlimited Trainer

Location: Acacia Park

1910 Fullerton Creek Rd, Fullerton, 92832

Age 10+ **Fee** \$83/4 wks

AC 744223 71

7/10-7/31 Su 3:30-4:45 pm

ONLINE LEARNING



More than 250 courses that you can complete from your home or office, any time. Fees start at \$99. Visit www.ed2go.com/diamondbar or call 909.839.7070 for more information.

Session Dates:

| | |
|-----------|------------|
| Session 7 | 7/13-9/12 |
| Session 8 | 8/17-10/17 |
| Session 9 | 9/14-11/14 |

Topics Include:

- Test Prep
- Language
- Web Based Programs
- English, Grammar & Writing
- Microsoft Application



Visit www.dogclassinfo.com for more info.

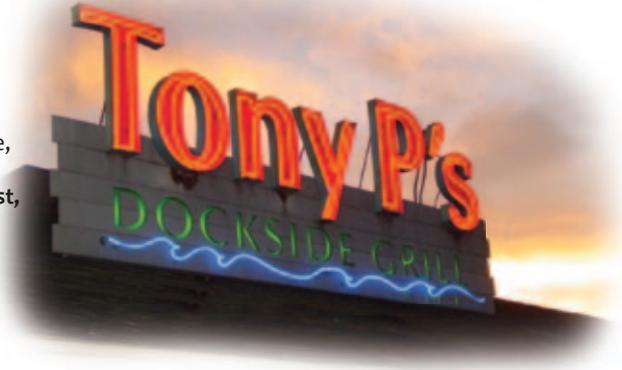


EXCURSIONS ADULT & FAMILY

Marina Del Rey & Tony P's Dockside Grill

Take in the view of the Marina while enjoying breakfast (your choice of French toast, blueberry, banana pecan or buttermilk pancakes, spicy Santa Fe scramble, Italian Cappelata and eggs, Italian hash or Tony P's Special Breakfast, accompanied by coffee, tea, juice or soft drink). After breakfast we will head to the famous Venice Beach boardwalk where the afternoon is yours to stroll or shop. **Excursion includes breakfast, roundtrip transportation and a snack. Reservation deadline is Wednesday, July 27.**

| | | |
|---------------------|----------------|-------------------|
| AC 706006 71 | Age All | Fee \$51 |
| Date | Day | Time |
| 8/20 | Sa | 9:30 am - 5:30 pm |



Long Beach Lobster Festival

Fresh steamed Maine lobsters and an array of food and beverages coupled with a wide variety of dance bands and musicians and children's activities create the largest Lobster Festival outside of Maine, right here in Southern California. This excursion covers roundtrip transportation, admission, and a return-trip snack; it does not include access into the Lobster Feast/Drinks/VIP Area. Visit www.originallobsterfestival.com for special offers and add-ons. **Reservation deadline is Wednesday, August 24.**

| | | |
|---------------------|----------------|--------------------|
| AC 706008 71 | Age All | Fee \$42 |
| Date | Day | Time |
| 9/10 | Sa | 10:30 am - 6:30 pm |



Adult & Senior Excursion Registration & Refund Policy

Registration is processed on a first-come, first-served basis. To register, call 909.839.7070, go online to www.diamondbarca.gov, or visit the Diamond Bar Center (1600 Grand Avenue). All participants must sign a City-provided liability waiver prior to participating in each excursion. An adult must accompany minors 17 years of age or younger. Both adult and senior excursions depart from and return to the Diamond Bar Center. **Early registration is strongly suggested as excursions are subject to cancellation if minimum participation requirements are not met by the indicated deadline.**

Refunds will be issued only when an excursion is sold out and Recreation Services is able to resell your reservation to another party. Refunds are not granted for early or late returns as the times listed are only estimates and will vary contingent upon weather, traffic conditions or other situations beyond the control of Recreation staff. The City reserves the right to cancel advertised excursions at any time. In the event an excursion is cancelled, Recreation staff will inform registrants as soon as possible, and full refunds will be issued.



SENIOR EXCURSIONS

SENIOR EXCURSIONS

Trips listed on this page are open only to adults age 55 and older. The amount of walking involved is expressed on a scale of 1-3, where;
 1 = minimal or no walking,
 2 = moderate walking, and
 3 = significant walking required.

