

Conservation keeps the lights on!

Conservation plays an important role to minimize the impact of emergencies. As an example, Southern California Gas Company has been stressing the importance of natural gas and electricity conservation this summer to extend their resources due to limitations in their natural gas storage capacity. While not an emergency in its own right, the lack of electricity could impact the normal day-to-day necessities of modern living.

Conservation includes the following:

- Turn off lights when not in use.
- Utilize more energy efficient lighting, such as LED or CFL light bulbs.
- Turn thermostats to 78 degrees, or leave off when not in use.
- Air dry dishes instead of using your dishwashers dry cycle.
- Wash full loads of clothes, and wash clothes in cold water.

For additional conservation tips please visit the Conserve Energy SoCal website at conserveenergysocal.com or call 909.839.7013.

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Tips to Beat the Heat!



Hydrate. Whether you feel thirsty or not, drink plenty of water.

Educate yourself. Stay cool when the temperatures hits 85 degrees or the heat index hits 90 degrees. Know the warning signs of heat illness, and how you can stay cool.

Act quickly when a heat illness is suspected. Seek medical attention if you experience cramping, rapid pulse, heavy sweating, red skin, dizziness, confusion, nausea, or vomiting.

Take it easy. Anyone working or exercising outdoors should avoid overexertion between the hours of 11 am and 6 pm. Take hourly breaks in the shade or in a location with air conditioning.

Cooling Centers

Los Angeles County maintains a list of summer cooling centers that residents can use to stay cool during triple digit weather. The Diamond Bar Public Library, located at 21800 Copley Drive is designated as a cooling center in the City. You may download the Cooling Center list by [clicking here](#) or by calling 2-1-1 in Los Angeles County.