Big Bear Lake – Level 2-3

Soon after arriving at Big Bear Lake, trip-goers will board the sixty-passenger paddlewheel boat nicknamed Big Bear Queen for a 90-minute tour that affords views of the China islands, the solar observatory and the San Geronio Mountains. Free time for lunch and shopping at Big Bear Village will follow the boat tour. Excursion includes roundtrip transportation, tours and admissions, and a return-home snack. Lunch and shopping on your own.

AC 707001 71 **Age 55+** **Fee \$38**
Date **Day** **Depart/Return**
 7/7 Th 9:30 am-6:30 pm
 Please make your reservation by 6/21.



Marion Davies Beach House & Santa Monica History Museum – Level 2

Start the day with a 30-minute docent lead tour of the famed Marion Davies Guest Beach House, followed by free time to explore the Third Street Promenade. The trip concludes with a tour of the Santa Monica History Museum. Excursion includes roundtrip transportation, tours and admissions, and a return-home snack. Lunch and shopping on your own.

AC 707009 71 **Age 55+** **Fee \$32**
Date **Day** **Depart/Return**
 8/4 Th 9 am-6 pm
 Please make your reservation by 7/24.



Pala Casino – Level 1

We'll check into the casino by 10:30 am for a 5-hour stay. Pala Casino features 2,000 slots, 46 gaming tables, 6 restaurants, a buffet and much more. Upon arrival, everyone will receive \$5 cash back with their player's card. A valid CA ID is required to receive casino incentives.

AC 707004 71 **Age 55+** **Fee \$22**
Date **Day** **Depart/Return**
 9/21 W 9 am-5:30 pm
 Please make your reservation by 9/7/16



Diamond Bar Day at the Fair – Level 2-3

Leave the driving to us and enjoy an afternoon of shopping, eating and exploring at the Los Angeles County Fair in Pomona.

AC 707005 71 **Age 55+** **Fee \$17**
Date **Day** **Depart/Return**
 9/15 Th 12:30-6:30 pm
 Please make your reservation by 8/31/16



SENIOR ACTIVITIES & EXCURSIONS

SENIOR EXTENDED EXCURSIONS

Premier World Discovery & Collette Gateway

Excursions are “all-inclusive” at 4-star accommodations. Travelers are picked up and dropped off at their doorstep by Premier. Travel may include cars, trains, planes, boats and motor coaches. For more information, call 909.839.7070.

Holland Windmills & Rhine River Castles – featuring Lucerne tour, Amsterdam tour, windmills and more!

October 7-17, 12 days • \$4,799-\$6,699 per person double-depending cabin

FREE CLINICS & SEMINARS

Advanced registration is required for these free clinics, speakers or seminars by calling 909.839.7070.

Private Caregiver vs Agency

Once you have decided to provide your loved one with in-home care, the next step is to opt for either a private caregiver or one employed by a licensed homecare agency. Home health and home care services, caregivers, and financial subsidies are other related topics will be covered.

Sponsored by Al Ganchua - Angel Care

Location DBC, Pine Room

7/11 M 10-11:30 am

New Health Literacy for Senior

When it comes to health literacy, the majority of individuals lack the proficiency necessary to make informed decisions with regard to health care issues, treatment options and costs. This seminar aims to improve your level of proficiency and help you better take control of your health.

Sponsored by Scott Helms - Humana

Location DBC, Pine Room

7/18 M 10-11:30 am

Ageless Living

An informative talk about simple yet effective lifestyle changes or modifications we can make to keep the spring in our step and our youthful enthusiasm intact.

Sponsored By Scott Helms - Humana

Location DBC, Pine Room

8/1 M 10-11:30 am

AARP Mature Driving Class

Produced by the American Association of Retired Persons (AARP), this class offers instruction that refines existing driving skills and develops safe and defensive techniques. You must attend both classes in a session to receive your completion certificate. Pre-registration is required by calling 909.839.7070.

Sponsored By AARP.

Location City Hall, Windmill Room

Fee: \$15 AARP member \$20 non-member

AC 707000 71

8/18 Th 9 am-1 pm

AC 707000 72

9/15 & 16 Th & F 9 am-2 pm

Note: The August 18 session is for returning students only.

Social Security Secrets

The average retiree leaves tens of thousands of dollars on the table simply by not understanding how to optimize Social Security benefits – don't be one of those people. Join us for this informative and straightforward class that will explain and clarify the Social Security system.

Sponsored by Search Light Financial Advisors

Location DBC, Pine Room

8/15 M 10-11:30 am

Balance and Stability

This talk will give you information on how to prevent falls and maintain your independence through a variety of lifestyle behaviors and habits. Depending on group size, individual assessments may be demonstrated.

Sponsored By Dr. Nelson

Location DBC, Pine Room

9/12 M 10-11:30 am

Do you Have a Question on Special Needs Plans?

If you suffer from chronic illnesses such as cardiovascular disorders, congestive heart failure or diabetes, Medicare allows you to join Special Needs Plans Now, without having to wait for the next Open Enrollment season. Come listen to this informative presentation.

Sponsored By C&C Family Insurance Service

Location DiBC, Pine Room

9/19 M 10-11:30 am



SENIOR ACTIVITIES

FREE SENIOR SERVICES

Blood Pressure Screening

In addition to having your blood pressure checked, take advantage of this free opportunity to consult with a licensed pharmacist regarding your prescription medication. Service is provided on a first to arrive, first to be served basis.

Date Tuesdays & Fridays

Location DBC, Maple Room

Sponsored By Katherine Le-Pharmacist

Time 7:45-8:45 am

Talk With the Attorney

Find the answers to your personal legal questions related to wills, trusts, powers of attorney, planning for incapacity, probate, elder law, medical and long term care planning. Schedule your 20-minute appointment today by calling 909.839.7070.

Location DBC

7/6 W 10 am-12 pm

8/3 W 10 am-12 pm

9/7 W 10 am-12 pm

Case Management

Intervale Senior Services can help seniors in private appointments. Services available include case management (in-home assessment, personalized care plan, service arrangement) home delivered meals, and information and referral. **Contact the YWCA for more information: 626.214.9467.**

FREE FINANCIAL SEMINARS SERIES

Wills and Trusts

The drafting of wills and trusts is only the beginning of good estate planning. Helpful information about this topic will be provided.

Sponsored By United California Estate

Location DBC, Sycamore Room

7/12 Tu 10:30 am

Medical & Long Term Care

Understand the protection side of the law and the pitfalls that can devastate an estate. Learn how to save what you have worked for all of your life.

Sponsored By United California Estate

Location: DBC, Sycamore Room

7/19 Tu 10:30 am

The Facts about Annuities

What are the pros and cons of using annuities for retirement income and how does this income differ from other saving and growth vehicles. Obtain tips on how to preserve your estate and not outlive your money.

Sponsored By United California Estate

Location DBC, Sycamore Room

7/26 Tu 10:30 am

Grandparents Gifting

Start a great tradition the right way by learning about the steps involved in planning for and establishing a trust fund to contribute to your grandchildren's college education, first car, wedding, or home down payment.

Sponsored By New York Life

Location DBC, Pine Room

7/25 M 10-11:30 am

Reverse Mortgage Specialist

Register for this free seminar and learn what a reverse mortgage is, how it works, and what recent government changes have been made to benefit you in your retirement years.

Sponsored By Security National - James Zures

Location DBC, Maple Room

7/8 F 10-11:30 am

8/19 F 10-11:30 am

9/30 F 10-11:30 am

SPECIAL EVENTS

Paid reservations are required for all City-sponsored senior events. Purchase of 10 reservations will enable you to reserve a table. For more information, call 909.839.7070 or 909.839.7068.

Summer Luau

Join us for some summertime fun with a Luau-themed dance at the Diamond Bar Center. There will be dinner, dancing and, of course, prizes. Ticket sales stop at noon on July 8.

Location DBC

AC 707101 71
7/14

Age 55+
Th

Fee \$15
6-9 pm

Research shows that older adults who participate in senior center programs can learn to manage and delay the onset of chronic disease and experience measurable improvements in their physical, social, spiritual, emotional, mental, and economic well-being.

– National Council on Aging

Senior Clubs

Diamond Bar Senior Citizen's Club
Attend Tuesday Meeting @ 9 am

Diamond Age Seniors
909.510.3883

Super Diamond Age Senior Club
951.861.2281

Diamond Bar Evergreen Club
www.diamondbarevergreen.org

Sunshine Seniors
www.dbsunshineseniors.com



SENIOR ACTIVITIES

Cowboy/Cowgirl Western BBQ

Saddle up partners and join us for an exciting western-themed event that includes dinner, dancing and prizes. Ticket sales stop at noon on August 5.

Location DBC

AC 707102 71 **Age** 55+ **Fee** \$15
8/11 Th 6-9 pm

Italiano Night

This Italian-themed event is one of the most anticipated Senior Dinner Dances of the year. Food, music and prizes will be part of the fun. Tickets sales stop at noon on September 16.

Location DBC

AC 707103 71 **Age** 55+ **Fee** \$15
9/22 Th 6-9 pm

ACTIVITIES

BINGO! BINGO! BINGO!

Join us every Tuesday and Friday for an afternoon of fun and socialization. Play 10 games for \$2. Tuesday's game begins at 12:15 p.m. with card sales ending at noon while Friday's game begins at 11:15 a.m. with card sales ending at 11:00 a.m. Please arrive early to make sure you have enough time to purchase your cards and find a seat.

Location DBC

Ages: Adults/Seniors

Tu 11:30 am-2 pm
Fri 10:30 am-1:15 pm

Calling ALL Bridge Players

Dedicated to keeping the card game of bridge alive, this group is a fun way to meet other bridge players, make friends and learn from one other. New players always welcome. Snack and coffee provided.

Location DBC

Ages 55+ W 12:30-4 pm

Photo Club

Meet fellow photographers, exchange photo-taking tips and join group photo excursions. Meeting 3rd Wednesday of every month.

Location City Hall, Windmill Room

Ages 55+

7/20, 8/17, 9/21 W 6-8 pm

SENIOR CLASSES

MT. SAN ANTONIO COLLEGE CLASSES

The following classes are provided by Mt. San Antonio College and are conducted at the Diamond Bar Center (1600 Grand Avenue) or Heritage Park Community Center (2900 S. Brea Canyon Road).

Please note: Mt. Sac conducts its own class registration. To inquire about a class, please call 909.594.5611 ext. 4192. Registration will NOT be accepted at the Diamond Bar Center or the Heritage Park Community Center. To register, please attend the first class meeting and speak to the instructor. If you miss the pre-registration date please attend the first class meeting and speak to the instructor. Summer is a 6 week session.

Fall Pre-Registration Dates

Location DBC

| | | |
|---------------|------|----------|
| Healthy Aging | 7/27 | 9 am |
| Tai Chi | 7/28 | 10:30 am |
| Computer | 7/22 | 10 am |

Basic Computing Level 1

Introduction to the personal computer, including terminology and basic computer operations in a Windows environment. Instruction is hands-on.

Instructor Shelby White

Location City Hall, Willow Room

6/20-7/25 M 9 am-12 pm

Basic Computing Level 2

Introduction to the personal computer, including terminology and basic computer operations in a Windows environment. Instruction is hands-on.

Instructor Shelby white

Location City Hall, Willow Room

6/20-7/25 M 1-4 pm

Starting a Home Based Business NEW

Topics covered include basic marketing, finance and management skills.

Instructor Ray Tucker

Location City Hall, Willow Room

6/24-7/29 F 9 am-12 pm

Digital Photography for the Beginner

Digital camera operations, image management and composition, and use of graphics software.

Instructor Heather Smith

Location City Hall, Willow Room

6/21-7/26 Tu 9 am-12 pm

6/21-7/26 Tu 1 pm-4 pm

Drawing - Beginning Through Advanced

Developing the perceptual and technical skills of drawing through observations of objects. Still life and landscape will be utilized.

Instructor Ray Tucker

Location DBC

6/21-7/26 Tu 12:30-3:30 pm

6/20-7/25 M 1-4 pm

Watercolor Painting

Principles of drawing, design, color and composition for watercolor painting emphasizing creative skill development.

Instructor Heather Smith

Location DBC, Pine Room

6/23-7/28 Th 1-4 pm



SENIOR ACTIVITIES

Sewing and Design

Basic sewing techniques including tailoring, pattern making, cutting and style design to construct professional looking garments.

Instructor Susan Stringfellow

Location DBC, Sycamore Room

6/24-7/29 F 1-4 pm

Home Gardening

Organic gardening, indoor plants, fruit orchards, traditional gardening, pesticides, design, pruning & fertilization are covered.

Instructor Steven O. Williams

Location DBC, Sycamore Room

6/22-7/27 W 10 am-12 pm

Hand Crafted Needlework for Retail Sales & Boutiques

Needlework techniques including knitting, crocheting, embroidery and plastic canvas to construct finished products for sale will be discussed.

Instructor Pam Henry

Location DBC, Maple Room

6/23-7/28 Th 9 am-12 pm

Healthy Aging - Principles of Posture and Flexibility

In addition to diet, nutrition and disease prevention, simple and effective Yoga techniques to correct and prevent age-related posture issues will be covered.

Instructor Maya Devi

Location DBC, Pine Room

6/30-7/28 Th 6-8 pm

Instructor Gabriela Klien (Tu), Jill Trimble (Th)

Location DBC, Pine Room

6/21-7/28 T & Th 7:30-8:30 am

Healthy Aging - Principles of Slow Movement

Tai Chi, the highly effective exercise for slowing down the effects of aging, will be a key focus of this talk, which will also cover diet, nutrition and disease.

Instructor John Rafter

Location DBC, Pine Room

6/23-7/28 Th 9-11 am

Healthy Aging/Fitness

Diet, nutrition, disease prevention, fitness and other key habits and behaviors that contribute to healthy aging will be discussed.

Instructor Patrick Wallis

Location: DBC, Oak Room

6/20-7/29 M/W/F 8-9 am
9-10 am
10-11 am

Instructor Vanessa Jones (F),
Leslie Hunnicutt (M & W)

Location DBC, Pine Room

6/20-7/29 M/W/F 7:30-8:30 am



FACILITIES

1. **1na Dance**
367 S. Diamond Bar Blvd.
2. **Deane Homes Swim Club**
1010 Overlook Ridge Rd.
3. **Diamond Bar Center (DBC)**
1600 Grand Avenue
(in Summitridge Park)
4. **Diamond Bar City Hall**
21810 Copley Dr
5. **Diamond Bar Golf Course**
22751 E. Golden Springs Dr.
6. **Diamond Bar High School**
21400 Pathfinder Rd.
7. **Diamond Bar Library**
21800 Copley Drive
8. **Heritage Park (3.4 acres) (HP) & Community Center (CC)**
Activity Room (AR)
2900 S. Brea Canyon Road
9. **L.A. Royal Vista Golf Course**
20055 Colima Rd., Walnut
10. **Maple Hill Park (MP)**
1309 S. Maple Hill Rd.
11. **Mt. Calvary Lutheran School**
23300 Golden Springs
12. **Mt. San Antonio College**
1100 N. Grand Ave., Walnut
13. **Oak Tree Lanes**
990 N. Diamond Bar Blvd.
14. **R&T Dance Corner**
377 S. Lemon Ave., #A, Walnut
15. **Pantera Park (15.5 acres) (PP)**
Activity Room (AR) Dog Park(DP)
738 Pantera Drive
16. **Pantera Elementary School**
801 Pantera Drive

17. **Paul C. Grow Park (5 acres)**
23281 E. Forest Cyn Drive
18. **Peterson Park / Skate Park**
24142 E. Sylvan Glen Rd.
19. **Quail Summit Elementary**
23330 Quail Summit
20. **Red Dragon Karate**
341 S. Diamond Bar Blvd.
21. **Ronald Reagan Park (6 acres) (RRP)**
2201 S. Peaceful Hills Road
22. **South Pointe Middle School**
20671 Larkstone Dr.
23. **Starshine Park (2 acres)**
20839 Starshine Road
24. **Summitridge Park**
1425 Summitridge Drive
25. **Sycamore Canyon Park (4 acres)**
22930 Golden Springs Drive



Directory

Community Services Department - 909.839.7060
Facility Maintenance/Parks/Fields/Courts

Recreation Services - 909.839.7070
Classes/Excursions/Sports/Special Events

Senior Services - 909.839.7068
Senior Excursions/Workshops/Classes

Heritage Park Community Center/Pantera Park Facility
All Park Picnic Areas - 909.839.7065

Amenities Key

| | | | |
|--|-----------------------------|--|-----------------------|
| | Barbecues | | Parking Spaces |
| | Baseball Fields | | Picnic Shelters |
| | Baseball Fields (lighted) | | Picnic Tables |
| | Basketball Courts | | Restrooms |
| | Basketball Courts (lighted) | | Soccer/Football Field |
| | Fitness Course | | Tennis Courts |
| | Meeting Facilities | | Tot Lot |

Published by the City of Diamond Bar, DBCONNECTION contains information on City issues, policies, events, and programs. It is published and mailed monthly to all residences and businesses in Diamond Bar. Every effort is made to ensure that the information printed in this publication is correct. If you find typographical errors or become aware of any inaccuracies, please let us know by calling 909.839.7056.



City of Diamond Bar
21810 Copley Drive ♦ Diamond Bar, CA 91765-4178
909.839.7000 ♦ 909.861.3117 Fax
www.DiamondBarCA.gov ♦ info@DiamondBarCA.gov

Presorted Standard
U.S. Postage
PAID
Permit #3339
Chino, CA

Elected Officials

Mayor..... Nancy A. Lyons
Mayor Pro Tem..... Jimmy Lin
Council Member Carol Herrera
Council Member Ruth Low
Council Member Steve Tye
City Manager James DeStefano

Postal Customer

Find it Fast Phone Directory



| City Services | 909.839.7000 |
|------------------------------|--------------|
| City Council | 909.839.7010 |
| Building & Safety | 909.839.7020 |
| City Clerk's Office | 909.839.7010 |
| City Manager's Office | 909.839.7010 |
| Community Development | 909.839.7030 |
| Community Services | 909.839.7060 |
| Facility Reservations | 909.839.7065 |
| Finance | 909.839.7050 |
| Human Resources | 909.839.7018 |
| Library | 909.861.4978 |
| Neighborhood Improvement | 909.839.7030 |
| Planning | 909.839.7030 |
| Post Office | 909.860.2469 |
| Public Information Office | 909.839.7055 |
| Public Safety Services | 909.839.7076 |
| Public Works/Engineering | 909.839.7040 |
| Recreation Services | 909.839.7070 |
| Senior Services | 909.839.7068 |
| Transit Information | 909.839.7045 |
| Voter Registration | 562.462.2748 |
| Business Information: | |
| Business Licenses | 909.839.7030 |
| Chamber of Commerce | 909.869.0701 |

| School Districts: | |
|------------------------------|--------------|
| Pomona Unified | 909.397.4700 |
| Walnut Valley Unified | 909.595.1261 |
| Utilities: | |
| So Cal Edison (electric) | 800.611.1911 |
| So Cal Gas (gas) | 800.427.2200 |
| Time Warner (cable TV) | 888.892.2253 |
| Verizon (telephone) | 800.483.5000 |
| Walnut Valley Water | 909.595.7554 |
| Waste Disposal: | |
| Valley Vista (businesses) | 800.442.6454 |
| Waste Management (residents) | 909.599.1274 |
| Public Safety: | |
| Animal Control | 909.623.9777 |
| Fire (LA County)* | 909.629.9671 |
| Police (LA Co. Sheriff)* | 909.595.2264 |
| Vector Control | 562.944.9656 |
| 24-Hour Hotlines: | |
| Building Inspection | 909.839.7027 |
| Employment Opportunities | 909.348.8300 |
| Field/Weather | 909.348.8310 |
| Graffiti Removal | 800.794.7384 |

*For emergencies, dial 9-1-1

May 2016

- Calendar Key**
- City Council Meeting*- starts at 6:30 pm
 - Planning Commission Meeting*- starts at 7 pm
 - Traffic & Transportation Commission Meeting*- starts at 7 pm
 - Parks & Recreation Commission Meeting*- starts at 7 pm
 - Street Sweeping Week** - Street sweeping is taking place somewhere within the City; see neighborhood signage for your street's designated day and time.

| S | M | T | W | T | F | S |
|----|---|----------------------------|-----------------------|---|-----------------------|----|
| 1 | 2 Street Sweeping | 3 Street Sweeping | 4 Street Sweeping | 5 Street Sweeping | 6 Street Sweeping | 7 |
| 8 | 9 | 10 City Council Meeting | 11 | 12 City Council Meeting | 13 | 14 |
| 15 | 16 Street Sweeping | 17 Street Sweeping | 18 Street Sweeping | 19 Street Sweeping | 20 Street Sweeping | 21 |
| 22 | 23 | 24 City Council Meeting | 25 | 26 Parks & Recreation Commission Meeting | 27 | 28 |
| 29 | 30 Memorial Day City Offices Closed | 31 Street Sweeping | | | | |

*City Council meetings take place at the AQMD/Government Center (21865 Copley Drive), while City Commission meetings are held at Diamond Bar City Hall (21810 Copley Drive). Additional event and meeting details are available at www.DiamondBarCA.gov/eventcalendar.